

Date Approved: 4-25-23
Presiding Officer: Ann E Woolum

Hancock County ADAMHS Board Meeting Minutes

Meeting Date: March 28, 2023

Meeting Time: 3:30 p.m. – 4:49 p.m.

Meeting Location: Blanchard Valley Center – 1700 East Sandusky Street

Recorder: Cheryl Preston

Board Member Attendance:

x	Ann Woolum, Board Chair		Brandon Daniels		Rosalie King
x	Jim Darrach, Vice Chair	x	Mary Beth Dillon	x	Cheryl Lentz
x	Melanie Aldobaiki		John Drymon	x	Greg Meyers
x	Dave Beach	x	Rick Eakin	x	Susan Pancake
x	Susan Bunn		Josh Eberle	x	Mark Rimelspach
	Seth Butler	x	Rachael Helms	x	Jim Stahl

Guests Attending:

x	Precia Stuby	x	Rob Verhoff	x	Michelle McGraw
x	Jennifer Swartzlander	x	Zach Thomas	x	Victoria Graham
x	Cheryl Preston	x	Paige Craft		
x	Deb Twining	x	Shannon Morselli		

Board Chair, Ann Woolum, called the meeting to order at 3:30 p.m. Cheryl Preston introduced guests in attendance.

PROGRAM

Ann introduced Paige Craft and Shannon Morselli. Precia noted that they have both been working very hard and will share an overview of what they have been spending their time on as paid interns. Paige shared that she is a BGSU Master of Social Work. She gave an overview of the work she completed at the Board including the establishment of the goals for the 2023 – 2025 Community Plan; she worked with the Suicide Coalition to reduce stigma and increase prevention efforts involving businesses and community (including firearm retailers); she developed an addendum to the Board's Disaster Policy around mass violence; she worked on the establishment of the Ohio State Highway Patrol initiative pilot that will link an individual to treatment when pulled over for operating a vehicle under the influence (OVI) – (It was noted that the first 3 people contacted engaged in treatment.) Seven boards are participating in the pilot. Lastly, she worked with Open Arms Domestic Violence shelter to make Narcan available in the shelter and ongoing engagement in treatment (20 currently).

Shannon shared that she is an Occupational Therapy doctoral student at the University of Findlay. She stated that her one focus was on developing a preventative toolkit showing the role the brain has on mental illness and substance use disorders. Youth Thrive was significant in developing the 5-chapter toolkit that is meant for health practitioners and includes worksheets and handouts for patients. Shannon explained each chapter in detail that explains what the brain is, and how it develops, variables to development, protective and promotive factors against mental illness and substance use, and lastly the tools to promote healthy brain development.

Precia shared how important and needed this framework is for our system, as currently study of the brain is not required for social work. What is known across providers is what they have obtained through trainings and/or individual efforts to obtain the knowledge. The toolkit was shared with the State department Alcohol Use Disorder Learning Community to get feedback from around the state. Dr. Flaherty and Dr. Tarter had very positive reviews of Shannon's work. Foundation is being laid to get the toolkit into the schools. Questions and discussion ensued following the presentation. The students were thanked and applauded for their passion and hard work.

CHAIRPERSON'S REPORT

Ann referenced the Coalition on Addiction data chart; Precia noted there were no updates. There was an overdose surge involving 6 in a short span resulting in 1 fatality. The first overdose review meeting which includes suicide reviews is scheduled in April.

Family Resource Center Chair Meeting Report of March 20, 2023 – Ann reported that Agency finances are still a concern with Medicaid (slow reimbursement and low rates), and upcoming loss of a grant. Precia noted that this is not unique to FRC. Implementation of the CCBHC planning grant will be of help. Staff update – positions are slowly being filled, capital update – Carlin office to be complete on April 5th, lastly FY '24 contract.

FOCUS Chair Meeting Report of March 21, 2023 – Ann reported that Agency program updates were given, including federal grant updates, and housing occupancy updates.

Mayor Meeting Report of March 23, 2023, Ann reported the following discussion points with the Mayor: Strategic Planning process for the city, OneOhio funds, Low Barrier Housing grant submission, Community Alternative Sentencing Center and lastly, a request to consider requiring law enforcement to carry Narcan when the new chief is hired.

DIRECTOR'S REPORT

Follow-up items from the February Board meeting: Board members were given a copy of the Health Disparity Report for Hancock County showing the most challenged areas in Findlay by census track. In addition, the Community Health Improvement Plan contains agreed upon priorities by all the contributors including diabetes, nicotine, mental health, and addiction to name a few.

FY' 24 Allocations Update: The Finance Committee has identified tentative allocations and the Program Committee has reviewed the content. Allocation letters will be sent to the agencies on Friday.

On May 8, Dr. Unger will be presenting all day at the professional conference and an evening presentation for families. He is the number one scholar in the world on resilience and trauma working with families. Registration will be covered for Board members; call the Board office to register if you are interested in attending.

The state conference on Opiate and other Addictions will be held June 5th and 6th. Call the Board office if you are interested in attending 1 or both days, registration will be covered by the Board for members. The Board has been selected to do a presentation on Camp Fun.

CORRESPONDENCE

1. Half of the 90-million-dollar American Rescue Plan Act (ARPA) funds have been released by OhioMHAS to regions for infrastructure to deliver crisis services. The regional collaborative will support Dani's project in Lucas County and the Fostoria Junction. The remaining 45 million will be distributed to individual Boards.
2. Certified Community Behavioral Health Clinic (CCBHC) planning grant was awarded to the Ohio Department of Mental Health and Addiction Services. In 2024 10 states will be selected to receive enhanced Medicaid reimbursement.
3. New prevention services rules were adopted for coalitions requiring them to become certified. This will impact the coalition work at the Board.
4. Legislative Day is March 29th Precia, Ann and Mark will meet with Senator McColley and Representative Cross. Lianna from NAMI will also be in attendance.

APPROVAL OF CONSENT AGENDA

- To approve the February 28, 2023, Board Meeting Minutes
- To approve the Program Committee Meeting Report of March 8, 2023
- To approve the Capital Sub-Committee Meeting Report of March 10, 2023
- To approve the Governance Committee Meeting Report of March 15, 2023
- To approve the Finance Committee Meeting Report of March 15, 2023, and the Agency Financial Picture

Jim Stahl moved to accept all items on the consent agenda. Rick Eakin seconded the motion. No further discussion. Motion carried.

ACTION ITEMS BROUGHT FROM COMMITTEE

- To rescind the motion to develop a technology plan policy. **Ann Woolum called for a vote. No questions; no further discussion. All were in favor. Motion passed.**
- To approve February Board Financial Statement. **Ann Woolum called for a vote. No questions; no further discussion. All were in favor. Motion passed.**

ACTION ITEMS BROUGHT TO THE BOARD

- None

INFORMATION REPORTS

- Community Partnership Meeting Report of March 21, 2023
- ROSC Leadership Meeting Report of March 28, 2023
- Creating Community for a Better Tomorrow, March 30, 2023
- Memorial – Cayla Fortman, April 8, 2023
- Alcohol Awareness Month Event, April 4 – 26, 2023

AGENCY/PUBLIC COMMENT

Victoria Graham, OhioGuidestone introduced herself and shared she will be attending regularly on behalf of the Agency.

Michelle McGraw, Blanchard Valley Hospital, thanked Paige and Shannon for their presentations.

POSITIVE ACTION

Precia shared about a recent call that was shared by Cristina Christensen, Criminal Justice Program Supervisor at FRC. A client called one of the Quick Response Team (QRT) coordinators thinking she was overdosing. The client was transported to the hospital by EMS and the coordinator met her there. The coordinator suspected the client was a victim of sex trafficking resulting in securing safe housing for the client for the weekend. They are working with Open Arms Domestic Violence Shelter. This is just one example of how the behavioral health workers in the community go above and beyond the call of duty. QRT is staffed by peers.

FOLLOW-UP NEEDED:

The draft toolkit will be shared with interested Board members for review.
Emoji email will be sent to Board members.

The next Board meeting will be April 25, 2023.

Jim Stahl made a motion to adjourn the meeting. Mary Beth Dillon seconded. The meeting was adjourned at 4:49 p.m.

Program Committee Meeting Report

Meeting Date: April 12, 2023

Meeting Time: 4:00 p.m. – 5:30 p.m.

Meeting Location: Board Office, 438 Carnahan Ave.

Recorder: Jennifer Swartzlander

Committee Members Attending:

X	Brandon Daniels, Committee Chair	X	Susan Pancake, Committee Vice Chair
X	Cheryl Lentz	X	Rosalie King
	Susan Bunn	X	Rachael Helms
X	Dave Beach		

Board Members Attending:

X	Ann Woolum, Board Chair		Jim Darrach, Board Vice Chair
---	-------------------------	--	-------------------------------

Invited Staff Attending:

X	Precia Stuby		Zach Thomas	X	Jennifer Swartzlander
---	--------------	--	-------------	---	-----------------------

Items Discussed:

1. Methadone Clinic Closing – Precia shared that the Findlay Treatment Center (Methadone Clinic) announced on March 30, 2023, that they are closing in 30 days. Pinnacle (owner of Findlay Treatment Center) is a for-profit organization. They have 70 individuals on Methadone with 40 from Hancock County. Methadone requires daily dosing of medication. Precia has been in touch with the state on this issue. Precia recommended finding a non-profit Methadone Center to replace this community service and has talked to Zepf (a nonprofit in Toledo) and they are interested. Precia shared that there is an option for a medication unit that would provide dosing, but they would have to go to Toledo for induction and/or any changes in dosing. This would be the quickest option with the goal of having a full clinic open eventually. The immediate option is to ensure transportation to either Lima or Toledo Methadone Clinic. Funding is available through SOR/SOS for “start-up” funding for Zeph. The committee recommended seeing if Pinnacle will stay open for an additional couple of months to allow us time to get the next plan in place. Precia created a draft letter for a community response, including highlighting the transportation option; that there are efforts to have Methadone back in Hancock County, remind them of Harm Reduction services, link them to the CHESS app for peer support.
2. Spectrum Proposal – Precia reminded the committee that the Board has an AUD grant that is currently being used for the Faith-Based initiative, CHESS app, alcohol screener, and some of Steve Dillon’s time on the CHESS app and screener promotion. There is a remaining unencumbered balance of approximately \$100,000. Spectrum submitted a request for funding from this grant source. The committee discussed the proposal. Precia shared that funding can be used for screening, consultation, and support groups. The committee recommended that Precia go back to Spectrum and indicate we would consider funding the use and promotion of CHESS for screening and to be an advisor to other organizations on their inclusive policies, practices, and

consultation.

3. Board Disaster Policy – Attachment C – Mass Violence Response – Precia shared that this attachment was developed as a response to the strategic plan. After research and review of our Disaster Policy, our conclusion was to add this as an attachment to the existing Disaster Policy. As of March 2023, every school building must have a threat assessment team. Ohio now has an Ohio School Safety Center that provide multiple resources that can apply beyond a school-based event. The proposed attachment is about tying into the existing structure. Precia talked with the police and sheriff, and they said they will call when they are ready for behavioral health support. The next hurdle is for communities to develop community threat assessment management which would be a place to report potential threats in the community and outside of schools. This is a law enforcement task.
4. Youth Thrive Mini-Grants- Precia reminded the committee that System of Care had \$25,000 for mini-grants to support Youth Thrive. Those mini grants will be sent out in early May with projects starting on July 1, 2023.
5. BJA (Bureau of Justice Administration) Grant Updates – all linked to Criminal Justice
 - a. **The Steady Path (TSP)** – Precia shared that this funds the stabilization center for \$750,000 and ends on September 30, 2023. A continuation grant has already been submitted. It will not cover all of TSP's costs. The funds that cover TSP include these grant funds, contracts for area boards of \$110,000 for per diem, FRC's billable services, and possibly crisis funds. Program costs are approximately \$950,000/year with the Board deficit funding the balance after all other sources of revenue.
 - b. **Extending Our Reach (EOR)** – Precia shared this was newly funded on 10/1/22 (previously LEAD). This continued expansion to the county, research for youth-based programming, and the development of a co-responder model.
 - c. **Leveraging Peer Support Services (LPSS)** – Precia shared this grant funds an outreach team for Focus to engage individuals in recovery support services. Jennifer shared that the Focus team is the mentee of the RimRock Foundation. They will learn from this mentor site.
6. Trauma Conference with Dr. Unger May 8th – Precia shared the postcards for the upcoming trainings.

Action Items:

1. Dave Beach motioned to add the mass violence attachment to the Disaster Policy as written. Susan Pancake seconded the motion. The motion passed unanimously.

To Do:

1. Precia will reach out to Pinnacle regarding staying open an additional 2 months.
2. Staff will find out if the diagnostic assessment can be used between Methadone providers.
3. Staff will provide LGBTQ+ prevalence in Hancock County.
4. Precia will contact Spectrum regarding their proposal.

Governance Committee Meeting Report

Meeting Date: April 19, 2023

Meeting Time: 8:00 a.m. – 9:00 a.m.

Meeting Location: Board Office, 438 Carnahan Avenue

Recorder: Precia Stuby

Committee Members Attending:

x	John Drymon, Committee Chair	x	Jim Stahl
	Mary Beth Dillon, Committee Vice Chair	x	Seth Butler
	Melanie Aldobaiki		

Board Members Attending:

x	Ann Woolum, Board Chair	x	Jim Darrach, Board Vice Chair
---	-------------------------	---	-------------------------------

Invited Staff Attending:

x	Precia Stuby		Jennifer Swartzlander
---	--------------	--	-----------------------

Items Discussed:

1. Capital Ad Hoc Committee Update - In the absence of Jennifer, Precia provided the update. The next meeting is April 24th. Larry McCormick did a walk-thru on April 7th and will send something on the estimated purchase price before the April 24th meeting. Jen sent an email out regarding the Kodak building indicating it doesn't meet the needs of the Board. She has tried, with no luck, to find a company to assess the moisture issues at the office.
2. Board Meeting Evaluation Results for March 2023 – Results were positive. Precia will work with Family Resource Center to schedule a Board meeting at the Carlin Ave. site. The Program Committee will discuss if there is any interest in moving some Committee meetings to other sites. Precia reminded the Committee of the project Brandon is working on to do virtual tours of our agencies. There was also a request for the one-page summary on the Health Disparities Document.
3. Position on the Proposed Department of Children and Youth – Precia shared the Family First Council took a position in opposition of the new department and is sending letters to our state Representative and Senator. Precia also shared the budget is not with the House. There have been cuts to the proposed allocations for Mental Health.
4. Proposed System Fund Development Policy Revision – Some language clarification was made as well as clarification that the Board cannot sponsor fundraising events.
5. Delegation Update/Draft Toolkit – Precia reviewed the Inclusion Toolkit for Hancock County developed by Inclusivity. Copies will be obtained for all Board

members. A future Board program on the toolkit was recommended.

6. Strategic Plan Update – Precia reminded the Committee that the April Board Program will be an update on the Strategic Plan.
7. FY'24 Board Appointments – Two individuals have been secured for the 3 slots that will be available as of July 1st. The Committee recommended Precia contact the 3rd potential candidate.

Action Items:

1. A motion was made by Jim Stahl and seconded by Seth Butler for a letter opposing budget cuts to be sent to Representative Cross. Motion Carried.
2. A motion was made by Jim Stahl and seconded by Seth Butler to adopt the recommended changes to the System Fund Development Policy. Motion carried.

To Do List:

1. Precia will send out the Health Disparity summary to all Board members.
2. Board staff will work with Family Resource Center regarding hosting a meeting at the Carlin Ave. address.
3. Board staff will secure a copy of the Inclusion Toolkit for all Board members as well as a Board program to provide an overview of the contents.
4. Precia will reach out to potential Board member.

Finance Committee Meeting Report

Meeting Date: April 19, 2023

Meeting Time: 3:50 p.m. – 4:54 p.m.

Meeting Location: Board Office, 438 Carnahan Avenue

Recorder: Rob Verhoff

Committee Members Attending:

X	Greg Meyers, Comm. Chair	X	Josh Eberle, Comm. Vice-Chair		Rick Eakin
X	Mark Rimelspach				

Invited Board Leadership Attending:

X	Ann Woolum, Board Chair		Jim Darrach, Board Vice Chair
---	-------------------------	--	-------------------------------

Invited Staff Attending:

X	Precia Stuby	X	Rob Verhoff	X	Deb Twining
---	--------------	---	-------------	---	-------------

Guests Attending:

X	John Bindas, Family Resource Centers				
---	--------------------------------------	--	--	--	--

Items Discussed:

1. Review of Account Fund Balance and Board Financial Statements for March 2023. No issues identified.
2. Review of Accounts with Executive Director Spending Authority. No issues identified.
3. Agency Financial Report – February 2023 reports were reviewed. No new issues were identified.
4. Family Resource Center, OhioGuidestone and FOCUS Contingency Plan Updates – John Bindas discussed Family Resource Center's next steps to reducing costs – closing their Greenville location, a hiring freeze, and cost savings with the Carlin location opening. They are working on the budget for FY '24. John also reported the Agency received an anticipated check related to COVID relief. In a meeting with OhioGuidestone's directors, they discussed the agency is facing the same industry issues and challenges as FRC. They have made reductions equivalent to the loss of 30 FTEs (full- time equivalents) to balance their budget by the end of this fiscal year. In a meeting with FOCUS's directors, they discussed the agency had three consecutive monthly losses due to the delay in approval from the state SOS (State Opiate and Stimulant Response) reimbursement grants. The grant has since been approved. Their February financial statement showed they received their grant reimbursement with a net gain of \$37K.
5. Recommendation from Program Committee Regarding Spectrum – None.
6. Family Resource Center FY '22 Finance Audit – FRC received an unmodified opinion with no findings.
7. Community Action Proposal – No proposal currently. Will be ready for review next month.

Action Items:

1. A motion was made by Josh Eberle and seconded by Mark Rimelspach to approve the March 2023 Board Financial Statements as presented. Motion carried.

To Do List:

1. The Community Action proposal will be brought to the Committee next month.

**Hancock County
Community Coalition on Addiction**

Committee Chairs – Report

Meeting Date: April 17, 2023

Meeting Time: 9:00-10:30 a.m.

Meeting Location: ADAMHS

GUIDING PRINCIPLES

Ratified 12/12/22

1. Support people with substance use disorder *and* their loved ones.
2. Support accessibility and reduce barriers to services.
3. Implement best prevention strategies that impact people with highest risk.
4. Reduce stigma.

Committee Members - Attending

	Debra Parker <i>Chair</i> The University of Findlay	>	Mark Miller <i>Community Awareness</i> Ohio Third District Court of Appeals		Carla Benjamin <i>Community Awareness</i> Welcome to a New Life
>	Stefan Adams <i>Community Awareness (Education)</i> Findlay City Schools	>	Rick Van Mooy <i>Community Awareness (Education)</i> Hancock County Schools		Michael Pepple <i>Legislative</i> Hancock County Commissioner
>	Dr. William Kose <i>Medical</i> Blanchard Valley Health System	>	Gary Bright <i>Medical</i> Hancock Public Health		Abbie Accord <i>Peer Support Advisory Board</i>

Invited Guests/Staff/ADAMHS Board

>	Zach Thomas	>	Precia Stuby		Jennifer Swartzlander
	Ann Woolum <i>ADAMHS Chair</i>		Jim Darrach <i>ADAMHS Vice-Chair</i>	>	Mark Rimelspach <i>ADAMHS</i>
>	Jodi Firsdon <i>Community Partnership Chair</i>		Shannon Morselli <i>ADAMHS Intern</i>		

Committee Priorities:

- Guide, monitor, and evaluate work of each Committee using Evaluation Scorecard (build effective metrics into scorecard)
- Ensure alignment of Coalition with ADAMHS, Findlay Strategic Plan, CHIP; provide report of progress with identified metrics
- Determine necessary governing structure and operating procedures
- Ensure coalition process best-practices are maintained

DISCUSSION

1. **Q1 2023 Scorecard.** The Committee Chairs reviewed the Q1 2023 Scorecard and discussed goals that are experiencing challenges moving forward:
 - a. **Uninterrupted access to MAT.** Findlay Treatment Center, a local methadone clinic announced that it will close April 30, 2023. This will affect more than 70 clients, including over 40 Hancock County residents, who will lose access to daily methadone medication treatments. ADAMHS and local partners are working to find solutions to ensure clients will be able to maintain access to treatment with as little interruption as possible. Options include: obtaining a waiver from the Ohio Department of Mental Health and Addiction Services to allow the facility to remain open as a medication unit, allowing existing patients to continue treatment; a local non-profit treatment organization would a site in Findlay to maintain access to treatment.
 - b. **Addressing stigma of addiction among medical community.** The Medical Committee will continue discussions on how to appropriately address and provide support to enhance anti-stigma initiatives that would reduce the level of discrimination from medical professionals experienced by people with substance use disorders.
 - c. **Continue support for MOMS program.** The MOMS program continues to provide successful services for expecting mothers with substance use disorder. The Coalition, in partnership with

Hancock County Community Coalition on Addiction

the ROSC Leadership Committee, has asked what additional supports can be included in the MOMS program that would support any pregnant mother who may be experiencing mental health and/or substance use disorders.

- d. ***Establish a marijuana legalization workgroup.*** The Legislative Committee has focused on marijuana legalization to include what type of local control can Findlay/Hancock County have on the opening of medical/recreational marijuana dispensaries. Current Findlay code forbids the opening of any medical marijuana dispensary; most county townships are not zoned with provisions for medical marijuana dispensaries. However, there was significant discussion about shifting the focus to address the inevitability of recreational marijuana legalization and increase public awareness and education efforts about safer use for legal adults, protecting the brain for youth, surveillance (compliance/underage sale) of dispensaries, and understanding the health risks associated with marijuana use.
- e. ***Outreach (rural communities).*** The Community Awareness Committee will expand its upcoming discussions to include exploring opportunities to engage with county townships/trustees.
2. **Governing Structure and Operating Procedures Draft.** The Committee Chairs reviewed a proposed governing structure document. The document will stand as presented with one modification to include a directive to survey the Coalition members on an annual basis of their intention to continue as a member of the Coalition.
3. **OneOhio Updates.** The Region 17 political sub-division governing body (Hancock County) recently met to approve local bylaws. At the meeting, the bylaws were amended to include a representative from the Recovery Peer Advisory Board as a permanent member of the governing body. The project recommendations developed by the Coalition will be presented at the April 19, 2023 Region 17 meeting.
4. **Reports: Annual Data Brief (OMHAS), Ohio Unintentional Drug Overdose Deaths (ODH).** In the most recent *Ohio Unintentional Drug Overdose Deaths* report, Hancock County is shown as having a higher adjusted overdose fatality rate than adjoining counties, despite having a built robust continuum of care for substance use disorders. Precia Stuby will consult with Dr. Michael Flaherty to help determine what might be contributing to this higher rate.

OTHER UPDATES

1. The Coalition will consider developing a Speakers Bureau to assist with community requests for presentations/expertise in substance use disorders. Additionally, as the Coalition continues to encourage people in recovery to share their stories, it should be encouraged for people to include an emphasis on the beginning of their story that led to a substance use disorder as a way to better inform prevention interventions.
2. Dr. Brad Bundy's virtual presentation on psychedelics will take place Friday, April 21, 2023 at 1:00 p.m. The presentation will be recorded and shared broadly with the Coalition.
3. Hancock Public Health has applied for a grant that seeks to increase outreach services for the SafeWorks program.
4. Shannon Morselli, OT PhD candidate from the University of Findlay, has completed her capstone project focused on brain biology and development. The final document will be shared with behavioral health practitioners to increase proficiency in brain development and appropriate interventions.
5. The Sheriff's community event held on March 30, 2023 was successful, although community attendance was lower than desired. The Community Awareness Committee will review the event in upcoming meetings for opportunities for improvement.

NEXT MEETING: Monday, June 12, 2023, 9:00-10:30 a.m., ADAMHS

ACTION ITEMS DURING MEETING:

1. Jenn Reece – Motion to approve March 2023 Meeting Report. Sharona Bishop – Second. Motion approved.
2. Brian White – Motion to allocate \$13,600 toward FY24 Prevention & Wellness Grant Program. Kim Hiatt – Second. Motion approved.
3. Gary Bright – Motion to award \$2,700 to Family and Children First Council for the 2023 Summer Lunch Program. Jon Hart – Second. Motion approved.

ACTION ITEMS FOR NEXT MEETING:

1. Approval of funding for FY24 Prevention & Wellness Grants
2. Establish Nomination Committee for FY24 Partnership Council Chair and Co-Chair
3. Fair 2023 planning

NEXT MEETING: Tuesday, May 16, 2023, 9:00-10:30 a.m., ADAMHS Office

The Community Partnership believes that if substance use prevention and mental health promotion strategies are implemented, then the overall health and quality of life in Hancock County will be improved.

Council Meeting Report

Date: April 18, 2023 - 9:00-10:30 a.m.

Location: ADAMHS Office

Representatives (Attendees in **BOLD**)

SECTOR	REPRESENTATIVE
BUSINESS	Michelle Ladd (Chamber of Commerce)
CIVIC/VOLUNTEER GROUP	Kim Hiatt (50 North), Jon Hart (United Way)
GOVERNMENT AGENCY	Shawn Carpenter (Juvenile Court)
HEALTHCARE PROFESSIONAL	Gary Bright (HPH), Jenn Reese (BVHS)
LAW ENFORCEMENT	Brian White (FPD)
MEDIA	Mary Jane Yarris (Retired), Cheryl Miller (Hancock Public Health)
OTHER ORGANIZATION	Triena Miller (JFS), Erin Mitchell (Lutheran Social Services), Brooke Nissin/ Heidi Barilla (FOCUS)
PARENT	Sharona Bishop (Hancock Public Health)
RELIGIOUS/FRATERNAL ORGANIZATION	Debra Pees-Arce (St. Andrew's UMC)
RECOVERY PEER	Abbie Acord (Peer Support Advisory Board)
SCHOOL	Stefan Adams (FCS), Jodi Firsdon , Chair (UF), Angie Toland (ESC)
YOUNG ADULT 18-25	
YOUTH	Hope Salyers
YOUTH SERVING ORGANIZATION	Stacy Shaw , Vice-Chair (CMC), Chris Biltz (FRC), Abby Blanchard (FRC)
BOARD/COALITION	Ann Woolum (ADAMHS Vice-Chair), Jim Darrach (ADAMHS Vice-Chair), Debra Parker (UF), Mark Rimelspach (ADAMHS)
STAFF	Zach Thomas , Steve Dillon
GUESTS	

FY23 HCCP Focus – Connection.

FY23 HCCP Goal – Create healthy behaviors, individuals, and communities.

FY23 HCCP Prevention Priorities – Delay onset; protect the brain; protective and promotive factors; support the family; deliver services in the community.

Strategic Imperatives 2023-2028

- Creating Connections between Youth and Trusted Adults
- Promotion of Positive, Healthy, Alternative Activities
- Understanding of Adolescent Brain Development
- Data Collection

DISCUSSION (Items with * require action):

1. Celebrations/Challenges/Concerns.

- Stacy Shaw shared a video of the Children's Mentoring Connection trip to the Cleveland Cavs game. This event was supported with Community Partnership funding. The video may be viewed HERE: https://www.youtube.com/watch?v=2d_q0iCKdTY
- Sharona Bishop shared that the local methadone clinic will remain open and continue to provide treatment services to Hancock County residents.
- Chris Biltz shared that Family Resource Center will soon reopen the Carlin Street facility which will include all children, youth, and family services. An open house is planned for May 8, 3-7pm.

- d. Angie Toland asked for assistance in promoting the upcoming Hancock ESC Transition Resource Expo on May 4, 5-7pm at Riverdale School.
 - e. Debra Arce offered a message of gratitude to Gary Bright for his recent Courier editorial.
2. **Overview & Refresher: Strategic Prevention Framework and Seven Strategies for Community Change.** Zach Thomas provided a primer on prevention processes and strategies that serve as the foundation for the work of the Community Partnership. The Council continued with a robust discussion about the effectiveness of various prevention strategies.
3. **Budget Review.** Current Balances: Partnership Initiatives - \$22,333.00; Coalition on Addiction - \$7,968.03; Problem Gambling - \$15,315.00
4. **Scorecard Review.** The Q1 2023 Scorecard was discussed and areas of challenge were identified (the Partnership Council also received a copy of the Coalition on Addiction and Delegation Scorecards):
 - a. **Partnership with Community Dinners/Millstream Café/Family Dinner Vouchers and Strengthening Families programming.** These tasks has been included in the strategic plan as a way to increase opportunities for pro-social engagement. No action has been taken on these tasks at this time.
 - b. **Presentations at school sports/PTO/open house meeting.** Due to scheduling challenges, no presentations have been offered at this time. The Community Partnership will seek to participate in such meetings in the fall, at the start of the 2023-2024 school year.
 - c. **Implementation of OHYES Survey.** Findlay City Schools has not committed to implementing the OHYES survey in the 2023-2024 school year.
5. **FY24 Prevention & Wellness Grant Program.** The Grants Review Committee met last week to discuss five proposals submitted for consideration for funding. Additional information has been requested from the applicants to assist with final funding recommendations which will be presented at the May Partnership Council meeting. The total funding request is \$18,600. A recommendation to increase the allocation to the Grant Program has been submitted to the Partnership Council for consideration.
6. **Coordinator's Report and Updates.**
 - a. Currently, there is no provision in Ohio that monies raised through sports betting would be allocated to local ADAMHS board, similar to casino/gambling monies. It was suggested that this issue be taken to the Coalition on Addiction Legislative Committee for review.
 - b. The Legislative Committee has focused on marijuana legalization to include what type of local control can Findlay/Hancock County have on the opening of medical/recreational marijuana dispensaries. Current Findlay code forbids the opening of any medical marijuana dispensary; most county townships are not zoned with provisions for medical marijuana dispensaries. However, there was significant discussion about shifting focus to address the inevitability of recreational marijuana legalization and increase public awareness and education efforts about safer use for legal adults, protecting the brain for youth, surveillance (compliance/underage sale) of dispensaries, and understanding the health risks associated with marijuana use.
 - c. The Suicide Prevention Committee will phase out its work as an ad-hoc committee, delegating its goals/objectives to leading entities within the local behavioral health system. The Community Partnership will continue to monitor suicide prevention initiatives and can call the ad-hoc committee to reconvene when necessary.
 - d. A new Ohio Revised Code rule change will require all coalitions to become certified providers of prevention services by the Ohio Department of Mental Health and Addiction Services by 2025. There is no concern that this will pose any unnecessary burden on the Community Partnership.
 - e. Shannon Morselli, OT PhD candidate from the University of Findlay, has completed her capstone project focused on brain biology and development. The final document will be shared with behavioral health practitioners to increase proficiency in brain development and appropriate interventions.
 - f. The Community Partnership was asked to consider financially supporting the 2023 Ohio Prevention Professionals Conference. The Partnership Council chose not to financially support the conference this year.

OHIO SUICIDE PREVENTION FOUNDATION

Sexual-Assault Survivors and Vicarious Trauma

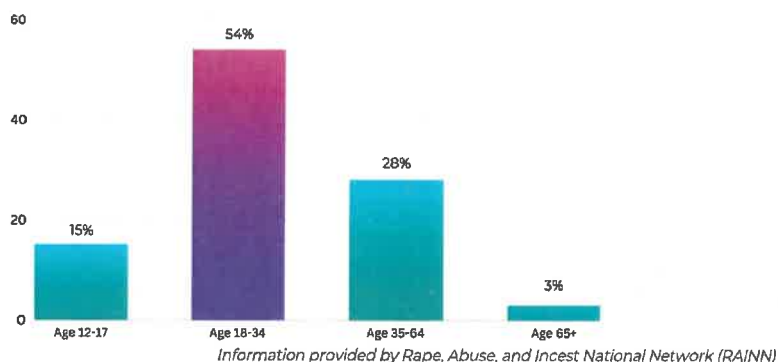
Sexual violence impacts millions of Americans. On average, there are 463,634 victims of rape and sexual assault each year in the United States. Survivors of sexual violence have an increased risk for suicide – 33% of sexually-assaulted women contemplate suicide, 13% of sexually-assaulted women attempt suicide, and those who are ages 12-34 are at the highest risk for rape and sexual assault.¹ Sexual assault can take many different forms, but one thing remains the same: it is never the victim's fault.

What is sexual assault?

Sexual assault refers to sexual contact or behavior that occurs without the explicit consent of the victim. Rape is a form of sexual assault, but not all sexual assault is rape. The term 'rape' is often used as a legal definition to include sexual penetration without consent.

Consent means a person voluntarily and willfully agrees in response to another person's proposition. The person who consents must possess the sufficient mental capacity and requires the absence of coercion, fraud, or error.² The laws about sexual violence vary from state to state.

The majority of sexual-assault victims are under 30



What is a bystander?

A bystander is a person who is present when an event takes place but is not directly involved. A bystander might be present when sexual assault or abuse occurs, or they could witness the circumstances that lead to a crime. Since most sexual assaults are committed by someone the victim knows, a bystander needs to understand their role in helping prevent this crime.

Practical Ways to Help a Survivor of Sexual Assault

- Telling them, "I believe you, and thank you for having the courage to share your story with me," can be empowering for them.
- Reassuring them, "It is not your fault," is an effective way to help them stop blaming themselves for their circumstances.
- Reminding them, "You are not alone, and I am here to listen," is an effective way to help them during their safety planning.
- Speak up if you witness someone not respecting a person's boundaries.
- Educate yourself on the definition of consent and advocacy and support services.
- Do not say, "I know how you feel." The situation might be familiar to you, but it is unfair for you to assume how they feel after a sexual assault. Not everyone compartmentalizes trauma the same.
- Do not attempt to hug them, even if you are a friend, loved one, or victim advocate. Bodily contact could be triggering for the survivor. Always ask for permission before making physical contact.

Vicarious trauma

Vicarious trauma can occur in employees or volunteers working in industries involving victim services, law enforcement, EMS, and fire services due to their continual exposure to victims of trauma and violence. Vicarious trauma can occur from work-related experiences such as listening to individual clients recount their victimization, viewing videos of exploited individuals, reviewing case files, and hearing about or responding to the aftermath of violence.

A Sexual Assault Nurse Examiner (SANE) is susceptible to vicarious trauma and burnout because of their constant exposure to survivors of sexual assault while completing a sexual assault forensic exam (SAFE). Research has demonstrated that the responsibilities of a SANE can be challenging. One study showed that over 50% of SANEs have reported experiencing trauma due to treating sexual assault victims.³ Medical professionals checking in with each other is an effective way to verify if they require additional support, including mental health resources.

Common Negative Reactions to Vicarious Trauma

- Difficulty managing emotions
- Feeling emotionally numb or shutdown
- Destructive coping or addictive behaviors
- Relationship problems (e.g., withdrawing from friends and loved ones)
- Increased irritability: aggressive, explosive, or violent outbursts and behavior
- Lack of or decreased participation in activities that bring joy
- Avoiding work and interactions with clients or coworkers
- A combination of symptoms that comprise a diagnosis of PTSD

To avoid vicarious trauma, and continue to do the important work of helping sexual assault survivors, it is vital that professionals in this space make their mental and physical wellbeing a priority. Remember to reserve some of the care and concern you show to your patients, for yourself.

If you are in crisis or need mental health support, call the Suicide and Crisis Lifeline at 988 to be connected with a trained professional who can help.

Additional Resources

Sexual Assault Hotline:
1-800-656-HOPE
(4673) or chat online
hotline.rainn.org/online

National Sexual Assault
Violence Resources Center
(NSVRC) nsvrc.org

National Domestic
Violence Hotline: 1-800-
799-SAFE (7233) or text
"START" to 88788

OhioHealth Sexual Assault
Response Network of
Central Ohio (SARNCO)
[ohiohealth.com/
community-health/sarnco](https://ohiohealth.com/community-health/sarnco)

References

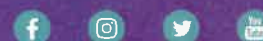
- 1 RAINN. Victims of Sexual Violence: Statistics. rainn.org/statistics/victims-sexual-violence. Accessed February 27, 2023.
- 2 Cornell Law School. Consent. law.cornell.edu/wex/consent. Accessed February 27, 2023.
- 3 Mobile ODT. How to prevent burnout in SANEs. mobileodt.com/blog/how-to-prevent-burnout-in-sexual-assault-forensic-nurses. Accessed February 27, 2023.

ABOUT OHIO SUICIDE PREVENTION FOUNDATION

OSPF gives hope to those in crisis, strength to those in the struggle, and comfort to those in grief. OSPF is a non-profit organization that works tirelessly to help all of Ohio's communities reduce the risk of suicide. Our work includes supporting those impacted by suicide, raising awareness of mental health issues, and coordinating community resources and evidence-based prevention strategies across the state.



(614) 429-1528 / OhioSPF.org





Developing a Better Understanding

CRISIS TEXT LINE

The U.S. Surgeon General issued an Advisory on Protecting Youth Mental Health. The Advisory highlighted the concerning trends related to the increasing incidence of depressive symptoms and suicidal ideation among youth. Across the country, the proportion of high school students reporting persistent feelings of sadness or hopelessness increased considerably. There was also an increase in youth psychiatric visits to emergency departments for depression, anxiety, and behavioral changes. Multiple surveys and studies have shown that young people are in need of more support and more pathways to help.

Young people are also open to accessing care and services via technology. They are often more comfortable engaging via chat and text or through social media. Crisis Text Line offers access to a trained, volunteer 24/7 via text and chat.

What is Crisis Text Line?

Crisis Text Line provides free support at your fingertips, 24/7. It is a free, confidential service available via text on mobile devices or online chat. It is intended to broaden the options available through current community crisis hotlines. Crisis Text Line's goal is to move people from a hot moment to a cool calm.

Message

Crisis Text Line believes that everyone who reaches out for help deserves a human response. No one should feel alone. Crisis Text Line is there any time, day or night, to help those in need.

How does Crisis Text Line work?

Anyone should feel free to use Crisis Text Line. It serves all ages. An individual may text the keyword "4HOPE" to 741741 and expect a reply from a trained Crisis Counselor within five minutes. The message is confidential, anonymous and secure. Crisis Text Line does not charge texters if your cell phone plan is with AT&T, T-Mobile, Sprint or Verizon, and nothing will appear on a phone bill. If your plan is with another carrier, standard messaging rates apply, and the short code 741741 will appear on your billing statement. An algorithm reviews text for severity and messages that are determined to be from someone at imminent risk are placed at the top of the queue.

Crisis Text Line in Ohio

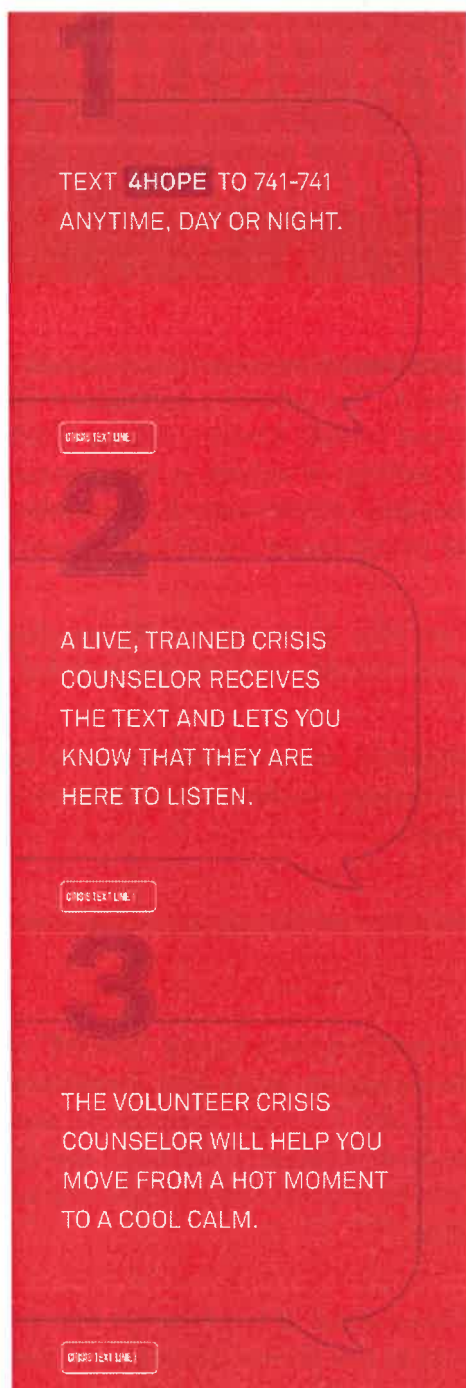
The Ohio Department of Mental Health and Addiction Services (OhioMHAS) has entered in to a contract with the national Crisis Text Line to provide Ohioans with a state-specific keyword to access its free service. Throughout Ohio, individuals can text the keyword "4HOPE" to 741741 to be connected to a trained Crisis Counselor. This keyword was originally chosen by the Stark County Mental Health and Addiction Recovery Board. The Ohio Association of County Behavioral Health Authorities (OACBHA) is working with OhioMHAS to roll out statewide promotion of this state-specific keyword.

What can I do to spread Crisis Text Line?

Anyone can share the word about this resource with individuals and community members. School personnel, social workers, treatment providers and media outlets are especially encouraged to promote information about Crisis Text Line. Helping spread the word in your community is incredibly valuable.

TEXT 4HOPE TO 741-741

**FREE SUPPORT AT
YOUR FINGERTIPS, 24/7.**



How can I volunteer for Crisis Text Line?

Crisis Text Line always welcomes new volunteers to be trained Crisis Counselors. To become a trained Crisis Counselor, you must be over 18. You will go through a rigorous application process that includes a background check. This is to ensure that the best quality people are on the other end of a text from someone in a Crisis. Successful applicants will receive 34 hours of web-based training. You may apply through CrisisTextLine.org. There are over 2,000 trained Crisis Counselors responding to over 50,000 texters per month, and those numbers are growing every day. On average, there are 10 active rescues each day by trained Crisis Counselors preventing users from hurting themselves.

Data

There is an online dashboard where you can see all the Crisis Text Line “4HOPE” data. By going to bit.ly/2HNTomi, you can access the dashboard where you can filter by date, and can see indicators like issues discussed, geography, number of texters, volume by day of the week, and traditional demographics. All data is auto-scrubbed for personally identifiable information. NO personal information of texters or Crisis Counselors is shared. To see national data, and all data that doesn’t involve the keyword “4HOPE”, you can go to CrisisTrends.org where Crisis Text Line shares aggregated data, revealing general trends. These trends include data by state, by time of day, and by type of crisis.

From May of 2016 to March of 2023, the “4HOPE” usage data is as follows:

- 53,050 conversations
- 24,892 texters

Texters were reaching out about the following issues (more than one issue could be addressed in a single conversation):

- 35.6% - anxiety/stress
- 33.1% - depression/sadness
- 30.7% - relationship
- 28.3% - school
- 22.7% - suicide
- 19.0% - isolation/loneliness

The majority of texters are young people.

- 13.8% - 13 or younger
- 34.4% - 14-17
- 22.7% - 18-24
- 13.4% - 25-34
- 8.1% - 35-44
- 5.2% - 45-54
- 1.7% - 55-64
- 0.6% - 65+

Get Started

There are a number of easy ways to get started promoting Crisis Text Line in your community. Some organizations have put artwork and information on their social media pages. Some have printed out fliers and put them up in their communities. Some organizations have reached out to schools in their district. It is important to look at the Crisis Text Line Communications Guide to read about best practices for using the Crisis Text Line logo and how to approach promoting the service. Thank you for your interest in sharing Crisis Text Line throughout Ohio!

Sources: Crisis Text Line
U.S. Surgeon General's Advisory on Protecting Youth Mental Health

Ohio Department of Mental Health and Addiction Services

Ohio Association of County Behavioral Health Authorities
www.oacbha.org (614)224-1111
Cheri L. Walter, CEO

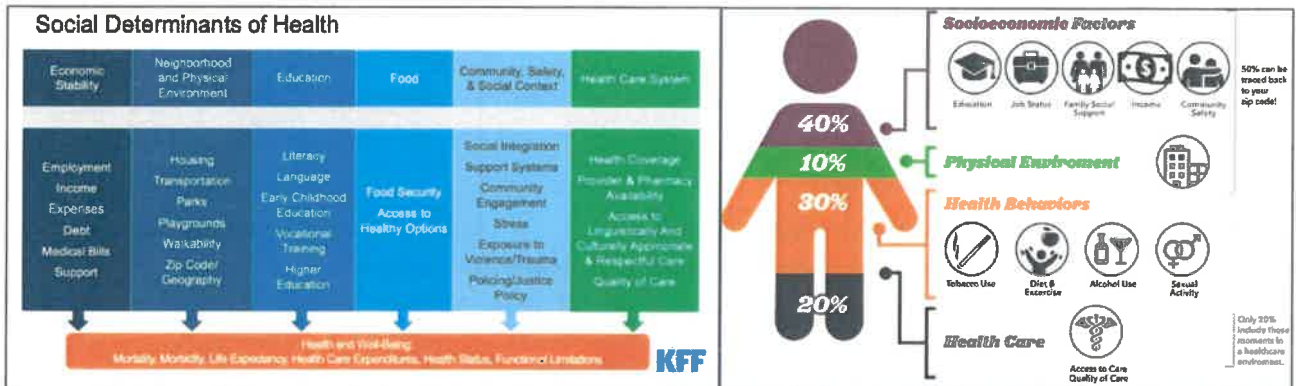


FACT SHEET

Hancock County 2021 Health Equities Report

RELEASED JANUARY 2023

THE TERM “HEALTH DISPARITY” IS used to point out stark differences in individual or community level health. Health is referring to all health aspects, mental, physical, and emotional.



Source: <https://noahhelps.org/sdoh/>

Does Hancock County, Ohio Have Any Disparities?

When looking at what disparities are present in Hancock County, 9/12 (75%) categories show a significant difference between census tracts. Below are the categories in order of the greatest noted difference to the least:

- Percent of residents living below the poverty line:** Census tract 9.02 has 35.50% of residents living below the federal poverty line. Census tract 9.01 had the next highest percent with 20.4%, followed by census tract 1 with 19.4%. The lowest was in census tract 3.01 at 2.10%.
- Percent of residents spending 30% or more of their income on housing or rent:** Census tract 9.02 has 39.52% of residents spending 30% or more of their income on housing or rent. Census tract 2 had the next highest percent with 29.54%. The lowest percent was in census tract 12 at 11.68%.
- High School graduation rate:** Census tract 9.01 has the lowest high school graduation rate of 83.90%. The highest was in both census tracts 2 and 3.01 at 96.40%.
- Percent of residents participating in food assistance programs:** 26.70% of residents in census tract 9.02 participate in a food assistance program (e.g., food stamps, SNAP). The next highest participation rate was seen in census tract 9.01 with 18.0%. The lowest participation was in census tract 2 at 1.30%.
- Age-adjusted mortality rate:** The highest age-adjusted mortality rate was in census tract 9.02 at 6,069.99 deaths per 100,000 population. The lowest rate was in census tract 3.02 at 2,150.17 deaths per 100,000 population.
- Percent of residents that are unemployed:** The highest unemployment rate was in census tract 9.02 with 9.00% of residents being unemployed. Census tract 9.01 saw the next highest unemployment rate at 6.30%. The lowest rate was in census tract 3.01 with 0.60%.
- Age at Death:** The lowest average age at death was in census tract 9.02 at 62.83-years. The highest average age at death was in census tract 2 at 82.41-years.
- Median household income:** Census tract 9.02 has the lowest median household income of \$29,652. The next lowest income was seen in census tract 5 with \$39,597. The highest was in census tract 3.01 at \$88,250.
- Percent of residents with access to a broadband internet service:** Census tract 1 had the lowest percent of residents with access to a broadband internet service, at 78.40% of residents.

Poverty Rate in Hancock County, Ohio by Census Tract

Poverty Rate

2.10% - 3.01	8.50% - 13	10.50% - 11	20.40% - 9.01
3.50% - 3.02	9.00% - 7	11.40% - 4	35.50% - 9.02
5.90% - 2	9.30% - 6	11.50% - 5	
7.70% - 10 & 12	9.50% - 8	19.40% - 1	

Source: USCB, United States Census Bureau Ohio Poverty by Municipality, Boundary and data from Quarterly Map and OpenStreetMap Contributor (CC-BY-SA) © <https://www.openstreetmap.org> and contributors

Map Author: Jessica Givler, MPH, CDC EpiCenter Insight Supporting Hancock Public Health

07/21/2021

- ### Top 5 Census Tracts Affected by Disparities

- ### Actions to Reduce Identified Health Disparities?

- | Census Tract | Income | Percent Poverty | Percent Unemployment | High School Graduation | Higher Education Graduation | Food Assistance Program Participation | Percent Uninsured | Average Age at Death | Age-Adjusted Mortality Rate | Spending 30% of Income | Access to Internet | Percent Disabled | Total Score |
|--------------|--------|-----------------|----------------------|------------------------|-----------------------------|---------------------------------------|-------------------|----------------------|-----------------------------|------------------------|--------------------|------------------|-------------|
| 9.01 | 4 | 2 | 2 | 1 | 4 | 2 | 5 | 3 | 1 | 3 | 5 | 8 | 40 |
| 9.02 | 1 | 1 | 1 | 11 | 6 | 1 | 1 | 1 | 5 | 15 | 8 | 6 | 57 |
| 5 | 2 | 4 | 10 | 4 | 3 | 5 | 7 | 4 | 6 | 9 | 10 | 5 | 69 |
| 6 | 3 | 8 | 6 | 2 | 2 | 3 | 7 | 11 | 10 | 13 | 9 | 1 | 75 |
| 8 | 5 | 7 | 5 | 3 | 9 | 6 | 4 | 2 | 2 | 10 | 13 | 11 | 77 |
| 1 | 6 | 3 | 12 | 8 | 1 | 7 | 10 | 13 | 12 | 12 | 1 | 3 | 88 |
| 10 | 7 | 11 | 3 | 5 | 10 | 10 | 1 | 6 | 11 | 6 | 14 | 12 | 96 |
| 11 | 9 | 6 | 10 | 9 | 11 | 4 | 6 | 7 | 13 | 11 | 6 | 4 | 96 |
| 13 | 12 | 10 | 8 | 10 | 8 | 9 | 11 | 8 | 4 | 2 | 4 | 15 | 101 |
| 12 | 11 | 11 | 4 | 11 | 5 | 11 | 12 | 9 | 14 | 1 | 7 | 7 | 103 |
| 4 | 8 | 5 | 13 | 6 | 13 | 14 | 3 | 14 | 7 | 8 | 15 | 9 | 115 |
| 3.02 | 13 | 14 | 9 | 7 | 7 | 11 | 9 | 5 | 15 | 4 | 12 | 14 | 120 |
| 3.01 | 15 | 15 | 15 | 14 | 12 | 13 | 15 | 10 | 3 | 7 | 2 | 2 | 123 |
| 7 | 14 | 9 | 14 | 13 | 15 | 8 | 13 | 12 | 9 | 5 | 3 | 10 | 125 |
| 2 | 10 | 13 | 7 | 14 | 14 | 15 | 14 | 15 | 8 | 14 | 11 | 13 | 148 |