#### Hancock County System of Care Grant Youth Thrive Framework Grant Program

The Hancock County System of Care Grant is offering funds to local organizations that wish to improve or enhance programs, practices, and polices that use the Youth Thrive Framework.

Youth Thrive, an initiative of the Center for the Study of Social Policy (<u>https://cssp.org/our-work/project/youth-thrive/</u>) and adopted as a transformational cornerstone of the System of Care Grant, encourages youth-serving systems and its partners to change programs, practices, and policies so that they build on what is known about adolescent development, valuing young people's perspectives, and offering youth opportunities to succeed. The Youth Thrive Framework is comprised of five (5) Protective and Promotive Factors which include: Knowledge of Adolescent Brain Development; Social Connections; Cognitive and Social-Emotional Competence; Concrete Supports in Time of Need; and, Resiliency (see Attachment A for additional detail).

**<u>Eligibility</u>**: Hancock County non-profit, faith-based, education, and community-based organizations that serve Hancock County residents are eligible to submit proposals. Proposals that clearly illustrate how the initiative advances the Youth Thrive Framework, or demonstrate a need to become more competent in using the Youth Thrive Framework will be considered for funding.

Of special interest are proposals that link the Youth Thrive Framework to youth of militaryinvolved caregivers (e.g. assisting a school with obtaining a Purple Star designation and/or providing support for events/activities provided by existing Purple Star designated schools).

Faith-based organizations receiving grant funds do not lose or have to modify their religious identity to receive awards. Grant funds, however, may not be used to fund any inherently religious activity, such as prayer or worship. Inherently religious activity is permissible, although it cannot occur during an activity supported with grant funds; rather, such religious activity must be separate in time or place from the funded initiative. Participation in such activity by individuals must be voluntary. Proposals funded are not permitted to discriminate against those who participate because of a beneficiary's religion.

#### Youth Thrive Framework Grant Program Guidelines: – See Page 3.

**Available Funding:** A total of \$25,000 for the Youth Thrive Framework Grant Program. Grant proposals may request up to \$5,000 to support the proposed initiative. Initiatives that have expenses greater than \$5,000 may still apply, but applications should indicate which portion of the initiative would be supported by this funding. Awarded funds may be used throughout Federal Fiscal Year 2026 (October 1, 2025 – September 30, 2026).

Proposal Schedule:	
Announcement Release	July 1, 2025
Proposals Due	August 1, 2025
Grants Awarded	September 30, 2025

**Proposal Review**: Proposals will be reviewed by the Hancock County Community Partnership Council and Staff.

<u>Monitoring and Evaluation</u>: All grants will be monitored and evaluated by the Hancock County Community Partnership Council and require a sixth month and final report detailing progress and expenditures.

#### General Expectations:

- All proposals must be submitted online Click Here to Access the Online Application
- Proposals must demonstrate the entirety of the requested funds will be expended by **September 30, 2026**.
- Youth Thrive Framework Grant Program Guidelines (Page 3) must be followed in the writing of the proposal.
- If awarded, grantees may be asked to present an overview of the initiative to the Hancock County Community Partnership Council upon completion of the initiative.

Proposals for consideration must be completed online by August 1, 2025. <u>Click Here to Access the Online Application</u>



Questions may be directed to Zach Thomas at <a href="mailto:zthomas@yourpathtohealth.org">zthomas@yourpathtohealth.org</a>

#### Hancock County System of Care Grant Youth Thrive Framework Grant Program Application Guidelines

#### Applications must include responses to the following:

- I. Summary of Initiative Provide a thorough narrative of the initiative, including evidence showing this initiative is necessary; specific goals of the initiative; who will be served and benefit from this initiative (indicate if any specific health disparities are to be addressed through this initiative); activities to be completed through the initiative; and timeline.
- II. Budget Provide a budget for the initiative, including any other funding that may be used to support the initiative. Funding requests may be up to \$5,000 (food is not an allowable expense). Initiatives that have expenses greater than \$5,000 may still apply, but applications should indicate which portion of the initiative would be supported by this funding.

#### III. Impact and Sustainability

- How will outcomes of the initiative be measured?
- How will the initiative be sustained?
- IV. Application of Youth Thrive Framework How does this initiative link to the Youth Thrive Framework, or demonstrate a need to increase competency in the Youth Thrive Framework (See Attachment B for guiding questions)? The proposal must address the development of at least one protective/promotive factor.
- V. **Applicant Status** Provide a brief narrative of the applicant's organization (mission, goals, community relationship, etc.).

Proposals for consideration must be submitted electronically by August 1, 2025. <u>Click Here to Access the Online Application</u>



Questions may be directed to Zach Thomas at <a href="mailto:zthomas@yourpathtohealth.org">zthomas@yourpathtohealth.org</a>



# YOUTHRIVE

protective & promotive factors for healthy development and well-being

## **PROTECTIVE & PROMOTIVE FACTORS**

Protective & Promotive Factors Constructs	Core Meanings
Youth Resilience	<ul> <li>a. managing the stressors of daily life and functioning well when faced with challenges, adversity, and trauma</li> <li>b. calling forth one's inner strength to proactively meet personal challenges, manage adversities, and heal the effects of trauma</li> <li>c. having a positive attitude about life and oneself</li> <li>d. believing that one's life is important and meaningful</li> <li>e. becoming more self-confident and self-efficacious</li> <li>f. having faith; feeling hopeful and optimistic</li> <li>g. envisioning positive future possibilities</li> <li>h. believing that one can make and achieve goals</li> <li>i. working with purpose to achieve goals</li> <li>j. facing challenges and making productive decisions about addressing challenges</li> <li>k. seeking help when needed</li> <li>l. thinking about and being accountable for one's actions and the consequences of one's actions</li> <li>m. managing anger, anxiety, sadness, feelings of loneliness, and other negative feelings</li> <li>n. learning from failure</li> </ul>
Social Connections	<ul> <li>a. Building a trusting relationship with at least one caring and competent adult who: <ul> <li>listens in a non-judgmental manner</li> <li>is dependable/can be counted on</li> <li>provides well-informed guidance, advice, and help in solving problems</li> <li>promotes high expectations</li> <li>sets developmentally appropriate limits, rules, and monitoring</li> <li>provides emotional support (e.g., affirming good problem-solving skills)</li> <li>provides instrumental support/concrete assistance (e.g., transportation)</li> <li>provides informational support (e.g., post-secondary educational opportunities)</li> <li>provides an opportunity to engage with others in a positive manner</li> <li>helps buffer youth from stressors</li> <li>helps reduce feelings of isolation</li> <li>promotes meaningful interactions in a context of mutual trust, respect, and appreciation</li> </ul> </li> <li>b. Being constructively engaged in social institutions (e.g., school, religious communities, recreational facilities) that are safe, stable, and equitable</li> <li>c. Building a trusting relationship with positive, optimistic, mutually respectful peers who have similar values</li> <li>d. Having a sense of connectedness that enables youth to feel loved, secure, confident, valued, and empowered to "give back" to others</li> </ul>

Protective & Promotive Factors Constructs	Core Meanings
Knowledge of Adolescent Development	<ul> <li>a. Encouraging parents, adults who work with youth, and youth themselves to increase their knowledge and understanding about adolescent development</li> <li>b. Seeking, acquiring, and using accurate information about: <ul> <li>adolescent brain development</li> <li>physical and emotional changes that occur during puberty</li> <li>one's culture</li> <li>societal rules, demands, expectations, and threats</li> <li>one's personal developmental history and needs, including one's trauma history</li> <li>sexual behavior, responsibility, choices, and consequences</li> <li>essential life skills (e.g., managing money)</li> <li>developing abstract thinking and improved problem-solving skills</li> <li>developing in positive risk-taking and avoiding negative risk-taking</li> <li>forging a personally satisfying identity</li> <li>identifying productive interests, realistic goals, and steps to achieve goals</li> <li>developing mature values and behavioral controls used to assess acceptable and unacceptable behaviors</li> <li>building and sustaining healthy relationships with peers and adults</li> <li>gaining independence from parents and other adults while maintaining strong</li> </ul> </li> </ul>
Concrete Support in Times of Need	<ul> <li>a. being able to identify, find, and receive the basic necessities everyone deserves, as well as specialized services (e.g., medical, mental health, social, educational, or legal)</li> <li>b. being resourceful</li> <li>c. understanding one's rights in accessing eligible services</li> <li>d. navigating through service systems</li> <li>e. seeking help when needed</li> <li>f. being treated respectfully and with dignity when seeking and receiving services</li> </ul>
Cognitive and Social- Emotional Competence	<ul> <li>a. developing executive function skills (e.g., considering potential consequences; seeing alternate solutions to problems)</li> <li>b. engaging in self-regulating behaviors (e.g., control of thinking and feelings; staying on task in the face of distractions)</li> <li>c. developing character strengths (e.g., persistence, gratitude, integrity)</li> <li>d. experiencing positive emotions (e.g., joy, optimism, faith, compassion for others)</li> <li>e. taking responsibility for one's self and one's decisions</li> <li>f. developing self-awareness, self-esteem, self-efficacy, and self-compassion</li> <li>g. committing to and preparing to achieve productive goals</li> <li>h. having both positive images of the person one wants to become and negative images of the person one wants to avoid becoming, as well as plans to achieve the possible selves</li> </ul>





### SOC WORKGROUP APPLICATION

Youth Thrive works with youth-serving systems and its partners to change policies, programs, and practices so that they build on what we know about adolescent development, value young people's perspectives, and give youth opportunities to succeed. We will assess ourselves on the following five Protective and Promotive Factors that mitigate risk and promote well-being:

SOCIAL CONNECTIONS	How are we promoting social connection in our work? Are there areas that we can include promotion of social connection? How can we include core values of social connections to our work? Are we enabling youth to feel loved, secure, confident, valued, and empowered to "give back" to others?
YOUTH RESILIENCE	How are we promoting youth resilience in our work? Are there areas that we can include promotion of youth resilience? How can we include core values of youth resilience to our work? How are we helping youth proactively meet personal challenges, manage adversities, and heal the effects of trauma
KNOWLEDGE OF ADOLESCENT DEVELOPMENT	How are we using our knowledge of adolescent development? How can we increase our knowledge of adolescent development? How can we include core values of youth development to our work? How are we encouraging parents, adults who work with youth, and youth themselves to increase their knowledge of adolescent development?
COGNITIVE AND SOCIAL-EMOTIONAL COMPETENCE	How are we promoting social-emotional competence in our work? Are there areas that we can include social-emotional competence? How can we include core values of cognitive competence to our work? Are we enabling youth in developing executive function skills and self- regulating behaviors?
CONCRETE SUPPORT IN TIMES OF NEED	How are we promoting concrete supports in our work? Are there areas that we can include further support services? How can we empower youth to find concrete supports around them? Are we connecting youth to supportive adults in their life that we can leverage to enhance connection to services?