Date Approved: 10 - 25- 2022 Presiding Officer: Com Woolum

Hancock County ADAMHS Board Meeting Minutes

Meeting Date: September 27, 2022 Meeting Time: 3:30 p.m. – 4:00 p.m. Meeting Location: Blanchard Valley Center – 1700 East Sandusky Street Recorder: Cheryl Preston

Board Member Attendance:

X	Ann Woolum, Board Chair		Brandon Daniels	X	Rosalie King
Х	Jim Darrach, Vice Chair		Mary Beth Dillon	X	Cheryl Lentz
X	Melanie Aldobaiki	Х	John Drymon		Greg Meyers
Х	Dave Beach		Rick Eakin	×	Susan Pancake
	Susan Bunn	X	Josh Eberle	X	Mark Rimelspach
Х	Seth Butler	X	Rachael Helms	X	Jim Stahl

Guests Attending:

X	Precia Stuby	X	Rob Verhoff
X	Jennifer Swartzlander	X	Zach Thomas
X	Cheryl Preston	Х	Jen Loera
X	Deb Twining	Х	John Malacos

Ann Woolum, Board Chair called the meeting to order at 3:30 p.m.

PROGRAM

No program due to Board retreat following meeting.

CHAIRPERSON'S REPORT

Ann referenced the Opioid and Addictions Task Force Outcome Chart; Precia noted no changes since last month and pointed out that suicides have surpassed last year's numbers.

Mayor Meeting Report of September 14, 2022 – Ann shared items discussed at the meeting including how we fall into the city strategic planning process, priorities for the OneOhio funding, housing services, and the award of the System of Care grant.

DIRECTOR'S REPORT

Follow-up items from the August Board meeting: Precia thanked the volunteers for working at the Board's fair booth.

Precia thanked Jennifer and the rest of the Board staff for hosting Dr. Flaherty last week when she became ill suddenly and was unable to be in the office. Several constructive meetings were held during his visit.

CORRESPONDENCE

- 1. Ohio Association of County Behavioral Authorities sent notification to begin collecting for the Political Action Committee (PAC). John Drymon will be moving it forward through the Governance Committee.
- 2. Notification was received from the Ohio Mental Health and Addiction Services of the additional award of \$35,196 for Recovery Housing Program fees.
- 3. Notice from the Chair of Nami Hancock County that Brittany Schindler, Director of Youth Engagement has resigned for a new position in Toledo; she will contract with the Agency while her replacement is secured. Eric McKee is on an extended leave.
- 4. The Ohio Association of County Behavioral Health Authorities award of \$1,500 was received for recognition week for first responders.
- 5. Notice from Brooke Nissen that the pending SAMHSA grant was not approved. FOCUS will need \$67,000 to make up the difference. There were 13 awards in the country: none of them in Ohio.

APPROVAL OF CONSENT AGENDA

- To approve the August 23, 2022, Board Meeting Minutes
- To approve the Allocations Committee Meeting Report of September 14, 2022
- To approve the Governance Committee Meeting Report of September 21, 2022
- To approve the Finance Committee Meeting Report of September 21, 2022, and the Agency Financial Picture

Jim Stahl moved to accept all items on the consent agenda. John Drymon seconded the motion. No further discussion. Motion carried.

ACTION ITEMS BROUGHT FROM COMMITTEE

- To approve entering into a FY '23 Contract in the amount of \$258,126.61 with FOCUS. This amount reflects the 9-month contract. Ann Woolum called for a vote. No questions; no further discussion. All were in favor. Motion passed.
- To approve entering into a FY '23 Contract in the amount of \$2,101,072 with Family Resource Center. This amount reflects the 9-month contract; they have not heard if the LEAD grant will be funded. Ann Woolum called for a vote. No questions; no further discussion. All were in favor. Motion passed.
- To approve revisions to the Board Travel Reimbursement Policy, moving to a per diem reimbursement for out of state travel. Ann Woolum called for a vote. No questions; no further discussion. All were in favor. Motion passed.
- To approve the August 2022 Board financial statements. Ann Woolum called for a vote. No questions; no further discussion. All were in favor. Motion passed.

John Bindas thanked the Board for working with the Agency and supporting them for the community.

ACTION ITEMS BROUGHT TO THE BOARD

None

INFORMATION REPORTS

- Community Partnership Meeting Report of September 20, 2022
- Hancock County Opioid and Addictions Task Force Meeting Report of September 21, 2022
- ROSC Leadership Committee Meeting Report of September 22, 2022
- Ohio Suicide Prevention Foundation: Seniors and Older Adults: Tips for Preventing Suicide

AGENCY/PUBLIC COMMENT

Jen Loera thanked the Board for allowing Blanchard Valley Hospital to meet with Dr. Flaherty last week during his visit. His suggestions are helping the MOMS program.

POSITIVE ACTION

Precia shared the success that is happening with the faith-based community because of Jennifer's efforts to build collaboration with the group including providing leaders tools and ideas on how to engage, talk about and understand addiction and suicide. The networks are progressing forward.

Ann shared about Precia's editorial that was in Monday's edition of *The Courier*.

FOLLOW-UP NEEDED:

Last month the Board approved adding mass shootings to the strategic plan and that has been revised on the ROSC placemat.

Susan Pancake noted the article in The Courier last week featuring Dr. Flaherty's visit.

The memorial for David Scruggs and Cayla Fortman is almost complete, staff is working with Feasel's as to when the best time is to plant the tree. A letter will be sent to Cayla's husband once the tree is planted and the plaque is in place.

The next Board meeting will be October 25, 2022.

Jim Drymon made a motion to adjourn the meeting. Jim Stahl seconded. The meeting was adjourned at 4:00 p.m.

Board Retreat: Immediately following the Board meeting. The meeting will be facilitated by John Malacos; a detailed discussion will take place on the Community Partnership, Opioid and Addictions Task Force and ROSC Leadership reports and how they are all related to the Board

Program Committee Meeting Report

Meeting Date: October 12, 2022 Meeting Time: 4:01 p.m.- 5:22 p.m. Meeting Location: Board Office Recorder: Jennifer Swartzlander

Committee Members:

	Brandon Daniels, Committee Chair	X	Susan Pancake, Committee Vice Chair
	Cheryl Lentz	X	Rosalie King
X	Susan Bunn	X	Rachael Helms
Х	Dave Beach		

Board Members:

x Ann Woo	lum, Board Chair	X	Jim Darrach, Board Vice Chair
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Invited Staff:

x Precia Stuby	Zach Thomas	x Jennifer Swartzlander	

Items Discussed:

- System of Care (SOC) 2.0 Grant Overview Precia reminded the group that on September 29, 2022, we finished the fourth year of the first System of Care grant. The second application was awarded and began on September 30th. The second grant will primarily sustain the activities of the first grant. The new grant activities are increasing youth and family voice (i.e. Youth Move, The Loft, feedback loop, and parent advisory council). The grant will work on the right-sizing capacity which includes increasing and attracting workforce, additional training of the workforce. The strategic plan for first SOC identified the need for services for 8– 14-year-old youth, children of veterans, kids at risk for out of home placement, and youth suicide risk. Focus on health equity through the Delegation and collaboration with the library on You Belong campaign for youth. More participation with the mobile health clinic. The grant will be 1 million per year for 4 years.
- 2. LEAD 2.0 Grant Overview Precia shared that the LEAD grant was renewed for 1 million for 3 years. The prior LEAD grant was \$600,000 for 3 years. The prior LEAD grant ended on Sept 29th. LEAD is a street outreach team that receives referrals from law enforcement, concerned citizens, and organizations. The outreach team makes contact to divert/keep out of the criminal justice system. The new grant will maintain and expand capacity by including work with area universities' Criminal Justice majors to do a paid internship. Those interns could provide programming to youth who are involved with schools (Handle with Care).
- 3. NAMI Update Precia reminded the group that Eric McKee and Brittany Schindler resigned from NAMI (this was announced at the last Board meeting). That is half of NAMI's staff. They named Lianna Gott as interim director. The NAMI Board reached out to Precia to discuss their staffing situation. As a reminder, during allocation time, NAMI only requested half-time for Eric as he

donated half of his time as a volunteer. NAMI Board asked if ADAMHS would cover full-time ED. Precia indicated that a license is not required to do the support and education that NAMI provides, and the Board might consider this as they fill positions. Regarding full-time of ED, Precia indicated she is willing to be an advocate with ADAMHS Board once a budget is developed and the new staff is recruited. This would be a shared risk but without a budget, Precia can't present a request to the ADAMHS Board. Precia asked them to provide the request of what is needed this fiscal year and for next year.

- SOR 2.0 Grant Summary A written grant summary was provided for the grant year that ended September 29th. Jennifer highlighted the disparity work that is happening at Habitat's Financial Opportunity Center.
- 5. SOR 3.0 Grant Application SOR has been renamed to Federal State Opiate and Stimulants Response (SOS) grant. Agencies have submitted their budget requests for a total of \$1,495,000. Hancock County was guaranteed at total of \$781,000 from OhioMHAS. Precia shared the staff's proposed strategy of stripping back requests to staff and necessities (no vehicles, training, conferences, etc.). This will allow staff to provide 4-6 months of funding for the agencies and watch what happens to the state to see if more money has become available. Precia and Jennifer shared that historically from SOR more funding becomes available throughout the year. The committee discussed the plan and asked questions. The committee agreed to this strategy.
- 6. See Something. Say Something Initiative Precia shared that there is no question that there have been complaints about our system. Precia called a meeting of Executive Directors to say we must make sure there is confidence in each other and our system. In the past, we put the ownership of the client to reach out to the agency they were frustrated with. Now agencies will encourage the client to reach out AND contact the agency as well to raise concerns. Each agency (BVH, FRC, Focus, Ohio Guidestone, Hancock Public Health, and NAMI) has provided a point person for this purpose. During this meeting the agencies agreed to 3 things 1. Agency contact for concerns (as described above) 2. Midmanagement calls monthly to improve communication, share updates, and resolve concerns. 3. Video on each agency that outlines what it looks like to get help at their agency. Brandon Daniels will take the lead on this and work with Media Class at FHS.

Action Items: NA

To-Do List: NA

Governance Committee Meeting Report

Meeting Date: October 19, 2022 Meeting Time: 8:00 a.m. – 9:30 a.m. Meeting Location: Board Office, 438 Carnahan Avenue Recorder: Precia Stuby

Committee Members Attending:

X	John Drymon, Committee Chair	x	Jim Stahl
	Mary Beth Dillon, Committee Vice Chair	х	Seth Butler
	Melanie Aldobaiki		

Board Members Attending:

X	Ann Woolum, Board Chair	x Jim Darrach, Board Vice Chair	
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Invited Staff Attending:

	x Precia Stub	у						
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Items Discussed:

- Board Meeting Evaluation Results for August 2022 and Board Retreat Survey Overall the evaluations for both the Board meeting and the retreat were positive. There was a recommendation that in the future when a meal is served, staff seek information on any dietary restrictions.
- 2. Capital Plan Update -Precia shared her impression of the tour of the space that will come available at Blanchard Valley Center. She has requested further information related to square footage. In addition, she will be preparing a formal request to the state for a waiver on the capital funds.
- 3. Student Intern Draft Policy The policy was reviewed and there was a recommendation to seek the opinion of the Board's attorney before approving.
- 4. Grant Engineering Update Precia shared the progress that Cheryl has been making in developing the grant process for the Board office. It has been divided into four major categories: submission of a grant application; accepting the grant award; grant monitoring; and the closing of a grant. It is anticipated that it will take another six months to formalize the processes.
- 5. Workforce Development Update Precia shared she will be meeting with the Finance Committee to discuss retention efforts.
- 6. Political Action Committee The Committee discussed the request from the Board Association.
- 7. Peer Certification Review Precia shared a copy of the review. There were no findings and no recommendations for improvement.

Action Items: None

To Do List:

- 1. Staff will request dietary restrictions for any future meetings where a meal is served.
- John Drymon will approach Board members individually regarding the contribution to the Political Action Committee.

Finance Committee Meeting Report

Meeting Date: October 19, 2022 Meeting Time: 3:40 p.m. – 5:10 p.m. Meeting Location: Board Office, 438 Carnahan Avenue Recorder: Rob Verhoff/Precia Stuby

Committee Members Attending:

X	Greg Meyers, Comm. Chair	X	Josh Eberle, Comm. Vice- Chair	Rick Eakin
X	Mark Rimelspach			

Invited Board Leadership Attending:

Invited Staff Attending:

Items Discussed:

- 1. Review of Account Fund Balance and Board Financial Statements for September 2022. No issues identified.
- 2. Review of Accounts with Executive Director Spending Authority. No issues identified.
- 3. Agency Financial Report August 2022 report was reviewed. No issues identified.
- 4. Update on Board Insurance Coverage The Board's property insurance deductible was increased from \$2,500 to \$5,000 which lowered the premium by \$1,285. The Board has not had any claims in the last five years. The Board's IT provider, RCR Technology Group, stated via email that the Board's exposure to ransomware is very limited and a possible ransom payment is even more limited as downtime would be less than a day.
- 5. FFY'23 BJA LEAD 2.0 Notice of Award Family Resource Center will be awarded \$264,099 for the 1st year of the BJA LEAD 2.0 grant and Brandeis University will be awarded \$150,000 for the entire 3-year grant (\$50,000 per year).
- 6. Workforce Retention Update Precia discussed the recommendation of the Governance Committee in relationship to workforce retention of Board employees.

Action Items:

1. A motion was made by Josh Eberle and seconded by Mark Rimelspach to approve the September 2022 Board Financial Statements as presented. Motion carried.

To Do List:

- 1. Board staff will contact UIS Insurance about cyber insurance options, specifically raising our deductible as high as possible.
- 2. Precia will draft a plan related to workforce retention of Board employees to be shared with the Board Chair and Vice Chair.

From A Community Position on the Value of Life in Hancock County

hancock county opioid & addictions task force

Committee Chairs Meeting Report

Meeting Date: October 17, 2022 Meeting Time: 1:00-2:30p.m. Meeting Location: ADAMHS Office

As a community, we embrace these truths:

- 1. No person is expendable.
- 2. Addiction is a chronic disease of the brain.
- 3. Each member of our family serves as the best hope for ending this crisis.
- 4. Prevention and treatment work, and recovery is real.

When we speak this common language, we break down barriers and allow our community to heal. (2/21/17)

Committee Members:

>	Debra Parker <i>Chair</i> The University of Findlay	>	Mark Miller <i>Community Awareness</i> Ohio Third District Court of Appeals	>	Carla Benjamin <i>Community Awareness</i> Welcome to a New Life
>	Stefan Adams Community Awareness (Education) Findlay City Schools		Rick Van Mooy Community Awareness (Education) Hancock County Schools	>	Michael Pepple Legislative Hancock County Commissioner
>	Dr. William Kose Medical Blanchard Valley Health System	>	Gary Bright <i>Medical</i> Hancock Public Health	>	Jamie Decker Peers Hancock Public Health

Invited Guests/Staff:

>	Zach Thomas	>	Precia Stuby	>	Jennifer Swartzlander
	Ann Woolum		Jim Darrach		Jodi Firsdon
	ADAMHS Chair		ADAMHS Vice-Chair	>	Hancock County Community Partnership Chair
	Taylor Coote Hancock County Community Partnership Vice-Chair	>	John Malacos Strategic Planning Facilitator	>	Mark Rimelspach ADAMHS

DISCUSSION:

- 1. **Guiding Principles** A draft Guiding Principles document, developed by a small workgroup, was offered for deliberation. The Guiding Principles will create a framework for the Task Force/Committees to determine how to effectively plan and implement strategies to address substance use disorder in Hancock County.
- 2. Infrastructure As part of the Strategic Planning process, the Chairs will also determine if the current leadership structure and by-laws may need to be modified to reflect the work of the Task Force.

NEXT STEPS:

 To assist in setting direction of the Task Force, it was decided that each Committee (Community Awareness, Legislative, Medical) will be surveyed to ask its members for feedback on purpose, scope, and direction of the Committee. This feedback will then be taken back to the next Strategic Planning meeting to finalize the Guiding Principles.

NEXT MEETING:

Monday, December 12, 2022 9:00-10:30 a.m. ADAMHS Office

hancock county community partnership

The Community Partnership believes that if substance use prevention and mental health promotion strategies are implemented, then the overall health and quality of life in Hancock County will be improved.

Council Meeting Report Date: October 18, 2022, 9:00-10:30 a.m. Location: ADAMHS Office

Representatives (Attendees in **BOLD**)

SECTOR	REPRESENTATIVE
BUSINESS	
CIVIC/VOLUNTEER GROUP	Kim Hiett (50 North), Taylor Coote, Vice-Chair (United Way)
GOVERNMENT AGENCY	Shawn Carpenter (Juvenile Court)
HEALTHCARE PROFESSIONAL	Gary Bright (HPH), Jenn Reese (BVHS)
LAW ENFORCEMENT	Brian White (FPD)
MEDIA	Mary Jane Yarris (Retired)
OTHER ORGANIZATION	Triena Miller (JFS), Erin Mitchell (Lutheran Social Services), Claire Osborne (FOCUS)
PARENT	Sharona Bishop (Hancock Public Health)
RELIGIOUS/FRATERNAL ORGANIZATION	Debra Pees-Arce (St. Andrew's UMC)
RECOVERY PEER	Abbie Acord (Peer Support Advisory Board)
SCHOOL	Stefan Adams (FCS), Jodi Firsdon, Chair (UF), Angie Toland (ESC)
YOUNG ADULT 18-25	
YOUTH	Hope Salyers
YOUTH SERVING ORGANIZATION	Stacy Shaw (CMC), Chris Biltz (FRC), Abby Blanchard (FRC)
BOARD/GUESTS	Ann Woolum (ADAMHS Vice-Chair), Jim Darrach (ADAMHS Vice-Chair), <u>Mark Rimelspach</u> (ADAMHS), Debra Parker (UF), <u>Paige Craft, Jessica Halsey, Karen Wood, Jessica Kickel</u>
STAFF	Zach Thomas, Steve Dillon

FY23 HCCP Focus – Connection.

FY23 HCCP Goal – Create healthy behaviors, individuals, and communities.

FY23 HCCP Prevention Priorities – Delay onset; protect the brain; protective and promotive factors; support the family; deliver services in the community.

DISCUSSION:

- 1. OHYES! Presentation Jessica Kickel, Ohio Department of Mental Health & Addiction Services (OMHAS). The Partnership Council is considering collecting additional youth data to inform its prevention initiatives. Currently, youth data is only collected every three years through the Community Health Assessment. Due to the pandemic, youth data was not collected in 2021, and will result in a gap of six years between when data was collected in 2018 and the next collection process in 2024. The OHYES! survey is a free youth survey managed through OMHAS, that can be administered at a more frequent rate, including yearly. The survey collects data on both mental health and substance use issues. Jessical Kickel provided a thorough overview of the OHYES! survey to assist the Partnership Council in determining the most appropriate way to increase data collection efforts. A workgroup will be established to explore more deeply this opportunity, determine advantages and disadvantages of the OHYES! survey, and provide recommendations to the Partnership Council.
- HIPS Program Needs Jessica Halsey, Hancock Public Health. Jessica Halsey, manager of the HIPS Program, provided a report to the Partnership Council on needs to bring the program up to date. The HIPS trailer needs brake repair (\$800-1400), new/updated paraphernalia (\$200). The Partnership Council is committed to financially supporting the HIPS Program (see Actions Items).

3. **DFC Grant Considerations.** The DFC (Drug Free Communities) Grant is a federal program that provides up to ten years of funding (\$125,000/year) to support coalition work in substance use prevention strategies. Although the Community Partnership is well suited for such a grant, there has been reservation in applying for the grant due to the limitations is can place on a coalition in its scope of practice. In working with Brandeis (evaluator for ADAMHS federal grants) it has been suggested that the Community Partnership explore the DFC grant more fully. Later in October, ADAMHS staff will meet with Brandeis staff to discuss the DFC grant and bring recommendations back to the Partnership Council's November meeting.

ACTION ITEMS:

- 1. Sharona Bishop motion to approve September 2022 meeting report. Stefan Adams second. Motion carried.
- Taylor Coote motion to award \$2000 to Hancock Public Health to support HIPS Program updates. Abbie Accord – second. Motion carried.

FOR NEXT MEETING:

- 1. Report of recommendations from OHYES! Workgoup.
- 2. Report of recommendations from DFC discovery meeting.
- 3. Review of 2023-2024 Prevention & Wellness Grant Program.
- 4. Strategizing promotion of adolescent brain development education.
- 5. Updates on Suicide Prevention strategic plan.

CONSIDERATION FOR NEXT MEETING:

- 1. Updates on Opioid & Addictions Task Force Strategic planning.
- 2. Youth Thrive for Youth.

NEXT MEETING:

Tuesday, November 15, 2022 9:00-10:30 a.m. ADAMHS Office

Hancock County Community Partnership Workplan – Fiscal Years 2023-2028

The Hancock County Community Partnership has made a commitment to advancing the Youth Thrive Protective and Promotive Factor Model. This model emphasizes the importance of understanding adolescent brain development; building strong social connections; providing concrete supports in times of need; increasing social, emotional, and cognitive competence, and strengthening youth resilience. All strategies employed and or supported by the Partnership are evaluated through the Model to ensure the protective and promotive factors are continuously reinforced.

Strategic Imperative	Tactics	Anticipated Outcomes	Target Audience
Creating Connections Between Youth and Trusted Adults	 Prevention & Wellness Program Community-Based Toolkit 	Youth Thrive PPF: -Concrete Supports -Social Connections -Youth Resilience	YouthAdults
Promotion of Positive, Healthy, Alternative Activities	 Provide scholarships to attend activities HIPS – Include meals Community Dinners/Millstream Café/Family Dinner Vouchers Strengthening Families 	Youth Thrive PPF: -Social Connections -Youth Resilience -Cognitive and Social- Emotional Competence	YouthFamilies
Altering Your Mind Can Change Your Life	 Community-based education opportunities CSSP/Youth Thrive Video about adolescent brain development Presentations at school sports/PTO/open house meetings HIPS – Include education regarding adolescent brain development 	Youth Thrive PPF: -Knowledge of Adolescent Brain - Development -Cognitive and Social- Emotional Competence Increased awareness and understanding of adolescent brain development	 Youth Families School-based groups (coaches/teach ers)
Data Collection	Implement OHYES Survey	 Increased youth- based data accessible to HCCP for planning purposes 	Youth

OHIO SUICIDE PREVENTION FOUNDATION

Bullying & Suicide Prevention

Bullying and its often-tragic consequences have made headlines for years. But bullying is nothing new. In fact, bullying is as old as mankind itself. Still, researchers have only been delving into bullying and its effects for the better part of the past 40 years.

So, what is bullying? How does it contribute to mental health issues and suicide among our youth? Most importantly, what can be done to stop it? Keep reading to find out.

Bullying: A Definition

There is no single definition of bullying, however, most agree on one thing: Bullying is intended to harm. Here's how the PACER Center, a non-profit organization dedicated to helping educators and families of young people with disabilities, defines it:

Bullying is an intentional behavior that hurts, harms, or humiliates a student, either physically or emotionally, and can happen while at school, in the community, or online."¹

Consequences of Bullying

Research shows that bullying increases the likelihood of mental health issues, substance misuse, poor school performance, and suicide. While the media and others typically focus on bullying victims, any student involved in bullying – perpetrator, victim, or witness – is at an increased risk for negative outcomes, including depression and anxiety.⁴ There's even evidence to suggest that those who have both bullied others and been bullied themselves are at the highest risk for suicide-related behavior.⁴

Fast Facts: Bullying in Ohio

According to the Ohio Healthy Youth Environments Survey of 35,000+ students in grades 7-12, nearly one-third say they experienced bullying during the 2019-2020 school year.2 Compare that to the national average of 1 in 4 students,3 and it's easy to see why Ohio's students are more likely to be the victims of bullying than their out-ofstate peers.

In addition, of those surveyed in Ohio, 31.8% reported some being subjected to some type of bullying, including:

- Cyberbullying (6%)
- Violence or theft (7%)
- Being the subject of rumors, taunting, or social exclusion (42%)

Perpetuating the idea that suicide is a natural response to bullying not only normalizes suicide, it can also lead to a copycat response.

Suicide and Bullying: A Complex Relationship

When a young person dies by suicide, everyone wants to understand what happened. But when bullying is identified as a culprit, it's not only doing a disservice to the victim and their family, it also doesn't take into consideration the interwoven web of factors that contribute to youth suicide. Further, it promotes a false and dangerous perception that suicide is the only way out of a bullying situation.

The truth is, most students who are involved in bullying do not die by suicide. Yes, bullying should be investigated as a potential contributor. But other factors, including poverty, abuse, discrimination, death of a loved one, and loss of relationships also should be considered.⁵

How Reducing Bullying Can Help Prevent Suicide

Because bullying is a risk factor for suicide, communities that address bullying also support youth suicide prevention. Here's how:

- Schools can promote inclusivity and kindness, helping students feel safe and supported.
- Parents can model healthy problem solving and conflict management skills.

Peers can stand up to bullies and offer help to anyone involved in bullying – including the bully.

Learn what else you can do to reduce bullying and prevent suicide:

- PACER Center: pacer.org/bullying
- U.S. Department of Health and Human Services: stopbullying.gov
- CDC Strategies: cdc.gov/healthyyouth/protective/pdf/connectedness.pdf
- Youth mental health and wellness: <u>BePresentOhio.org</u>

References

 National Bullying Prevention Center. "How is bullying defined? Questions answered.".

Accessed 14 September 2022.

 Ohio Healthy Youth Environments Survey.
 "OHYES! entire state report for 2019-2020."

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 CDC. "Youth Risk Behavior Surveillance – United States, 2019."

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 CDC. "The relationship between bullying and suicide: what we know and what it means for schools."

Accessed 14 September 2022

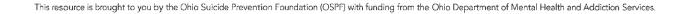
5. CDC. "Risk and protective factors." https://www. cdc.gov/suicide/factors/ index.html. Accessed 14 September 2022.

ABOUT OHIO SUICIDE PREVENTION FOUNDATION

OSPF gives hope to those in crisis, strength to those in the struggle, and comfort to those in grief. OSPF is a non-profit organization that works tirelessly to help all of Ohio's communities reduce the risk of suicide. Our work includes supporting those impacted by suicide, raising awareness of mental health issues, and coordinating community resources and evidence-based prevention strategies across the state.



(614) 429-1528 / OhioSPF.org











Key Infrastructure Investments

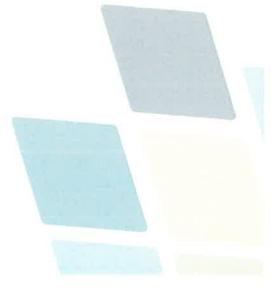
Chief Medical Officer Role

Rapid Access & Centralized Scheduling

Just In Time Scheduling

Data Utilization

Compliance & Training Departments





Open Access & Centralized Scheduling

- Open Access continues at the following locations
- Findlay
- Lima
- Sidney
- St Marys
- Standardized Open Access times across the organization go into effect 10/31 and times will be:
- Monday, Wednesday, Friday 9:30 11:30 AM
- Tuesday and Thursday 2:30 3:30 PM
- This standardization allows us to maximize capacity of tele counseling options
- Centralized Scheduling is a client focused practice that allows rapid response to changing client needs & helps to reduce no show rates
- Support clinicians by removing administrative burdens
- Added new role, CSS, Client Support Specialists who work with non engaged clients and managing provider case loads.
- Technology & data advancements with "Backfill List"



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Just In Time Scheduling

- Clients call in to schedule their medical appointment as their current 3-5 calendar days from when they call prescription is coming to an end. They are provided an appointment
- Allows for more immediate access for new psychiatric evaluation appointments.
- Helping to reduce no show rates
- Opportunities are provided for those who do not call for appointment and/or miss appointment for walk in clinic times



Compliance & Training Departments

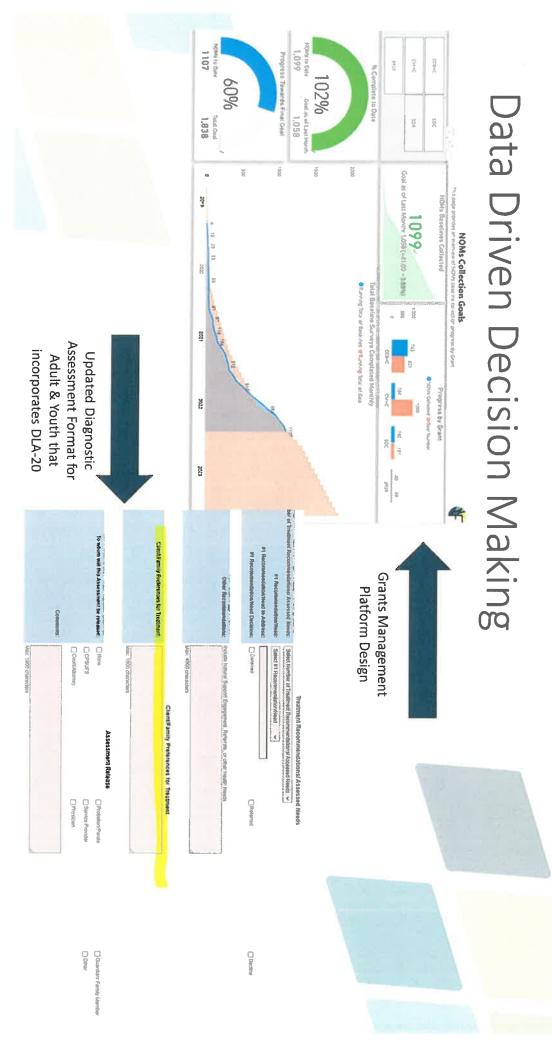
- Addition of Director of Training and Director of Quality & Compliance
- Enhanced emphasis on improving onboarding and training process to improve retention
- Training plans
- Standardizing training process
- Compliance currently focused on upcoming CARF accreditation technology platforms that support virtual waiting rooms for telehealth clients. preparation, annual policy and procedural review, advancement of



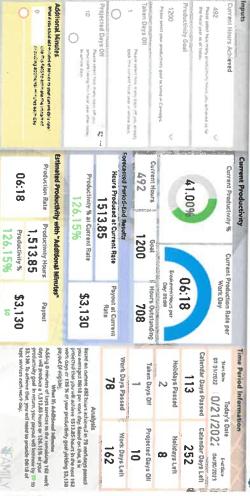
Data Driven Decision Making

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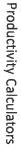


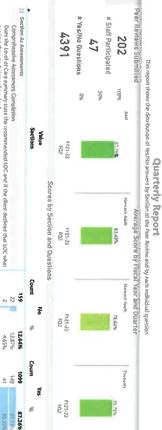
Productivity Calculator Data Driven Decision Making

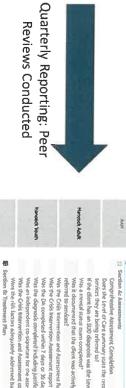












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Wes it documented that the client was actively involved in making decisions whether or not they were referred to services?
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Scores by Section and Duestions
FY25-22 FQ2
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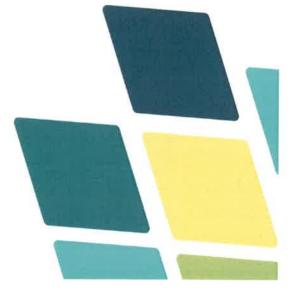




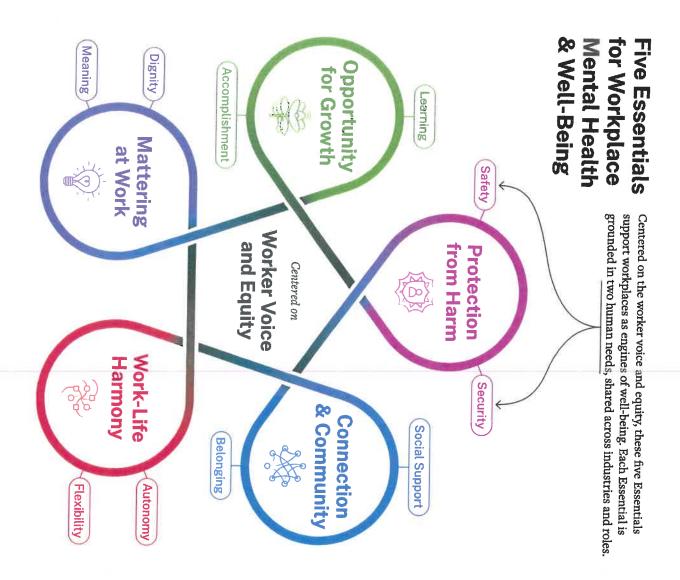








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Components

Creating a plan with all workers to enact these components can help reimagine workplaces as engines of well-being.

Protection from Harm

- Prioritize workplace physical and psychological safety
- Enable adequate rest
- Normalize and support mental health
- Operationalize DEIA* norms, policies, and programs

Connection & Community

- Create cultures of inclusion and belonging
- Cultivate trusted relationships
 Foster collaboration and teamwork

Work-Life Harmony

- Provide more autonomy over how work is done
- Make schedules as flexible and predictable as possible
- Increase access to paid leave
- Respect boundaries between work and non-work time

Mattering at Work

- Provide a living wage
- Engage workers in workplace decisions
- Build a culture of gratitude and recognition
- Connect individual work with organizational mission

Opportunity for Growth

- Offer quality training, education, and mentoring
- Foster clear, equitable pathways for career advancement
- Ensure relevant, reciprocal feedback

*Diversity, Equity, Inclusion & Accessibility

