

Date Approved: 8-22-23  
Presiding Officer: Ann Woolum

## Hancock County ADAMHS Board Meeting Minutes

**Meeting Date:** June 27, 2023

**Meeting Time:** 3:30 p.m. – 4:47 p.m.

**Meeting Location:** Blanchard Valley Center – 1700 East Sandusky Street

**Recorder:** Cheryl Preston

### Board Member Attendance:

x	Ann Woolum, Board Chair		Brandon Daniels	x	Rosalie King
x	Jim Darrach, Vice Chair	x	Mary Beth Dillon	x	Cheryl Lentz
	Melanie Aldobaiki		John Drymon	x	Greg Meyers
x	Dave Beach	x	Rick Eakin	x	Susan Pancake
x	Susan Bunn	x	Josh Eberle	x	Mark Rimelspach
	Seth Butler	x	Rachael Helms	x	Jim Stahl

### Guests Attending:

x	Precia Stuby	x	Cheryl Preston		
x	Rob Verhoff	x	John Bindas		
X	Jennifer Swartzlander	x	Derek Puchta		
x	Deb Twining	x	Jennifer Loera		

Board Chair, Ann Woolum, called the meeting to order at 3:32 p.m. Cheryl Preston introduced guests in attendance.

### PROGRAM

Precia turned the Board's attention to the FY '24 Allocations Summary that outlines the 7 million-dollar distribution of Board funds for FY '24 contracting, including property maintenance and capital improvements. She noted it's important to know the process was worked through with the Allocations Committee. Precia reviewed each contract, the purpose of each one and noted any significant changes in contracts from last year. The Mega Motion will be voted on later in the meeting to approve all items.

Family Resource Center requested the largest increase due to the pending grant for The Steady Path. OhioGuidestone requested an increase of \$8,000 for special evaluation services for fetal alcohol syndrome training. Additional funds requested were not approved until a Community Plan is developed for Maternal Health. This effort is being led by Jennifer Loera. FOCUS funding remained flat due to the recent SAMHSA grant award. NAMI requested an increase of \$22,300 to cover staffing of their full-time director from part-time. Hancock Public Health requested an increase of \$8,000 to cover the increased number of participants in the Bloodborne Disease and Intervention Program (BDIPP). ROSC expenses continue to decrease; Dr. Flaherty's contract will be decreased by \$5,000 due to less travel/more remote work.

Precia noted the \$872,000 deficit spending at allocations time - Rob prepared a multi-year budget solvent for FY '24 with Board Reserves. Ann shared that last year there was a deficit as well – history has shown that we get additional revenue, and the deficit reduces throughout the year.

### CHAIRPERSON'S REPORT

Ann referenced the Coalition on Addiction data chart; Precia noted that the number of babies prenatally exposed increased from April. No reports have been received on overdose fatalities since January. The number of reversals has increased as well as the number of Narcan kits distributed. A new Narcan resistant drug called xylazine is circulating in the area. Rosalie King asked if Narcan is available in doctors offices and the hospital - Jennifer Loera commented that due to hospital protocol, it is not. This will be brought to the next Medical Committee for discussion.

Highlights from FY '23 – Ann shared highlights from FY '23 on the federal level including the award of grants and 2 that are pending. She shared about Precia's involvement at the state level in relationship to board statute and she served on the state crisis committee. She noted the dollars awarded from the state to include crisis infrastructure as well as opiate and stimulant response money. At the local level, a Toolkit on Inclusion and a Brain Toolkit was developed. In addition, a Health and Human Services Workforce Recruitment and Retention Plan was completed, just to name a few.

July 3<sup>rd</sup> Board staff holiday - Board members decided to close the Board office on July 3<sup>rd</sup>, allowing Board staff an additional break for the holiday. **Jim Darrach moved to close the Board office on July 3<sup>rd</sup>. Jim Stahl seconded the motion. No further discussion. Motion carried.**

### DIRECTOR'S REPORT

Follow-up items from the May Board meeting: Follow up on LEAD Access – a meeting has been scheduled. Diabetic medication for treating addiction. Precia discussed the issue with Dr. Basu. She stated it is on her radar, but it is not yet recommended for addiction. It is being used for weight loss.

Update on the State Budget – When the state budget comes out of conference committee, if language is still there regarding board size (membership can be 9, 11, 14, 18), we will vote to send a letter requesting a line-item veto.

### CORRESPONDENCE

1. The following appointments/reappointments were received by the Commissioners: Rick Eakin and Jim Stahl, Ann Woolum and Aaron Weare. There is one vacancy remaining.
2. Award notice of \$7,500,000 ARPA funds for the NW Ohio Regional Collaborative Projects, which includes Fostoria Junction, Dani's Place and We Care Crisis Center.
3. Federal Home Loan Bank Certificate of Compliance was received on Basu Point and Tree Line.
4. Notice was received from the state department that the match for youth resiliency funding is 75/25. This could potentially give the Loft a new home at the annex (formerly Family Resource Center). It will be discussed at the next FOCUS Chair meeting.
5. Precia received an invitation from the Department of Justice to serve on the National Advisory Board for the development of a Racial Equity in Deflection Toolkit. She accepted.

### APPROVAL OF CONSENT AGENDA

- To approve the May 26, 2023, Board Meeting Minutes

- To approve the Allocations Committee Meeting Report of June 7, 2023
- To approve the Allocations/Program Committee Report of June 14, 2023
- To approve the Governance Committee Meeting Report of June 21, 2023
- To approve the Allocations/Finance Committee Meeting Report of June 21, 2023, and the Agency Financial Picture

**Jim Stahl moved to accept all items on the consent agenda. Mary Beth Dillon seconded the motion. No further discussion. Motion carried.**

#### ACTION ITEMS BROUGHT FROM COMMITTEE

- To approve increasing the FY '23 Blanchard Valley Health System contract by \$50,000. To cover the amount that was billed beyond the contract. **Ann Woolum called for a vote. No questions; no further discussion. All were in favor. Motion passed.**
- To approve entering a contract with Spectrum in an amount not to exceed \$40,000. **Ann Woolum called for a vote. No questions; no further discussion. All were in favor. Motion passed.**
- To authorize the Capital Ad Hoc Committee to select a roofing and window contractor. **Ann Woolum called for a vote. No questions; no further discussion. All were in favor. Motion passed.**
- To approve cancelling the July Committee meetings and Board meeting. **Ann Woolum called for a vote. No questions; no further discussion. All were in favor. Motion passed.**
- To approve the Loft as the second Capital priority with a 75/25 match from the state department. Precia informed the Board that after talking with the State Department, this action is not necessary. This project will not count against the two Board priorities.
- To approve a letter to request a line-item veto on the Board size language in the current budget. **Ann Woolum called for a vote. No questions; no further discussion. All were in favor. Motion passed.**
- To approve the May Board Financial Statement. **Ann Woolum called for a vote. No questions; no further discussion. All were in favor. Motion passed.**
- To approve increasing the FY '23 contract with Arrowhead by \$20,000. **Ann Woolum called for a vote. No questions; no further discussion. All were in favor. Motion passed.**

#### ACTION ITEMS BROUGHT TO THE FULL BOARD

- Ann asked for the report from the Selection Committee. Mary Beth Dillon presented the slate before the Board. Ann Woolum, Chair; Jim Darrach, Vice-Chair. Hearing no nominations from the floor, Ann asked for a motion and a second to close the nominations. **Rosalie King moved to close the nominations. Greg Meyers seconded. Motion carried.** Ann asked for a motion and a second to accept the slate as presented. **Jim Stahl moved to accept the slate as presented. Greg Meyers seconded. Motion carried.**
- Approval of the FY '24 Contracts Mega Motion. **Jim Darrach moved to approve the Mega Motion as presented. Mary Beth Dillon seconded the motion. No further discussion. Motion carried.**

### INFORMATION REPORTS

- Coalition on Addiction Meeting Report of June 12, 2023
- Community Partnership Meeting Report of June 20, 2023
- Suicide Prevention Foundation: How to Approach Increasing Youth Suicide Rates in Ohio
- OACBHA - Developing a Better Understanding: Xylazine

### AGENCY/PUBLIC COMMENT

John Bindas thanked the Board for working with them and they are looking forward to serving the community another year.

### BOARD MEMBER RECOGNITION

Seth Butler (unable to attend) was recognized for filling an unexpired term. He was not able to serve another term due to starting his own business.

Rosalie King was recognized for her many years of service to the Board that dates to pre-drop-in center days. She was appointed by both departments and was instrumental in getting the Occupational Therapy integrated into the system. She also served in the past as Board Chair and Vice-Chair. Rosalie was thanked for her service.

Greg Meyers was recognized for his second time on the Board appointed by the County Commissioners; he served 16 years ago. Greg noted the differences in the earlier time on the Board to now. He recruited Aaron Weare as his replacement. Greg was thanked for his service.

### POSITIVE ACTION

Precia shared the 4<sup>th</sup> Camp Fun took place in June. Board member Rachael Helms has volunteered at all 4 and Mark Rimelspach has been to 2. This positive story is about one of the participants that wrote "Thank you Camp Fun" during the sidewalk chalk activity. Rachael shared that it is a great opportunity to impact kids but especially the returning ones; it's a unique and meaningful experience. Mark reported that each year the camp gets better. There were 22 participants registered and a few that did not show up. A group had to leave; the total participants were 13-14.

### FOLLOW-UP NEEDED:

Naloxone distribution at doctors' offices.

The next Board meeting will be August 22, 2023.

**Rosalie King made a motion to adjourn the meeting. Greg Meyers seconded. The meeting was adjourned at 4:47 p.m.**

## Capital Sub-Committee Meeting Report

**Meeting Date:** July 10, 2023

**Meeting Time:** 12 p.m. – 1 p.m.

**Meeting Location:** Board Office, 438 Carnahan Avenue

**Recorder:** Jennifer Swartzlander

### Committee Members:

X	Jim Darrach	X	Susan Pancake
X	Josh Eberle	X	Ann Woolum
	Cheryl Lentz		

### Invited Staff:

X	Jennifer Swartzlander		Precia Stuby		Deb Twining
	Rob Verhoff				

### Items Discussed:

1. **Jennifer Williams** – Jenn shared that there are generally two different sources of funds:
  - a. Operating funds – available on the odd number of years. There will be 750 million which local government will decide what is needed in the community. This is in the current operating budget, and it is unclear what will be the parameters and whether it will go through the mayor and/or commissioners.
  - b. Capital budget – available on even number of years.
    - i. Executive funds are available through the Governor.
    - ii. Community projects – allocated per house district which is 83<sup>rd</sup>, Representative Jon Cross. Generally, there are 1.2 to 1.7 million dollars available for the entire district. Jenn is aware of 4 other Hancock County organizations that will be applying for these funds, and they would exceed the total fund. There will likely be others from other parts of the district. The process will be competitive.

Jenn shared she can help us set up the meeting with Cross, prep materials for the meeting, and meet with the Rep's staff. She recommended this group determine a clear request (must decide on renovation vs. purchase). She suggested that renovation would have a better chance of success. She also recommended positioning the request as part of the larger renovation project and including the work we have already done/going to do i.e. parking lot, roof, and windows.

Jenn also asked about our pursuit of OHMHAS funding through CARES and ARPA. She will also check for funding through the Ohio Department of Development.

2. **Roofing and window replacement quotes** – The quotes were reviewed. Josh recommended that we have a quote from Harold Shuck Roofing.
3. **Findlay Real Estate Availability handout** – The group reviewed this document briefly.
4. **Next meeting** – No meeting was set yet. The Committee wanted to decide on the roofing and window quotes by email once all the quotes are in.

**Follow-up:**

- Board staff will obtain a quote from Harold Shuck Roofing.
- Jennifer will provide a summary of the quotes by email to the Committee.  
(CORRECTED – a vote cannot be taken by email).

## Capital Sub-Committee Meeting Report

**Meeting Date:** August 7, 2023

**Meeting Time:** 12 p.m. – 1 p.m.

**Meeting Location:** Board Office, 438 Carnahan Avenue

**Recorder:** Jennifer Swartzlander

### Committee Members:

	Jim Darrach	X	Susan Pancake
X	Josh Eberle	X	Ann Woolum
X	Cheryl Lentz		

### Invited Staff:

X	Jennifer Swartzlander	x	Precia Stuby	x	Deb Twining
	Rob Verhoff				

### Items Discussed:

1. **Roofing and window replacement quotes-** The Committee reviewed and discussed the roofing and window replacement quotes. Additional discussion included assuring that the contracts are signed in time to keep the current contract quote/price.
2. **Jenn Williams follow-up –** Renovation of the current building provides the most funding opportunities. The committee further discussed the options for renovating the existing building, leasing, or purchasing a different building. The Committee discussed the possibility of pursuing other architecture firms for the renovation of the Board office. Precia shared the update on the State Department's capital project priorities that need to be listed in the Community Plan, project max can be 1 million dollars, and it is a 20-year mortgage. Precia also shared that state funds can not be used to match state funds; federal funds can be.

### Action Items:

1. A motion was made by Josh Eberle and seconded by Ann Woolum to contract with Shuck Roofing and All Service Glass for the roof and window replacement projects. Motion carried.
2. A motion was made by Cheryl Lentz and seconded by Josh Eberle to recommend to the Board to pursue renovation of the current Board building vs. lease or purchase a new facility. Motion carried.

### Follow-up Items:

1. Board staff will find out which architecture firm FRC used on their Carlin project.
2. Board staff will collectively develop a priority list from the renovation changes originally outlined in the RCM project design.
3. Precia will update the Community Plan to include the renovation of the Board Office as a priority.





## Program Committee Meeting Report

**Meeting Date:** August 9, 2023

**Meeting Time:** 4:01 p.m. – 5:28 p.m.

**Meeting Location:** Board Office, 438 Carnahan Ave.

**Recorder:** Jennifer Swartzlander

### Committee Members Attending:

X	Brandon Daniels, Committee Chair		Susan Pancake, Committee Vice Chair
X	Cheryl Lentz	X	Dave Beach
X	Susan Bunn	X	Rachael Helms
X	Micah Zinna		

### Board Members Attending:

X	Ann Woolum, Board Chair		Jim Darrach, Board Vice Chair
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### Invited Staff Attending:

X	Precia Stuby		Zach Thomas	X	Jennifer Swartzlander
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### Items Discussed:

- 1. Introduction of New Committee Member** –Micah Zinna is a new Board member and will participate in the Program Committee. Micah is the Program Director at Camp Fire.
- 2. FY'23 4<sup>th</sup> Quarter Scorecard Review** – Jennifer reviewed the FY23 Q4 scorecard with the Committee.
- 3. Harm Reduction** – Precia reviewed the packet of history on our financial support of the harm reduction supplies. The Program Committee reviewed the request in January 2023 and determined that Hancock Public Health was the expert in Harm Reduction and best practices. At that time, the Program Committee agreed the Hancock Public Health could determine which harm reductions supplies they would give out as our contract indicated “associated supplies”. Rob Martin, Safety Service Director requested a meeting to understand the history and payment of these supplies including safe smoking supplies. Precia reminded the Committee that the Health Department purchases with ADAMHS funds the harm reduction supplies. The Committee discussed the Committee and Board stance and there was no opposition to the prior decision. Ann will join Precia at the meeting.
- 4. Guardianship Board Update/Request for Funding** – Precia shared that Judge Johnson of Probate Court is taking the lead on the development of a Hancock, Wood and Ottawa County Guardianship Board. In June the Board voted to set aside \$15,000 for the funding of this Board. Judge Johnson has also applied for a three-year Community Foundation grant.

## **5. New and Pending Grant Updates:**

- a. **AUD 2.0 (Alcohol Use Disorder Grant)** – This grant was approved for second year to cover CHESS, Spectrum, and a student intern. The funding is approximately \$130,000.
- b. **ARPA (American Rescue Funds) Part 1 (Fostoria Junction)** – The first 45 million went to regions which included support for a stepdown facility in Lucas County, Coleman's Lima Crisis Stabilization unit improvements, and technology upgrades and a generator for Fostoria Junction. Total award to the region was 7.5 million.
- c. **SAMHSA (Substance Abuse and Mental Health Services Administration) – Low Barrier Shelter Grant** – Most of the funds would go to City Mission to run the low barrier shelter and facility renovations. \$500,000 per year for 5 years. We have not heard on this grant yet.
- d. **SAMHSA – Prevention Grant (Vaping)** – This grant would address vaping. We have not heard on this grant yet.
- e. **ARPA 2** – Updates at TSP, MRSS car, CCBHC, Guardianship Board. We have not heard on this grant yet.
- f. **BJA (Bureau of Justice Administration) The Steady Path** – This grant would continue to fund The Steady Path. We have not heard on this grant yet.

6. **Crisis Services Discussion** – Precia shared that this Committee will review the Ohio Crisis Plan for the entire state. The Committee suggested a Board program presentation on this.

**Action Items:** NA

### **To Do:**

- 1. Precia will send to the full Committee the smoking supplies PowerPoint which includes the recording.
- 2. Board Staff will plan an Ohio Crisis Plan program presentation for an upcoming Board meeting.

# Governance Committee Meeting Report

**Meeting Date:** August 16, 2023

**Meeting Time:** 8:00 a.m. – 9:30 a.m.

**Meeting Location:** Board Office, 438 Carnahan Avenue

**Recorder:** Precia Stuby

## Committee Members Attending:

	John Drymon, Committee Chair	x	Jim Stahl
x	Mary Beth Dillon, Committee Vice Chair	x	Melanie Aldobaiki

## Board Members Attending:

x	Ann Woolum, Board Chair		Jim Darrach, Board Vice Chair
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## Invited Staff Attending:

x	Precia Stuby		Jennifer Swartzlander
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## Items Discussed:

1. Capital Ad Hoc Committee Update – The report was reviewed. Board staff are in the process of confirming dates for completion of a new roof and window replacements.
2. Board Meeting Evaluation Results for June 2023 – It was noted that one survey reflected the lowest scores, however, there were no negative comments. Ann will address the scoring during her chair report.
3. Outgoing Board Member Evaluations – All three evaluations were positive. There was a recommendation to have agencies present to the Board more often.
4. FY'24 Board Appointments – There is still one opening.
5. Annual Review of Board Salary Ranges – The Association salary survey has not been completed. Once this information is received an updated salary schedule will be brought to the Committee.
6. State Biennial Budget – Precia reviewed some of the major changes that were included in the recently passed state budget including:
  - a. The establishment of a new State Department of Children and Youth. The Board will be working with this department related to early childhood mental health; Family First; and multi-system youth funding.
  - b. An increase in RSS (residential subsidy) from \$1100 per month to \$1600 per month (this will assist with individuals in adult care facilities, including the Fostoria Junction).

- c. An increase in state gambling tax from 10% - 20%.
  - d. Changes in ADAMHS Board Composition. Boards are now able to be of variable sizes: 9; 12; 14;15 or 18.
7. Capital Planning/Project (ARPA Funding and State Capital Funds) – Precia shared the ARPA 1 grant was approved in the amount of \$100,000 for technology improvements and a generator for the Fostoria Junction.

There have been changes to state capital projects. The maximum per project was increased from \$750,000 to one million and the program mortgage has been reduced from 30 year to 20 years. In addition, capital projects must be included in the Board Community Plan. Boards will be allowed to revise their current community plan to include any project. A new capital plan must be submitted by September 8 for the next three biennia. There was a discussion about the need for more one bedroom housing and family housing.

There is also a capital opportunity for youth services with the 75/25 match. FOCUS is considering purchase and renovation of Family Resource Center's Annex building for the LOFT. The Committee was supportive of the project.

8. Board Meeting at Family Resource Center – The Board meeting conflicts with standing groups that are offered at the Agency. It was recommended to schedule at least one of each Board committee meetings at the Agency, so all Board members get an opportunity to see the facility.

**Action Items:**

- 1. A motion was made by Jim Stahl and Seconded by Melanie Aldobaiki to recommend to the county commissioners that no changes be made to the Board size, maintaining 18 members.
- 2. A motion was made by Melanie Aldobaiki and seconded by Jim Stahl to revise the current community plan to reflect renovations to the Board office as the second priority capital project of the Board.

**To do List:**

- 1. The Board meeting evaluation survey will be added to the Board Chair report to discuss the 1-5 rating.
- 2. Precia will contact FOCUS advising them of support for the LOFT capital project prior to their Board meeting on Thursday. If their Board approves moving forward, a motion will be added to the final ADAMHS Board meeting agenda to pass a motion to formally support the project.
- 3. Work with Family Resource Center to schedule meetings of the Board Committees over the next several months.

## Finance Committee Meeting Report

**Meeting Date:** August 16, 2023

**Meeting Time:** 3:34 p.m. – 5:00 p.m.

**Meeting Location:** Board Office, 438 Carnahan Avenue

**Recorder:** Rob Verhoff

### Committee Members Attending:

X	Josh Eberle, Comm. Chair	X	Mark Rimelspach, Comm. Vice-Chair	X	Rick Eakin
X	Aaron Weare				

### Invited Board Leadership Attending:

X	Ann Woolum, Board Chair		Jim Darrach, Board Vice Chair
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### Invited Staff Attending:

X	Precia Stuby	X	Rob Verhoff	X	Deb Twining
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### Items Discussed:

1. Introduction of New Committee Member – New Finance Committee member, Aaron Weare, was introduced.
2. Review of Account Fund Balance and Board Financial Statements for June and July 2023. It was noted the Cash Reconciliation page was not updated to reflect the current members. No other issues identified.
3. Review of Accounts with Executive Director Spending Authority. No issues identified.
4. Agency Financial Report – May and June 2023 reports were reviewed. FRC's June financials were not received. No other issues were identified.
5. Family Resource Center, OhioGuidestone, and FOCUS Contingency Plan Updates – Family Resource Center, OhioGuidestone and FOCUS issues have been resolved.
6. Consultation with the CCBHC Success Center – The initial consultation was held. We are waiting on a proposal from Cohn Reznick.
7. Hancock CARES FY'23 Contract Amendment for Dr. KJ Arndt – Recommended to increase Dr. Arndt's contract by \$5,000.
8. Grant Awards – ARPA 1 (Fostoria Junction capital) - approved; SAMHSA Low Barrier Housing - declined; ARPA 2 Projects – pending; BJA The Steady Path – pending; SAMHSA Project VAPE (prevention) – pending.
9. Review of Board Fund Balance Policy (*Tabled*)

### Action Items:

1. A motion was made by Mark Rimelspach and seconded by Aaron Weare to approve the June and July 2023 Board Financial Statements as presented. Motion carried.

2. A motion was made by Aaron Weare and seconded by Mark Rimelspach to approve increasing Dr. KJ Arndt's FY'23 contract by \$5,000 to cover additional counseling services. This will amend the current contract not to exceed \$10,000 for FY'23. Motion carried.

**To Do List:**

1. Rob will update the Cash Reconciliation report to reflect the current Finance Committee roster.

The Community Partnership believes that if substance use prevention and mental health promotion strategies are implemented, then the overall health and quality of life in Hancock County will be improved.

## Council Meeting Report

**Date:** August 15, 2023, 9:00-10:30 a.m.

**Location:** ADAMHS Office

Representatives (Attendees in **BOLD**)

SECTOR	REPRESENTATIVE
BUSINESS	<b>Michelle Ladd (Chamber of Commerce)</b>
CIVIC/VOLUNTEER GROUP	Kim Hiatt (50 North)
GOVERNMENT AGENCY	Shawn Carpenter (Juvenile Court)
HEALTHCARE PROFESSIONAL	<b>Jenn Reese (BVHS)</b>
LAW ENFORCEMENT	<b>Brian White, Vice-Chair (FPD)</b>
MEDIA	Mary Jane Yarris (Retired), <b>Cheryl Miller (Hancock Public Health)</b>
OTHER ORGANIZATION	<b>Triena Miller (JFS)</b> , Erin Mitchell (Lutheran Social Services), <b>Brooke Nissin (FOCUS)</b>
PARENT	
RELIGIOUS/FRATERNAL ORGANIZATION	Debra Pees-Arce (St. Andrew's UMC)
RECOVERY PEER	<b>Abbie Acord (Peer Support Advisory Board)</b>
SCHOOL	Stefan Adams (FCS), <b>Jodi Firsdon (UF)</b> , Angie Toland (ESC)
YOUNG ADULT 18-25	
YOUTH	
YOUTH SERVING ORGANIZATION	<b>Stacy Shaw, Chair (CMC)</b> , Chris Biltz (FRC), <b>Abby Blanchard (FRC)</b>
BOARD/COALITION	Ann Woolum (ADAMHS Vice-Chair), Jim Darrach (ADAMHS Vice-Chair), Debra Parker (UF), <b>Mark Rimelspach (ADAMHS)</b>
STAFF	<b>Zach Thomas, Steve Dillon</b>
GUESTS	

**FY23 HCCP Focus – Connection.**

**FY23 HCCP Goal – Create healthy behaviors, individuals, and communities.**

**FY23 HCCP Prevention Priorities – Delay onset; protect the brain; protective and promotive factors; support the family; deliver services in the community.**

### Strategic Imperatives 2023-2028

- Creating Connections between Youth and Trusted Adults
- Promotion of Positive, Healthy, Alternative Activities
- Understanding of Adolescent Brain Development
- Data Collection

## DISCUSSION

1. **Celebrations, Challenges, and Concerns.** Brooke Nissin, FOCUS - in partnership with Hancock Public Health, FOCUS will be hosting an Overdose Awareness Day event on Thursday, August 17, 2023; Brian White, Findlay Police Department - a successful Flag City Night Out was held on Tuesday, August 1, 2023 with more than 1500 community members attending; Steve Dillon, ADAMHS - a new Facebook page, You Belong Hancock County, has been created to promote local stories of belonging; Jenn Reese, BVHS - CME on substance use 9.15.23 (contact Jenn Reese [jreese@bvhealthsystem.org] for Zoom link).
2. **2023 Q2 Score Card.** Council members reviewed the 2023 Q2 Score Card, which includes progress reports for the Community Partnership, Coalition on Addiction, and Delegation. Items of note:

- a. Creating a community-based toolkit on building connections – *consideration given to include this with Youth Thrive initiatives and/or modifying to require pro-social engagement as part of FY25 Prevention & Wellness Grant programs.*
  - b. Promotion of positive, healthy alternative activities – *capacity is a limitation in implementing activities. However, the Community Partnership supports other organizations that are providing pro-social activities/events (e.g. The Community Foundation).*
  - c. HIPS – *FRC is considering management of HIPS program (transfer of program from Hancock Public Health).*
  - d. Presentations at school athletic/PTO meetings – *no meetings were scheduled for 2023-2024 school year. It has been recommended that simple handout/short video information be created (brain development) and provided to schools for use as necessary.*
  - e. FY23 Focus, Goal, Prevention Priorities – *the Council will carry forward the focus, goal, and prevention priorities as stated for FY23 into FY24.*
  - f. Brain Development – *a major initiative priority of the Community Partnership will be advancing the toolkit created by Shannon Morselli (brain development) at a community level. Throughout FY24, the Community Partnership will determine the most appropriate ways to disseminate information presented in the toolkit, along with the assistance of an occupational therapy doctoral student who will be interning at ADAMHS. The intern will also be creating a school curriculum based on the toolkit.*
3. **Social Media and Youth Mental Health.** Another area of focus for the Community Partnership will be creating community-based/environmental strategies to address issues presented in the Surgeon General's report, *Social Media and Youth Mental Health*. In conjunction with this work, the 2024 Hancock Youth Leadership Class will also be focusing on developing student-led initiatives addressing social media.
  4. **A Community Position on Legal Substances (update).** In preparation for pending legalization of recreational marijuana, the Coalition on Addiction, in collaboration with the Community Partnership, is updating a guiding document, *A Community Position in Legal Substances*. After considerable discussion, the Coalition Chairs elected to create a more comprehensive response to address the complex issue of marijuana legalization. The Chairs were in consensus that recreational marijuana legalization should be opposed; however, if it is legalized in Ohio, the position must attend to the promotion of protective/prevention factors, no use is safe use; as well as not stigmatizing people who have found the use of medical marijuana helpful. A draft position paper will be written for review by ADAMHS staff.
  5. **Environmental Strategies.** Council members were provided a summary document of individual and environmental strategies, based on CADCA's Seven Strategies for Community Change. The Council members are asked to consider what/how environmental strategies can be used to help advance two focus initiatives – social media and youth mental health, and brain development.
  6. **Financial Support for Hancock County Inclusion Toolkit Training.** The Delegation commissioned *Inclusivity*, a local DEI consultant group, to develop a toolkit to guide local community-based organizations in evaluating and developing a standardized process for governance, staffing, and data collection processes that best represent the people served by the organization. The next step of this initiative includes providing a Training of Trainers session to build a pool of local *Toolkit* facilitators. The Community Partnership has been asked to consider providing financial support for this training. The Community Foundation has also committed funds to the training. Council members will review the *Toolkit* and make final funding recommendations at its September meeting.
  7. **Coordinator's Report and Updates.**
    - a. Birdie Box (BirdieLight) Curriculum. Hancock Public Health held an informational session on a fentanyl prevention curriculum, Birdie Box.
    - b. LGBTQ+ Spectrum of Findlay. Spectrum is currently undergoing organizational restructuring. As a result, the agency has not been able to complete the strategic planning as defined in its FY23 HCCP Prevention



& Wellness Grant. Funds to support this initiative will be carried through FY24 to allow the organization time to complete its restructuring process.

- c. Fresh Encounters (Great Scot). A donation of \$2500 was received by the HCCP from Fresh Encounters as part of its mental health awareness event earlier this year.
- d. OHYES! Survey. The OHYES! survey will be implemented across all Hancock County/Findlay City Schools this fall.

**ACTION TAKEN AT MEETING:**

- 1. Jenn Reece – Motion to accept the June 2023 meeting report. Jodi Firsdon – Second. Motion carried.
- 2. Cheryl Miller – Motion to accept the August 15, 2023 budget report. Michelle Ladd – Second. Motion carried.

**ACTION ITEMS FOR NEXT MEETING:**

- 1. Provide digital copies of the *Social Media and Youth Mental Health, Connecting the Dots* (brain development toolkit), and *Hancock County Inclusion Toolkit* to Council members.

**NEXT MEETING:**

Tuesday, September 19, 2023

9:00-10:30 a.m.

ADAMHS Office



**Hancock County  
Community Coalition on Addiction**

**Committee Chairs – Report**

**Meeting Date:** August 14, 2023

**Meeting Time:** 9:00-10:30 a.m.

**Meeting Location:** ADAMHS

**GUIDING PRINCIPLES**

**Ratified 12/12/22**

1. Support people with substance use disorder *and* their loved ones.
2. Support accessibility and reduce barriers to services.
3. Implement best prevention strategies that impact people with highest risk.
4. Reduce stigma.

**Committee Members**

>	<b>Debra Parker</b> <i>Chair</i> The University of Findlay	>	<b>Mark Miller</b> <i>Community Awareness</i> Ohio Third District Court of Appeals	>	<b>Carla Benjamin</b> <i>Community Awareness</i> Welcome to a New Life
	<b>Stefan Adams</b> <i>Community Awareness (Education)</i> Findlay City Schools		<b>Rick Van Mooy</b> <i>Community Awareness (Education)</i> Hancock County Schools	>	<b>Michael Pepple</b> <i>Legislative</i> Hancock County Commissioner
>	<b>Dr. William Kose</b> <i>Medical</i> Blanchard Valley Health System		<b>Abbie Accord</b> <i>Peer Support Advisory Board</i>		

**Invited Guests/Staff/ADAMHS Board**

>	<b>Zach Thomas</b>	>	<b>Precia Stuby</b>	>	<b>Jennifer Swartzlander</b>
	Ann Woolum <i>ADAMHS Chair</i>		Jim Darrach <i>ADAMHS Vice-Chair</i>	>	<b>Mark Rimelspach</b> <i>ADAMHS</i>
>	<b>Stacy Shaw</b> <i>Community Partnership Chair</i>		Gary Bright <i>50North</i>		

**Committee Priorities:**

- Guide, monitor, and evaluate work of each Committee using Evaluation Scorecard (build effective metrics into scorecard)
- Ensure alignment of Coalition with ADAMHS, Findlay Strategic Plan, CHIP; provide report of progress with identified metrics
- Determine necessary governing structure and operating procedures
- Ensure coalition process best-practices are maintained

**DISCUSSION:**

1. **Harm Reduction – Smoking Supplies.** SafeWorks provides smoking supplies to participants. Best-practices for harm reduction programs recommend the provision of smoking supplies to help reduce injury, provide an alternative means to ingest substances, and, most importantly, engage with a greater number of people who use drugs (PWUD) to encourage treatment and recovery. Recently, this component of the SafeWorks program has been called into question, particularly the justification of providing such supplies to PWUD. There is a lack of clarity if it was effectively communicated to law enforcement and elected officials that SafeWorks was providing smoking supplies to PWUD. What is standing for the Coalition Chairs is that transparency of the SafeWorks program is paramount, and as such, any questions regarding the validity of the SafeWorks program must be addressed. On Tuesday, August 15, a meeting has been called by Rob Martin, City of Findlay Safety Services Director, with SafeWorks program officials, City of Findlay officials, law enforcement, Hancock Public Health, and ADAMHS to discuss these concerns. A summary and outcomes of this meeting will be shared with the Coalition Chairs.
2. **A Community Position on Legal Substances.** In preparation for pending legalization of recreational marijuana, the Coalition on Addiction, in collaboration with the Community Partnership, is updating a

## Hancock County Community Coalition on Addiction

guiding document, *A Community Position in Legal Substances*. After considerable discussion, the Coalition Chairs elected to create a more comprehensive response to address the complex issue of marijuana legalization. The Chairs were in consensus that recreational marijuana legalization should be opposed; however, if it is legalized in Ohio, the position must attend to the promotion of protective/prevention factors, no use is safe use; as well as not stigmatizing people who have found the use of medical marijuana helpful. A draft position paper will be written for review by ADAMHS staff.

3. **2023 Q2 Score Card.** Committee Chairs reviewed the 2023 Q2 score card which provided updates to all strategic goals, tasks, metrics, and progress for each Coalition sub-committee. Debra Parker recommended each Committee Chair review the score card at upcoming sub-committee meetings. Precia Stuby recommended the Coalition Database Composite Report be included as an attachment to the score card. Of note, an area of concern is the lack of engagement of state elected officials at Legislative Committee meetings. It was suggested that face-to-face meetings with both Representative Cross and Senator McColley be scheduled to stress the importance of their involvement with the Coalition.
4. **Medical Committee Co-Chair.** The Chairs agreed to invite Rob Martin, City of Findlay Safety Services Director, to serve as the Medical Committee Co-Chair. Dr. Kose will connect with Rob to extend the invitation.
5. **Medical CME.** Dr. Kose has asked the Coalition for recommendations of potential subject matter that could be considered for future Medical CME (Continuing Medical Education), particularly subject matter related to substance use and/or mental health that would increase the medical community's ability to better respond in a supportive manner.
6. **AP Article.** Precia Stuby shared that the AP (Associated Press) will be writing a story on the work Hancock County has done to advance ROSC within the community. The AP will be doing a site visit to interview agencies and people who have been positively impacted by services and supports initiated through the Hancock County ROSC transformation.

### ACTION ITEMS:

1. Provide summary and outcomes of SafeWorks discussion (Discussion 1.)
2. ADAMHS Staff will draft a position statement on marijuana legalization for review by August 25.
3. Dr. Kose will invite Rob Martin to serve as Medical Committee Co-Chair.

### NEXT MEETING:

Friday, October 13, 2023  
9:00-10:30 a.m.  
ADAMHS

## ROSC Leadership Team Report

**Meeting Date:** August 22, 2023

**Meeting Time:** 8:00-9:15 a.m.

**Meeting Location:** ADAMHS Board

### ROSC Leadership Team Members:

	Abbie Acord		Meelee Kim
	Andrea Sensel		Margaret Osborne
X	Angela DeBoskey	X	Mark Rimelspach
	Ann Woolum		Michelle McGraw
X	Brooke Nissen		Nancy Hutchinson
X	Carla Benjamin	X	Nichole Coleman
X	Carl Etta Capes	X	Pastor Gregg Fox
X	Cristina Christensen		Pastor Dutch VanderVlucht
	Derek Puchta		Rachel Walter
	Gary Bright	X	Rosalie King
X	Ginny Williams		Ryan Kidwell
	James Baker	X	Scott Lammers
	Jessica Bittner		Stacy Shaw
X	Jodie Firsdon		Thom Bissell
	Kim Switzer		Tricia Valasek
X	Liana Gott (zoom)	X	Victoria Graham
	Maggie Brown		

### Staff/Consultant:

X	Precia Stuby (zoom)	X	Zach Thomas		Jennifer Swartzlander
X	Dr. Flaherty (zoom)				

## DISCUSSION

- 1. LPSS- Leveraging Peer Support Services-** Brooke Nissen provided a handout on the Bureau of Justice Assistance grant for peer recovery outreach services. Brooke reviewed the attached handout with the committee.
- 2. Community Position on Legal Substances** – The Committee reviewed the document. Jennifer shared that the Coalition on Addiction and the Community Partnership have taken a position against recreational marijuana on the November ballot. The reasons for this position is that if marijuana remains illegal that creates a barrier to use/access, there is no clear data of what is safe use, and the goal to protect the adolescent/young adult brain. Should it pass, the coalitions will work to address those issues to the public. The committee further discussed the stance and agreed to support the opposition to the bill. Pastor Gregg also raised the concern of use of energy drinks by youth.
- 3. Associated Press (AP)–** Jen shared that the Medical Division of the AP reached out to Dr. Flaherty and then Precia. They want to do a story as a result of the drug company settlement money (OneOhio). They discovered our document *Measuring the Impact of ROSC in Hancock County*. They would like to feature Hancock County for our work in addressing opiates. They will come to our community to interview individuals who had an opiate addiction, received treatment in the community, and have had success. They will also visit providers and agencies. Dr.

Flaherty shared his discussion with the AP and that they want to use Hancock County as an example of various successful programs. Jen asked for ROSC members to help identify individuals with lived experience to be interviewed.

4. **Faith-Based Update-** Jen shared that Pastor Greg Delaney who is a representative from DeWine's Recovery Ohio group will be following up his last fall retreat on addressing AUD with the faith community and family members. This round will be short videos on VIMEO geared to the faith community. The focus will be on how to recognize, respond and refer when address issues of alcohol and other substances.

ADAMHS and BVH Spiritual Care Department are partnering to bring the faith community leaders together this fall. There will be four breakfasts hosted at BVH with goals to convene faith leaders in fellowship, provide a brief presentation from our system, and provide resources. Topics this fall include BVH Spiritual Care dept overview & ROSC overview, grief, anxiety/depression, and SUD.

5. **ROSC next steps with Recovery Measures and Measurement-Based Care-** Jen reminded the group of the discussion at the last ROSC meeting regarding moving in the direction of Measurement-Based Care (MBC) and Recovery Measures. The Committee will begin with bringing an expert on Measurement-Based Care and then Dr. Flaherty will provide education on Recovery Measures in the context of MBC. Dr. Flaherty reminded the group of the broader ROSC measures of access, retention and outcomes noting that in the outcomes is where the recovery measures are found. Jennifer highlighted some of Q4 scorecard. Precia reminded the group that MBC in physical medicine is how patients know and can monitor their glucose levels. That information helps inform the individual on what they need to do (take insulin, eating, etc) and the information assists the provider in their clinical recommendations. The goal would be transferring that type of work to behavioral health.
6. **Concerns/topics from the Committee** – Rosalie asked about the status of the homeless in the downtown area. Brooke shared that her team and the LEAD team continue to do outreach. It was discussed that there should be some additional outreach to the downtown businesses and educate them on the Feedback Loop as a mechanism to provide feedback to our system.

Nichole shared a positive story of a BVH peer connecting a veteran to her. He has sustained recovery and credits one difficult day to knowing he had saved a page on his phone's Google per Nichole's recommendation. He pulled up that page, Hancock Helps, and found a local support meeting and went to it. That helped his recovery at that moment.

#### **Upcoming Events/Available Resources:**

- **Recovery Palooza – Sept 9<sup>th</sup> 10 a.m.- 2 p.m. St. Mark's DOCK**
- **Recovery Month - Guest Columns** – Jennifer reviewed the guest column process and suggested we submit several columns during recovery month. Nichole, Angela and Pastor Gregg committed to completing one. Jennifer will follow up with additional information.
- **Be Healthy Now Hancock County Health Fair -Sept 16<sup>th</sup> 10 am- 2 pm – Koehler** – Reach out to Zach if interested in having a booth at this event.

- **Fair Booth -Suicide Prevention**

- Ginny reminded the group of their Self-Care event on September 13<sup>th</sup> – flyer will be sent to Committee.
- Nichole shared that the Silent Watch is scheduled for September 7<sup>th</sup> and the Modern Warrior Live will happen on September 8<sup>th</sup>. A flyer will be sent to the group when available.

**Summary of Follow-Up**

1. Board staff will provide resources for concerns of marijuana use.
2. Board staff will provide Committee with the contact person to provide updates on Hancock Helps.
3. Board staff will develop a survey for suggested recovery measures.
4. Board staff will follow up with information on the guest column.
5. Board staff/Unhoused Coalition will follow up with the Downtown businesses regarding feedback.

**Next Meeting – October 24 8-9:15 a.m.**





# Maternal Mental Health and Suicide Risk

The first year following the birth of a child is a vulnerable time for a new mother. Physical, emotional, and hormonal changes, as well as new responsibilities, can have a serious impact on a mother's well-being and family. These changes can make a mother more vulnerable to things such as depression, anxiety, and in some but rare cases, psychosis, often referred to as Perinatal Mood and Anxiety Disorders (PMAD). These disorders can often cause a woman to feel isolated and alone. Without proper support, mothers experiencing postpartum mental health concerns are at a higher risk for suicide, which is one of the leading causes of maternal-related deaths.<sup>1</sup> According to a recent study by the American Journal of Obstetrics and Gynecology, nearly 9 percent of females who died by suicide in the past 10 years were pregnant or recently postpartum.<sup>2</sup>

## What is PMAD?

Perinatal mood and anxiety disorders are used interchangeably with postpartum depression. It serves as an umbrella term commonly referred to varying mental health conditions that can occur during the postpartum period, including:

- Postpartum Depression (PPD)
- Postpartum Anxiety (PPA)
- Postpartum Psychosis (PPP)
- Bipolar Mood Disorders
- Postpartum Obsessive Compulsive Disorder (PPOCD)
- Postpartum Post-Traumatic Stress Disorder (PPTSD)

Every culture, age, income level, and race can develop PMAD. Symptoms can appear any time during pregnancy or within the first year after childbirth. 15-21 percent of pregnant and postpartum women experience PMADs, with 1 in 7 affected by perinatal depression and 13-21 percent affected by perinatal anxiety.<sup>3</sup>

African American and Hispanic women have the highest prevalence of perinatal depression, primarily attributed to a lack of social support, access to care, and a history of trauma and prior depression.<sup>4</sup>

Fathers are also at risk for developing postpartum depression. Around 10 percent of fathers experience depression within the first year of their child's birth, especially 3-6 months postpartum. Fathers are also at a higher risk of PPD if mothers experience PMAD.<sup>5</sup>

## Resources

Those looking for treatment for perinatal or postpartum depression should seek a women's health specialist with perinatal psychology training.

Postpartum Support International Helpline:  
1-800-944-4773

Text "Help" to 800-944-4773  
Text en Español: 971-203-7773

POEM Ohio

614-315-8989 or [mhaohio.org/get-help/maternal-mental-health/](https://mhaohio.org/get-help/maternal-mental-health/)

National Maternal Mental Health Hotline 1-833-852-6262

Call or Text the National Suicide and Crisis Lifeline at 988

## References

- 1 Centers for Disease Control and Prevention. Four in 5 pregnancy-related deaths in the U.S. are preventable. [www.cdc.gov/media/releases/2022/p0919-pregnancy-related-deaths.html#:~:text=The%20leading%20underlying%20causes%20of%20the%20heart%20\(13%25\).](https://www.cdc.gov/media/releases/2022/p0919-pregnancy-related-deaths.html#:~:text=The%20leading%20underlying%20causes%20of%20the%20heart%20(13%25).) Accessed July 17, 2023.

## Risk Factors

Maternal mental health conditions can be caused by a number of risk factors including biological factors, social or environmental factors, or psychological such as:

- Low or no social support
- Family history of depression
- Difficulty getting pregnant/struggles with fertility
- Pregnancy with twins or multiples
- Preterm (before 37 weeks) labor and delivery
- Pregnancy and birth complications

## Symptoms

PMADs have varying mental health conditions meaning the symptoms can range from feeling sad and depressed to thoughts of self-harm and suicide and are different for each woman. Here are some symptoms:

- Feeling sad or depressed or anxious
- Feeling irritable or angry to those around you
- Difficulty bonding with or caring for with the baby
- Problems with eating or sleeping and fatigue
- Having intrusive or upsetting thoughts
- Experiencing sudden mood changes
- Thoughts of suicide or self harm
- Thoughts of hurting the baby or feeling like you don't want your baby<sup>6</sup>

## Screening and Treatment

Undiagnosed and untreated perinatal mental health disorders can have devastating impacts on new mothers, infants, and families. Many new moms may experience feeling ashamed or guilty about their emotions, which can prevent them from seeking help. It is important to implement postpartum mental health screenings across the continuum of care and encourage more compassionate and supportive environments for new parents.

### References Cont.

- 2 Obstetrics and Gynecology. Pregnancy-Associated Homicide and Suicide. [journals. lww.com/greenjournal/ Citation/2022/10000/ Pregnancy Associated Homicide and Suicide An.6.aspx](https://www.greenjournal.com/greenjournal/Citation/2022/10000/Pregnancy%20Associated%20Homicide%20and%20Suicide%20An.6.aspx). Accessed July 17, 2023.
- 3 National Library of Medicine. Prevalence and predictors of symptoms of Perinatal Mood and anxiety Disorders among a sample of Urban Black Women in the South. [www.ncbi.nlm.nih.gov/pmc/articles/PMC9054427/](https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9054427/). Accessed July 17, 2023.
- 4 National Library of Medicine. A focus on postpartum depression among African American women: A literature review. [pubmed.ncbi.nlm.nih.gov/31046035/](https://pubmed.ncbi.nlm.nih.gov/31046035/). Accessed July 17, 2023.
- 5 National Library of Medicine. Prenatal and postpartum depression in fathers and its association with maternal depression: a meta-analysis. <https://pubmed.ncbi.nlm.nih.gov/20483973/>. Accessed July 17, 2023.
- 6 Cleveland Clinic. Postpartum Depression. [my.clevelandclinic.org/health/diseases/9312-postpartum-depression](https://my.clevelandclinic.org/health/diseases/9312-postpartum-depression). Accessed July 17, 2023.

### ABOUT

#### OHIO SUICIDE PREVENTION FOUNDATION

OSPF gives hope to those in crisis, strength to those in the struggle, and comfort to those in grief. OSPF is a non-profit organization that works tirelessly to help all of Ohio's communities reduce the risk of suicide. Our work includes supporting those impacted by suicide, raising awareness of mental health issues, and coordinating community resources and evidence-based prevention strategies across the state.



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