hancock county opioid & addictions task force

Committee Chairs Meeting Report Meeting Date: October 17, 2022 Meeting Time: 1:00-2:30p.m.

Meeting Location: ADAMHS Office

Committee Members:

From A Community Position on the Value of Life in Hancock County

As a community, we embrace these truths:

- 1. No person is expendable.
- 2. Addiction is a chronic disease of the brain.
- Each member of our family serves as the best hope for ending this crisis.
- 4. Prevention and treatment work, and recovery is real.

When we speak this common language, we break down barriers and allow our community to heal. (2/21/17)

>	Debra Parker Chair The University of Findlay	>	Mark Miller Community Awareness Ohio Third District Court of Appeals	>	Carla Benjamin Community Awareness Welcome to a New Life
>	Stefan Adams Community Awareness (Education) Findlay City Schools		Rick Van Mooy Community Awareness (Education) Hancock County Schools	>	Michael Pepple Legislative Hancock County Commissioner
>	Dr. William Kose Medical Blanchard Valley Health System	>	Gary Bright Medical Hancock Public Health	>	Jamie Decker Peers Hancock Public Health

Invited Guests/Staff:

>	Zach Thomas	>	Precia Stuby	>	Jennifer Swartzlander
	Ann Woolum ADAMHS Chair		Jim Darrach ADAMHS Vice-Chair	>	Jodi Firsdon Hancock County Community
	Taylor Coote Hancock County Community Partnership Vice-Chair	>	John Malacos Strategic Planning Facilitator	>	Partnership Chair Mark Rimelspach ADAMHS

DISCUSSION:

- 1. **Guiding Principles** A draft Guiding Principles document, developed by a small workgroup, was offered for deliberation. The Guiding Principles will create a framework for the Task Force/Committees to determine how to effectively plan and implement strategies to address substance use disorder in Hancock County.
- 2. **Infrastructure** As part of the Strategic Planning process, the Chairs will also determine if the current leadership structure and by-laws may need to be modified to reflect the work of the Task Force.

NEXT STEPS:

 To assist in setting direction of the Task Force, it was decided that each Committee (Community Awareness, Legislative, Medical) will be surveyed to ask its members for feedback on purpose, scope, and direction of the Committee. This feedback will then be taken back to the next Strategic Planning meeting to finalize the Guiding Principles.

NEXT MEETING:

Monday, December 12, 2022 9:00-10:30 a.m. ADAMHS Office

hancock county community partnership

The Community Partnership believes that if substance use prevention and mental health promotion strategies are implemented, then the overall health and quality of life in Hancock County will be improved.

Council Meeting Report

Date: October 18, 2022, 9:00-10:30 a.m.

Location: ADAMHS Office

Representatives (Attendees in **BOLD**)

SECTOR	REPRESENTATIVE
BUSINESS	
CIVIC/VOLUNTEER GROUP	Kim Hiett (50 North), Taylor Coote, Vice-Chair (United Way)
GOVERNMENT AGENCY	Shawn Carpenter (Juvenile Court)
HEALTHCARE PROFESSIONAL	Gary Bright (HPH), Jenn Reese (BVHS)
LAW ENFORCEMENT	Brian White (FPD)
MEDIA	Mary Jane Yarris (Retired)
OTHER ORGANIZATION	Triena Miller (JFS), Erin Mitchell (Lutheran Social Services), Claire Osborne (FOCUS)
PARENT	Sharona Bishop (Hancock Public Health)
RELIGIOUS/FRATERNAL ORGANIZATION	Debra Pees-Arce (St. Andrew's UMC)
RECOVERY PEER	Abbie Acord (Peer Support Advisory Board)
SCHOOL	Stefan Adams (FCS), Jodi Firsdon, Chair (UF), Angie Toland (ESC)
YOUNG ADULT 18-25	
YOUTH	Hope Salyers
YOUTH SERVING ORGANIZATION	Stacy Shaw (CMC), Chris Biltz (FRC), Abby Blanchard (FRC)
BOARD/GUESTS	Ann Woolum (ADAMHS Vice-Chair), Jim Darrach (ADAMHS Vice-Chair), Mark Rimelspach (ADAMHS), Debra Parker (UF), Paige Craft, Jessica Halsey, Karen Wood, Jessica Kickel
STAFF	Zach Thomas, Steve Dillon

FY23 HCCP Focus – Connection.

FY23 HCCP Goal – Create healthy behaviors, individuals, and communities.

FY23 HCCP Prevention Priorities – Delay onset; protect the brain; protective and promotive factors; support the family; deliver services in the community.

DISCUSSION:

- 1. OHYES! Presentation Jessica Kickel, Ohio Department of Mental Health & Addiction Services (OMHAS). The Partnership Council is considering collecting additional youth data to inform its prevention initiatives. Currently, youth data is only collected every three years through the Community Health Assessment. Due to the pandemic, youth data was not collected in 2021, and will result in a gap of six years between when data was collected in 2018 and the next collection process in 2024. The OHYES! survey is a free youth survey managed through OMHAS, that can be administered at a more frequent rate, including yearly. The survey collects data on both mental health and substance use issues. Jessical Kickel provided a thorough overview of the OHYES! survey to assist the Partnership Council in determining the most appropriate way to increase data collection efforts. A workgroup will be established to explore more deeply this opportunity, determine advantages and disadvantages of the OHYES! survey, and provide recommendations to the Partnership Council.
- 2. HIPS Program Needs Jessica Halsey, Hancock Public Health. Jessica Halsey, manager of the HIPS Program, provided a report to the Partnership Council on needs to bring the program up to date. The HIPS trailer needs brake repair (\$800-1400), new/updated paraphernalia (\$200). The Partnership Council is committed to financially supporting the HIPS Program (see Actions Items).

3. **DFC Grant Considerations.** The DFC (Drug Free Communities) Grant is a federal program that provides up to ten years of funding (\$125,000/year) to support coalition work in substance use prevention strategies. Although the Community Partnership is well suited for such a grant, there has been reservation in applying for the grant due to the limitations is can place on a coalition in its scope of practice. In working with Brandeis (evaluator for ADAMHS federal grants) it has been suggested that the Community Partnership explore the DFC grant more fully. Later in October, ADAMHS staff will meet with Brandeis staff to discuss the DFC grant and bring recommendations back to the Partnership Council's November meeting.

ACTION ITEMS:

- 1. Sharona Bishop motion to approve September 2022 meeting report. Stefan Adams second. Motion carried.
- 2. Taylor Coote motion to award \$2000 to Hancock Public Health to support HIPS Program updates. Abbie Accord second. Motion carried.

FOR NEXT MEETING:

- 1. Report of recommendations from OHYES! Workgoup.
- 2. Report of recommendations from DFC discovery meeting.
- 3. Review of 2023-2024 Prevention & Wellness Grant Program.
- 4. Strategizing promotion of adolescent brain development education.
- 5. Updates on Suicide Prevention strategic plan.

CONSIDERATION FOR NEXT MEETING:

- 1. Updates on Opioid & Addictions Task Force Strategic planning.
- 2. Youth Thrive for Youth.

NEXT MEETING:

Tuesday, November 15, 2022 9:00-10:30 a.m. ADAMHS Office

Hancock County Community Partnership Workplan – Fiscal Years 2023-2028

The Hancock County Community Partnership has made a commitment to advancing the Youth Thrive Protective and Promotive Factor Model. This model emphasizes the importance of understanding adolescent brain development; building strong social connections; providing concrete supports in times of need; increasing social, emotional, and cognitive competence, and strengthening youth resilience. All strategies employed and or supported by the Partnership are evaluated through the Model to ensure the protective and promotive factors are continuously reinforced.

Strategic Imperative	Tactics	Anticipated Outcomes	Target Audience
Creating Connections Between Youth and Trusted Adults	 Prevention & Wellness Program Community-Based Toolkit 	Youth Thrive PPF: -Concrete Supports -Social Connections -Youth Resilience	YouthAdults
Promotion of Positive, Healthy, Alternative Activities	 Provide scholarships to attend activities HIPS – Include meals Community Dinners/Millstream Café/Family Dinner Vouchers Strengthening Families 	Youth Thrive PPF: -Social Connections -Youth Resilience -Cognitive and Social- Emotional Competence	YouthFamilies
Altering Your Mind Can Change Your Life	 Community-based education opportunities CSSP/Youth Thrive Video about adolescent brain development Presentations at school sports/PTO/open house meetings HIPS – Include education regarding adolescent brain development 	Youth Thrive PPF: -Knowledge of Adolescent Brain - Development -Cognitive and Social- Emotional Competence Increased awareness and understanding of adolescent brain development	 Youth Families School-based groups (coaches/teach ers)
Data Collection	Implement OHYES Survey	 Increased youth- based data accessible to HCCP for planning purposes 	Youth

OHIO SUICIDE PREVENTION FOUNDATION

Bullying & Suicide Prevention

Bullying and its often-tragic consequences have made headlines for years. But bullying is nothing new. In fact, bullying is as old as mankind itself. Still, researchers have only been delving into bullying and its effects for the better part of the past 40 years.

So, what is bullying? How does it contribute to mental health issues and suicide among our youth? Most importantly, what can be done to stop it? Keep reading to find out.

Bullying: A Definition

There is no single definition of bullying, however, most agree on one thing: Bullying is intended to harm. Here's how the PACER Center, a non-profit organization dedicated to helping educators and families of young people with disabilities, defines it:

Bullying is an intentional behavior that hurts, harms, or humiliates a student, either physically or emotionally, and can happen while at school, in the community, or online."1

Consequences of Bullying

Research shows that bullying increases the likelihood of mental health issues, substance misuse, poor school performance, and suicide. While the media and others typically focus on bullying victims, any student involved in bullying – perpetrator, victim, or witness – is at an increased risk for negative outcomes, including depression and anxiety. There's even evidence to suggest that those who have both bullied others and been bullied themselves are at the highest risk for suicide-related behavior.

Fast Facts Bullying in Ohio

According to the Ohio Healthy Youth Environments Survey of 35,000+ students in grades 7-12, nearly one-third say they experienced bullying during the 2019-2020 school year. 2 Compare that to the national average of 1 in 4 students, 3 and it's easy to see why Ohio's students are more likely to be the victims of bullying than their out-of-state peers.

In addition, of those surveyed in Ohio, 31.8% reported some being subjected to some type of bullying, including:

- Cyberbullying (6%)
- Violence or theft (7%)
- Being the subject of rumors, taunting, or social exclusion (42%)

Perpetuating the idea that suicide is a natural response to bullying not only normalizes suicide, it can also lead to a copycat response.

Suicide and Bullying: A Complex Relationship

When a young person dies by suicide, everyone wants to understand what happened. But when bullying is identified as a culprit, it's not only doing a disservice to the victim and their family, it also doesn't take into consideration the interwoven web of factors that contribute to youth suicide. Further, it promotes a false and dangerous perception that suicide is the only way out of a bullying situation.

The truth is, most students who are involved in bullying do not die by suicide. Yes, bullying should be investigated as a potential contributor. But other factors, including poverty, abuse, discrimination, death of a loved one, and loss of relationships also should be considered.⁵

How Reducing Bullying Can Help Prevent Suicide

Because bullying is a risk factor for suicide, communities that address bullying also support youth suicide prevention. Here's how:

- Schools can promote inclusivity and kindness, helping students feel safe and supported.
- Parents can model healthy problem solving and conflict management skills.

Peers can stand up to bullies and offer help to anyone involved in bullying – including the bully.

Learn what else you can do to reduce bullying and prevent suicide:

- PACER Center: pacer.org/bullving
- U.S. Department of Health and Human Services: stopbullying.gov
- CDC Strategies: cdc.gov/healthyyouth/protective/pdf/connectedness.pdf
- Youth mental health and wellness: BePresentOhio.org

References

 National Bullying Prevention Center. "How is bullying defined? Questions answered.".

Accessed 14 September 2022

Ohio Healthy Youth
 Environments Survey.
 "OHYES! entire state report for 2019-2020."

Accessed 14 September 2022

 CDC. "Youth Risk Behavior Surveillance – United States, 2019."

Accessed 14 September

 CDC. "The relationship between bullying and suicide: what we know and what it means for schools."

> Accessed 14 September 2022

 CDC, "Risk and protective factors." https://www. cdc.gov/suicide/factors/ index.html. Accessed 14 September 2022.

ABOUT OHIO SUICIDE PREVENTION FOUNDATION

OSPF gives hope to those in crisis, strength to those in the struggle, and comfort to those in grief. OSPF is a non-profit organization that works tirelessly to help all of Ohio's communities reduce the risk of suicide. Our work includes supporting those impacted by suicide, raising awareness of mental health issues, and coordinating community resources and evidence-based prevention strategies across the state.



(614) 429-1528 / OhioSPF.org















Key Infrastructure Investments

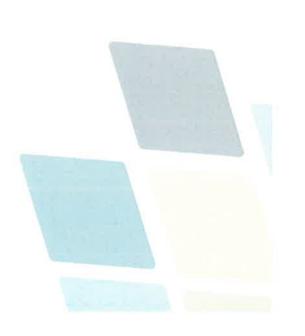
Chief Medical Officer Role

Rapid Access & Centralized Scheduling

Just In Time Scheduling

Data Utilization

Compliance & Training Departments

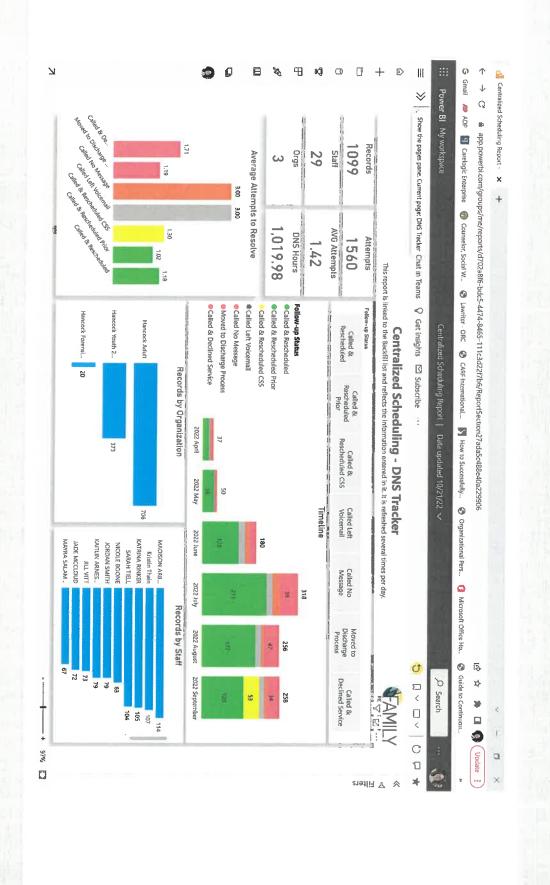




Open Access & Centralized Scheduling

- Open Access continues at the following locations
- Findlay
- Lima
- Sidney
- St Marys
- Standardized Open Access times across the organization go into effect 10/31 and times will be:
- Monday, Wednesday, Friday 9:30 11:30 AM
- Tuesday and Thursday 2:30 3:30 PM
- This standardization allows us to maximize capacity of tele counseling options
- Centralized Scheduling is a client focused practice that allows rapid response to changing client needs & helps to reduce no show rates
- Support clinicians by removing administrative burdens
- Added new role, CSS, Client Support Specialists who work with non engaged clients and managing provider case loads.
- Technology & data advancements with "Backfill List"





Just In Time Scheduling

- Clients call in to schedule their medical appointment as their current 3-5 calendar days from when they call prescription is coming to an end. They are provided an appointment
- Allows for more immediate access for new psychiatric evaluation appointments.
- Helping to reduce no show rates
- Opportunities are provided for those who do not call for appointment and/or miss appointment for walk in clinic times



Compliance & Training Departments

- Addition of Director of Training and Director of Quality & Compliance
- Enhanced emphasis on improving onboarding and training process to improve retention
- Training plans
- Standardizing training process
- Compliance currently focused on upcoming CARF accreditation technology platforms that support virtual waiting rooms for telehealth clients. preparation, annual policy and procedural review, advancement of



Data Driven Decision Making

P Edit M So Copy link

Performance Review - Abigail Yates



Review Metrics

Remote



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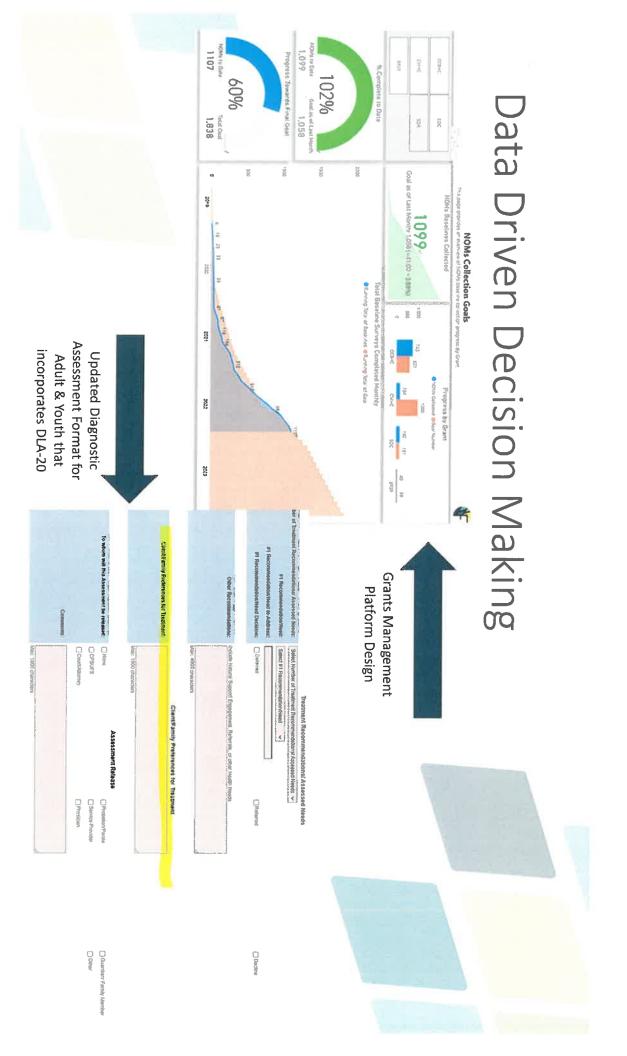
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mechanisms related CARF Streamlined tracking Standards & other Compliance items



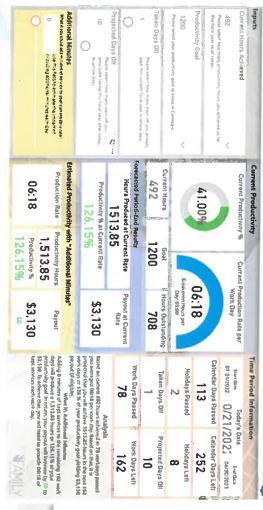
tracking for individual staff Performance Dashboard





Data Driven Decision Making

Productivity Calculator





Productivity Calculators

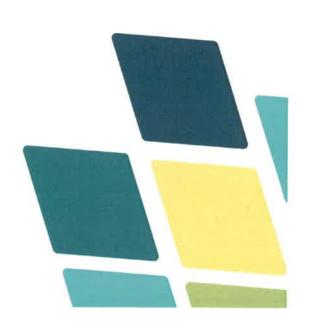
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Quarterly Reporting: Peer Reviews Conducted



Questions

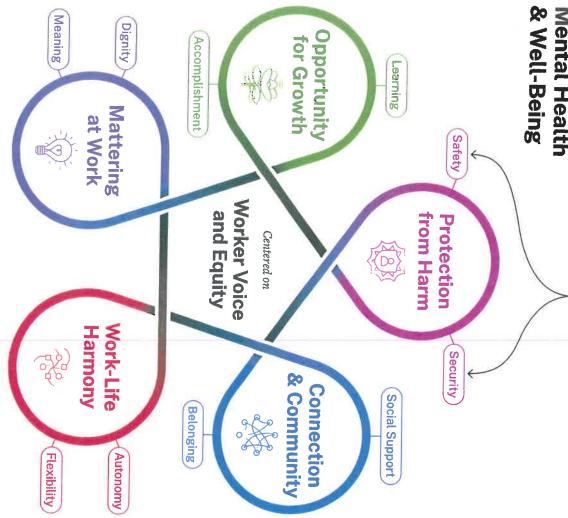




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for Workplace **Five Essentials** Mental Health

grounded in two human needs, shared across industries and roles. support workplaces as engines of well-being. Each Essential is Centered on the worker voice and equity, these five Essentials



Components

can help reimagine workplaces as engines of well-being. Creating a plan with all workers to enact these components

Protection from Harm

- Prioritize workplace physical and psychological safety
- Enable adequate rest
- Normalize and support mental health
- Operationalize DEIA* norms, policies, and programs

Connection & Community

- Create cultures of inclusion and belonging
- Cultivate trusted relationships
- Foster collaboration and teamwork

Work-Life Harmony

- Provide more autonomy over how work is done
- Make schedules as flexible and predictable as possible
- Increase access to paid leave
- Respect boundaries between work and non-work time

Mattering at Work

- Provide a living wage
- Engage workers in workplace decisions
- Build a culture of gratitude and recognition
- Connect individual work with organizational mission

Opportunity for Growth

- Offer quality training, education, and mentoring
- Foster clear, equitable pathways for career advancement
- Ensure relevant, reciprocal feedback

*Diversity, Equity, Inclusion & Accessibility



U.S. Surgeon General