

2022 Hancock County ADAMHS Annual Ethics Training

Revitalizing Social Workers Through Self-Care

GENERAL PRACTICE

Friday, December 9, 2022

9:00 a.m. – 12:15 p.m.

In-Person Training Only

Marathon Center for the Performing Arts, 200 W. Main Cross. St., Findlay, OH 45840

This training will provide three (3) CEUs which will meet the ethics requirement of the Ohio Counselor, Social Worker, and Marriage and Family Therapist Board. CEUs are provided through Family Resource Center.

SUMMARY:

Self-care among social work practitioners is often talked about, yet rarely encouraged or utilized in the field. During this session, participants will learn about the self-care additions in the NASW Code of Ethics, impact of practitioner burnout, how self-care can improve interactions with clients, and strategies to use to improve their self-care. The intent is for participants to leave with a greater understanding, knowledge, and tools to practice self-care both professionally and personally, which will enhance their performance in the field and in life.

OBJECTIVES:

1. Identify the 2021 self-care additions to the NASW Code of Ethics.
2. Demonstrate an understanding of the impact of practitioner burnout.
3. Demonstrate an understanding of self-care on practitioners and how it positively affects interactions with clients and client systems.
4. Apply self-care strategies both in and out of the office.

PRESENTER:

Angela A. Carriker, MSSA, LISW-S
Assistant Clinical Professor
Bowling Green State University

**This training is provided free to participants on behalf of the
Hancock County Board of Alcohol, Drug Addiction and Mental Health Services.**

2022 Hancock County ADAMHS Annual Ethics Training

Self-Care in Supervision: Is it Really Necessary?

SUPERVISION

Friday, December 9, 2022

1:00 – 4:15 p.m.

In-Person Training Only

Marathon Center for the Performing Arts, 200 W. Main Cross. St., Findlay, OH 45840

This training will provide three (3) CEUs which meet the ethics requirement of the Ohio Counselor, Social Worker, and Marriage and Family Therapist Board. CEUs are provided through Family Resource Center.

SUMMARY:

Supervision often focuses on administrative tasks, discussions of productivity, cases conceptualizations, and schedules. But what about discussions of self-care for practitioners? During this session, supervisors will learn about the benefits to discussing self-care in supervision, the benefits to having staff that practice self-care, and how to encourage supervisees to practice self-care. The intent is for participants to leave with a greater understanding, knowledge, and tools to making self-care a natural part of their supervision.

OBJECTIVES:

1. Identify the benefits of self-care discussions in supervision.
2. Acknowledge the importance and necessity for supervising staff that engage in regular self-care practices.
3. Apply strategies that encourage self-care in your staff.

PRESENTERS:

Angela A. Carriker, MSSA, LISW-S
Assistant Clinical Professor
Bowling Green State University

**This training is provided free to participants on behalf of the
Hancock County Board of Alcohol, Drug Addiction and Mental Health Services.**