

Date Approved: 8-23-2022
Presiding Officer: Ann Woolum

Hancock County ADAMHS Board Meeting Minutes

Meeting Date: June 21, 2022

Meeting Time: 3:32 p.m. – 4:43 p.m.

Meeting Location: Blanchard Valley Center – 1700 East Sandusky Street

Recorder: Cheryl Preston

Board Member Attendance:

x	Mark Rimelspach, Board Chair	x	John Drymon	x	Greg Meyers
x	Ann Woolum, Vice Chair		Rick Eakin	x	Susan Pancake
x	Susan Bunn	x	Josh Eberle	x	Sarah Sisser
	Brandon Daniels		Rachael Helms	x	Jim Stahl
x	Jim Darrach	x	Rosalie King	x	Dale Warnecke
	Mary Beth Dillon	x	Cheryl Lentz		

Guests Attending:

x	Precia Stuby	x	Rob Verhoff		
x	Jennifer Swartzlander	x	John Bindas		
x	Cheryl Preston	x	Derek Puchta		
x	Deb Twining				

Mark Rimelspach, Board Chair called the meeting to order at 3:32 p.m.

PROGRAM

Precia took this time in the meeting to review the 5.7-million-dollar FY 23 Allocations Summary (mega motion), noting for new Board members the importance of the process of the distribution of Board funds for the FY 23 contracting year. She reviewed each contract and purpose of the contract. She noted any significant changes in contracts from last year; we will not have a Brookside agreement with Family Resource Center due to the closing of the group home.

A discussion regarding the \$832,209 deficit took place explaining that Rob has to build the budget based on the numbers that are definite; funds come in through state, federal and local grants throughout the year making the deficit smaller. With the approval of the replacement levy we will see an increase in funds. It was noted that there was deficit of \$921,628 last year and the Board ended \$423,000 under budget; once the contracts are signed the total amount has to be encumbered but is not always used. Rob will give an update of the projected budget versus actuals in January. When the mega motion is approved, later in the meeting, FY 23 contracts will be approved and then Board staff will follow through with signatures.

CHAIRPERSON'S REPORT

Family Resource Center Chair Meeting Report of June 9, 2022: Mark shared the following items that were discussed: the financial position and contract utilization, as well as the FY '23 allocation package. An update on the Agency capital project was also shared.

Board Retreat: a short Board meeting will take place on September 27, 2022 followed by a Board retreat 3:30 – 8:00 p.m. More details to follow in August.

Memorial for David Scruggs and Cayla Fortman: after weighing in on all the suggestions to honor them it is recommended that a bench and/or a tree be placed at The Steady Path in memory of David and Cayla in an amount not to exceed \$500.

The 2nd annual Camp Fun was held on June 18, 2022. There were 23 children in attendance (8 attended last year). They participated in archery, crafts, nature walk, and working with miniature horses.

The State Opioid Conference was held and attended by 6 people including those from Family Resource Center, Board members and Hancock Public Health.

Precia thanked Rosalie for attending the State Opioid conference and thanked Racheal Helms for her time at Camp Fun.

DIRECTOR'S REPORT

Follow-up items from the May Board meeting: None

Youth Thrive will have a train the trainer session on July 19-21. The state department will be sending 2 people to attend.

Precia will be attending the Deflection and Pre-arrest Diversion Training Summit in Chicago on August 2- 5. Expenses will be paid for by a grant. Staff from the police and sheriff's department were also invited to attend.

CORRESPONDENCE

1. The reappointment of Jim Darrach was received from the Ohio Mental Health and Addiction Services on June 13, 2022.

Precia shared that she will be out of the office for her son's wedding and vacation until after the 4th of July.

APPROVAL OF CONSENT AGENDA

- To approve the Levy Committee Report of April 4, 2022
- To approve the Levy Committee Report of April 18, 2022
- To approve the Levy Committee Report of May 2, 2022
- To approve the April 26, 2022, Board Meeting Minutes
- To approve the Allocations Committee Meeting Report of May 11, 2022
- To approve the Finance Committee Meeting Report of May 18, 2022, and the Agency Financial Picture

John Drymon moved to accept all items on the consent agenda. Greg Meyers seconded the motion. No further discussion. Motion carried.

ACTION ITEMS BROUGHT FROM COMMITTEE

- To approve name/contact changes and remote work revisions to the Board Disaster and Continuity of Operation Plan Policy. **Mark Rimelspach called for a vote. No questions; no further discussion. All were in favor. Motion passed.**
- To approve cancelling the July Committee meetings and Board meeting. **Mark Rimelspach called for a vote. No questions; no further discussion. All were in favor. Motion passed.**
- To approve the May 2022 Board financial statements. **Mark Rimelspach called for a vote. No questions; no further discussion. All were in favor. Motion passed.**
- To approve Family Resource Center apply costs associated to the Hancock County Enrollment (\$215,819) and call center (\$109,977) to their FY 22 grant expenditures. **Mark Rimelspach called for a vote. No questions; no further discussion. All were in favor. Motion passed.**
- To approve entering into a contract with M&B Asphalt Company, Inc. to remove existing asphalt, grade and pave the Board's parking lot in an amount not to exceed \$34,250. **Mark Rimelspach called for a vote. No questions; no further discussion. All were in favor. Motion passed.**

ACTION ITEMS BROUGHT TO THE BOARD

- Approval of the FY '23 Contracts mega motion. **John Drymon moved to approve the Mega motion as presented. Jim Stahl seconded the motion. No further discussion. Motion carried.**
- Approval to purchase a memorial bench and/or tree to be placed at The Steady Path in memory of David Scruggs and Cayla Fortman; not to exceed \$500. **Sarah Sisser moved to approve the purchase. John Drymon seconded. Motion carried.**
- Mark asked for the report from the Selection Committee. Josh Eberle presented the slate before the Board. Ann Woolum, Chair; Jim Darrach, Vice-Chair. Hearing no nominations from the floor, Mark asked for a motion and a second to close the nominations. **John Drymon moved to close the nominations. Rosalie King seconded. Motion carried.** Mark asked for a motion and a second to accept the slate as presented. **Josh Eberle moved to accept the slate as presented. Cheryl Lentz seconded. Motion carried.**

Mark took this time in the meeting to recognize each Board staff member for the work they do individually and what is accomplished at the Board. He shared that he has learned a lot during his time as Board Chair and thanked Board staff for their support in his role.

Ann thanked everyone for their hard work and is appreciative of their confidence as incoming Board Chair and is looking forward to serving in that capacity.

INFORMATION REPORTS

- Hancock County Opioid and Addictions Task Force Meeting Report of June 13, 2022
- Community Partnership Meeting Report of June 21, 2022
- Ohio Suicide Prevention Foundation: The Coalition Approach to Suicide Prevention

Board Member Recognitions

Precia recognized Dale Warnecke for completing a full term on the Board, also serving as the Finance Committee Chair. She shared that he was always prepared and understands the accounting aspect of the Board. He was gifted with a clock as a symbol of the time he gave to the Board. Dale shared that the 7 years on the Board was interesting.

Sarah Sisser was recognized for completing 2 terms on the Board even through a lot of personal changes and challenges, Sarah saw the ROSC process and the recovery home process, including the MOMS home for pregnant women. Sarah shared that she learned much about human nature and herself during her time on the Board. Sarah's contribution and caring heart was honored with a picture of a llama.

Precia recognized Mark Rimelspach for his 2nd and final term as Board Chair. Mark navigated and served during the unprecedented time of the pandemic, the unexpected loss of an Agency director, a levy campaign, and the workforce shortage. He was thanked and gifted a lamp for his kindness, levelheaded decisions, and all the hours he put into attending extra meetings. He thanked the Board and staff for all the work and support and to be able to serve alongside.

AGENCY/PUBLIC COMMENT

John Bindas thanked the Board.

POSITIVE ACTION

Zach Thomas shared that the Youth Thrive framework is being used in the development of the Hancock Youth Leadership curriculum. Brittany Schindler (Youth Programs Coordinator, NAMI) is assisting the Chamber of Commerce (the organization that leads Hancock Youth Leadership) in the development of the curriculum. This initiative was driven by a need to help address areas of concern presented by the youth in their Hancock Youth Leadership applications (e.g., anxiety, depression, bullying). The intent is that as the youth learn about protective and promotive factors in practice, they will be able to support their peers.

Precia shared that Hancock Public Health has hired a coordinator for the mobile health clinic and Dr. Kose has been hired as a part-time physician for them.

FOLLOW-UP NEEDED:

Three new Board members will be welcomed in August. A meeting will be scheduled with new Board leadership prior to the August Board meeting.

The next Board meeting will be August 23, 2022 at this same location. **The meeting was adjourned at 4:43 p.m.**

Program Committee Meeting Report

Meeting Date: August 10, 2022
Meeting Time: 4:01 p.m.- 5:37 p.m.
Meeting Location: Board Office
Recorder: Jennifer Swartzlander

Committee Members:

x	Brandon Daniels, Committee Chair	x	Susan Pancake, Committee Vice Chair
x	Cheryl Lentz		Rosalie King
x	Susan Bunn	x	Rachael Helms

Board Members:

x	Ann Woolum, Board Chair	x	Jim Darrach, Board Vice Chair
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Invited Staff:

x	Precia Stuby		Zach Thomas	x	Jennifer Swartzlander
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Guest Present: Brittany Schindler, NAMI Hancock County

Items Discussed:

1. **FY'22 4th Quarter Scorecard Review-** Jennifer reviewed the Q4 Scorecard and Agency Report Cards with the committee.
2. **Strategic Plan Priorities Update Discussion/Recommendations-** Precia reminded the Committee that in April the strategic plan update was provided. The Committee made recommendations and the Board passed a motion to make those changes. During the Board Leadership transition meeting, the question was raised about the inclusion of mass shooting education and response to the strategic plan. Dr. Flaherty is willing to complete the research. Precia shared that this was done after the Virginia Tech shooting. It included working with schools regarding the safety of school buildings, the education of students on social emotional learning and the implementation of TAM (threat assessment management). Now shootings have gone well beyond schools. The Committee asked where the priority would go on the strategic plan. Precia is suggesting in the Intervention column (blue column).
3. **Hancock Cares Expansion (Juvenile Court) and Request from CASA-** Precia shared that there is a Board policy that the Executive Director can act outside of policy and then report back to the Board. Hancock Cares program provides up to 8 individual therapy sessions to our behavioral health and county partners workforce. The Board had added common pleas and municipal court probation to this program for FY 23. It was brought to Precia's attention that Juvenile Court probation was not included. Precia spoke to Mark and added Juvenile Court to the Hancock Cares program. Precia amended the contract following policy and speaking to the Board chair. In addition, CASA requested to be included in the Hancock Cares program. Precia shared that CASA is now going through a transition and will become a hybrid program under the Juvenile Court. Precia

recommended waiting to see what the agency format looks like and until their new director is hired.

4. **Community Health Assessment Summary/Findings-** Precia shared that the Affordable Care Act requires local hospitals to do health assessments every 3 years. Hancock County completes one health assessment every 3 years and is a collaborative between ADAMHS, Blanchard Valley Hospital, Hancock Public Health, and The Community Foundation. The 2021 results were just released. The next step will be to complete the CHIP (Community Health Improvement Plan) across all community partners. The CHIP meetings will start next month. Precia extracted the MH/SUD information and provided it to the Committee.
5. **FOCUS/Family Resource Center Allocations Update-** Precia reminded the Committee that FOCUS and FRC contracts are extended until the end of September. As a result, next month the Committee will go through the proposal packages. It was agreed to schedule a second Allocation Committee meeting in case it is needed to complete the process.
6. **OneOhio Update-** OneOhio is the settlement money from the drug company manufacturing opiates. The funds have started to come in. Funds are going to the state, the region, and local city and county governments. The Commissioners and the Mayor each received their first installments. For the Regional fund, there is a regional board represented by Commissioner Pepple of Hancock County. The region must take the request to the state board for approval. The strategy was to set a structure and all lawsuits settled (regardless of timing) will go through the structure. A nonprofit Foundation is being created to invest the funds to keep earning interest in perpetuity. Precia indicated she is advocating that the funds would be designated for programming consistent with the ADAMHS' strategic plan. It has been requested for the funds to be allowed for capital use due to so few dollars allowed for capital needs.
7. **SOR 3.0 Grant Discussion-** The State Opiate Response (SOR) grant is the federal money to respond to the opiate epidemic. They have expanded the grant focus to opiates and stimulants. Ohio Department of Mental Health and Addiction Services will hear about the recent funding request by the end of September. Precia encouraged the Committee to share any needed services needed for opiates and stimulants in preparation for requesting these funds. Precia shared that a sobering center is one service the ADAMHS staff have identified. This would be a place for individuals to safely come down from psychosis/inebriation.

Action Items:

Susan Bunn motioned to add a strategic plan priority on mass shootings around community best practices. Cheryl Lentz seconded the motion. Motion passed unanimously.

To-Do List:

1. Board staff will schedule a second Allocations Committee meeting for September in case it is needed to review the FOCUS and FRC allocation request.

Governance Committee Meeting Report

Meeting Date: August 17, 2022

Meeting Time: 8:00 a.m. – 9:26 a.m.

Meeting Location: Board Office, 438 Carnahan Avenue

Recorder: Precia Stuby

Committee Members Attending:

x	John Drymon, Committee Chair	x	Jim Stahl
x	Mary Beth Dillon, Committee Vice Chair	x	Seth Butler
x	Melanie Aldobaiki		

Board Members Attending:

x	Ann Woolum, Board Chair		Jim Darrach, Board Vice Chair
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Invited Staff Attending:

x	Precia Stuby		
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The meeting was started with introductions of the two new Board members: Seth Butler and Melanie Aldobaiki. Both were welcomed to the Committee.

Items Discussed:

1. Board Meeting Evaluation Results for June 2022 – There were no issues identified. It was recommended that a program on Harm Reduction be provided at the August Board meeting.
2. Capital Plan Update – Precia shared she did some further digging and there is an opportunity to request a waiver for a Board to receive capital funds from the Ohio Department of Mental Health and Addiction Services.
3. Final Levy Report – The final financial report was received. The budget for the levy was \$15,000; final actual expenses were \$14,177.37. The ability to run the campaign on such a tight budget was attributed to the use of social media.
4. Board Member Recruitment Update – All positions have been filled and the new members have gone through orientation and have taken their oath of office.
5. Culture of Quality Certification Review Results – The review was conducted on-site August 1st and 2nd. Although the final report has not been issued, there were no findings or recommendations shared during the exit conference. Ann was interviewed on behalf of the Board.
6. Board Bequest – Precia shared the Board received a bequest on behalf of Brian Clark in the amount of \$7,000. There was a recommendation that these funds be restricted until a specific need is identified.

7. Board Retreat Discussion – Dr. John Malacos has agreed to facilitate the retreat. There was a lengthy discussion on the content of the retreat. A decision was made to focus on updating the Board on three primary areas: The Community Partnership; The ROSC Leadership Committee; and the Opiate and Other Addictions Committee. In addition, there will be an open time set aside for any questions/issues Board members may have.
8. Dr. Flaherty Visit – Precia shared that Dr. Flaherty will be in town the week of September 20th. There was not a recommendation to set aside specific time with the Board for this visit; however, during his next visit time with the full Board will be arranged with a specific request to discuss the impact of marijuana legalization.

Action Items:

1. A motion was made by Jim Stahl and seconded by Mary Beth Dillon to recommended to the Finance Committee that the Board seek a waiver to access state capital funds. Motion carried.

To do List:

1. Board staff will ensure the bequest from Brian Clark is restricted until a specific use is identified.
2. Precia will work with Dr. Malacos to finalize plans for the retreat on September 27th.
3. Arrangements will be made for Dr. Flaherty to address the full Board on his next site visit.

Finance Committee Meeting Report

Meeting Date: August 17, 2022

Meeting Time: 3:35 p.m. – 5:29 p.m.

Meeting Location: Board Office, 438 Carnahan Avenue

Recorder: Rob Verhoff

Committee Members Attending:

X	Greg Meyers, Comm. Chair	X	Josh Eberle, Comm. Vice-Chair	X	Rick Eakin
X	Mark Rimelspach				

Invited Board Leadership Attending:

X	Ann Woolum, Board Chair	X	Jim Darrach, Board Vice Chair
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Invited Staff Attending:

X	Precia Stuby	X	Rob Verhoff	X	Deb Twining
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Items Discussed:

1. Review of Account Fund Balance and Board Financial Statements for June, 2022 and July, 2022 - No issues identified.
2. Review of Accounts with Executive Director Spending Authority – No issues identified.
3. Agency Financial Report – May, 2022 and June, 2022 reports were reviewed. No issues identified.
4. Family Resource Center FY'22 Grant Expenditures – Family Resource Centers requested additional cost in the amount of \$71,532 of allowable costs associated to the Hancock County Enrollment and Call Center for May and June, 2022 be applied to their prevention grant from the Board.
5. FY'23 Proposal Package Update – Family Resource Centers requested guidance for budgeting revenues and applying their Indirect Cost Rate to performance grants in their FY'23 Proposal Package.
6. Capital Recommendation from Governance Committee (*Tabled*)

Action Items:

1. A motion was made by Josh Eberle and seconded by Mark Rimelspach to approve the June and July, 2022 Board Financial Statements as presented. Motion carried.
2. A motion was made by Rick Eakin and seconded by Josh Eberle to approve allowing Family Resource Center to apply additional costs for May and June, 2022 (\$71,532) associated to the Hancock County Enrollment and Call Center to their FY'22 Grant Expenditures. Motion carried.

3. A motion was made by Mark Rimelspach and seconded by Josh Eberle to approve allowing Family Resource Centers to retain revenue generated beyond what is projected in the approved Board grant for FY'23. Motion carried.
4. A motion was made by Josh Eberle and seconded by Rick Eakin to allow Family Resource Centers to apply their federal Indirect Cost Rate to Board grants in their FY'23 Proposal Package. Motion carried.

To Do List:

1. Board staff will review FOCUS and Family Resource Centers' FY'23 Proposal Packages for possible duplicated funding of board dollars with federal or state funding.
2. Board staff will request Family Resource Centers include their Indirect Cost Rate application submission in their FY'23 Proposal Package.
3. The Committee will monitor and review both the revenue issue and the use of an indirect cost rate throughout the fiscal year in order to determine policy language for the Board moving forward.

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hancock county opioid & addictions task force

- For every 1 suicide fatality, there are 315 suicide ideations.
- The Task Force must prioritize workforce and creating a long-term vision (20-30-50 years?).
- Stigma is still a contributing factor to not accessing treatment for addiction.
- We must continue to reinforce/build what makes youth feel safe and secure.
- Faith-based initiatives are very important and increasing in the community.
- Attention must also be focused on transitional age youth (18-26 years old).
- There is agreement that the goal of the Task Force is to find new solutions, particularly from the community.

At the Community Meetings (September 7 & 8), participants will receive a very brief overview of the purpose and intention of the Task Force. Using a small group setting, participants will be asked to respond to a series of questions:

- What should we start doing?
- What are we doing too little of?
- What are we doing too much of?
- What should we stop doing?

Committee Chairs will be asked to sit with small groups to listen to responses and help record notes. (All data collected at the meeting will be transferred into a guiding document that will be used during the Strategic Planning Session on September 22.) Following the small group discussions, a broader conversation with the full group will take place for people to share their thoughts and/or Committee Chairs to respond and demonstrate any of the current initiatives of the Task Force.

At the Strategic Planning Session (September 22), John Malacos will facilitate a process with the Committee Chairs to develop a draft Strategic Plan. Dr. Michael Flaherty will be present as content expert. A final draft for review and adoption will be presented to the Chairs in October.

UPCOMING MEETINGS:

- Community Meeting, 9/7/22, 6:00-8:00 p.m., The D.O.C.K.
- Community Meeting, 9/8/22, 1:00-3:00 p.m., The D.O.C.K
- Strategic Planning Session, 9/21/22, 9:00 a.m. – 1:00 p.m., CCE
- Committee Chairs, October TBD

The Community Partnership believes that if substance use prevention and mental health promotion strategies are implemented, then the overall health and quality of life in Hancock County will be improved.

Council Meeting Report

Date: August 16, 2022, 9:00-10:30 a.m.

Location: ADAMHS Office

Representatives (Members Present in **BOLD**)

SECTOR	REPRESENTATIVE
BUSINESS	
CIVIC/VOLUNTEER GROUP	Kim Hiatt (50 North) , Taylor Coote, Vice-Chair (United Way)
GOVERNMENT AGENCY	Shawn Carpenter (Juvenile Court)
HEALTHCARE PROFESSIONAL	Gary Bright (HPH), Jenn Reese (BVHS)
LAW ENFORCEMENT	Brian White (FPD)
MEDIA	Mary Jane Yarris (Retired)
OTHER ORGANIZATION	Triena Miller (JFS) , Erin Mitchell (Lutheran Social Services), Claire Osborne (FOCUS)
PARENT	Sharona Bishop (Hancock Public Health)
RELIGIOUS/FRATERNAL ORGANIZATION	Debra Pees-Arce (St. Andrew's UMC)
SCHOOL	Stefan Adams (FCS), Jodi Firsdon, Chair (UF) , Angie Toland (ESC)
YOUNG ADULT 18-25	Sebastian Baker (United Way)
YOUTH	Abbyjo Howard (Arlington High School)
YOUTH SERVING ORGANIZATION	Stacy Shaw (CMC), Chris Biltz (FRC)
BOARD/GUESTS	Ann Woolum (ADAMHS Vice-Chair), Jim Darrach (ADAMHS Vice-Chair), Mark Rimelspach (ADAMHS) , Debra Parker (UF), Margaret Osborne (OMHAS), Cheryl Miller (Hancock Public Health), Abbie Accord
STAFF	Zach Thomas , Steve Dillon, Jennifer Swartzlander

FY23 HCCP Focus – Connection.

FY23 HCCP Goal – Create healthy behaviors, individuals, and communities.

FY23 HCCP Prevention Priorities – Delay onset; protect the brain; protective and promotive factors; support the family; deliver services in the community.

QUORUM was not met; action items were not able to be completed

DISCUSSION:

- Celebrations, Challenges, and Concerns:** Evidence of homelessness has increased in Findlay. The City of Findlay has convened a workgroup to address the issue and find short and long term solutions. The Affordable Housing Alliance has identified three major areas of concern that are preventing people from being securely housed: Increased homelessness as a result of multiple causes; increased rent costs; and, difficulty navigating systems that lead to securing housing (e.g. rent applications). If community members wish to connect a person experiencing homelessness to support services, the LEAD (Law Enforcement Assisted Diversion) Team at FRC can be contacted (Jordan Jarret, Jordan.Jarrett@frcohio.org) or by requesting a CIT (Crisis Intervention Team) Officer at Findlay Police Department.
- Suicide Prevention – Outcomes from July 18, 2022 Meeting; Crosswalk:** Jennifer Swartzlander reviewed the outcomes of the recent suicide prevention workgroup meeting, including a listing of potential activities to be implemented throughout Hancock County. Based on the discussion, most activities that were recommended to move forward were related to increasing awareness/education on recognizing the warning signs and risk factors of suicide, and how to respond appropriately. ADAMHS staff will condense the current listing of activities for final recommendations to the suicide prevention workgroup.

3. **Logic Model – Timeline for Strategic Imperatives; Additional Priorities from Board:** In addition to focusing on the strategic imperatives addressing delaying the onset, the ADAMHS Board has included the following objectives as part of its prevention strategies: Increasing adult prevention opportunities; increasing suicide prevention strategies; emphasizing the importance of maintaining healthy relationships; and, threat assessment (school-based, community-wide response to gun violence). The Community Partnership will be updated regularly on the progress of these additional objectives.
4. **Youth Thrive Training of Trainers; Youth Thrive 4 Youth:** In July, staff from FRC, Children’s Mentoring Connection, and ADAMHS participated in a three-day training of trainers event. The intention is to create a pool of local facilitators who can increase educational opportunities to learn about the Youth Thrive framework. There is interest and support for the Community Partnership to pursue bringing Youth Thrive for Youth training to Hancock County as a way to create youth-led ambassadors who can advocate for protective and promotive factors. Hancock Youth Leadership, Children’s Mentoring Connection, The LOFT, and Youth Move were mentioned as potential youth-focused organizations that could participate in this training.
5. **A Community Position on Legal Substances – Final Copy:** Final edit recommendations for the *Community Position* have been submitted to Cheryl Miller at Hancock Public Health. The final document is anticipated to be available to the community at the Hancock County Fair.

FOR NEXT MEETING:

1. From 8.16.22 – Approval of June 2022 Meeting Report
2. From 8.16.22 – Financial considerations for Hidden in Plain Sight; Prevention & Wellness Grants
3. From 8.16.22 – Peer Voice as Sector Representative
4. Provide a status report on the progress of the strategic imperatives listed on the current Logic Model.
5. Continue exploring opportunities to provide Youth Thrive for Youth training.
6. Complete updates to suicide prevention strategies chart.

NEXT MEETING:

Tuesday, September 20, 2022

9:00-10:30 a.m.

ADAMHS Office

OHIO SUICIDE PREVENTION FOUNDATION

Making the Life Saving Switch to 988

It's been 54 years since 911 made its debut as the universal emergency number for police, fire, and medic. Now, thanks to a Congressional mandate, there's a mental health equivalent: 988. The new 988 system, effective July 16, 2022, is a universal emergency number for people experiencing a mental health crisis, including those at risk for suicide.

Dial 988 for Direct Connection to Suicide, Mental Health Crisis Support

It's been 54 years since 911 made its debut as the universal emergency number for police, fire, and medic. Now, thanks to a Congressional mandate, there's a mental health equivalent: 988. The new 988 system, effective July 16, 2022, is a universal emergency number for people experiencing a mental health crisis, including those at risk for suicide.

While it does not replace the current hotline number (1-800-273-8255), the easy-to-remember 988 number quickly connects a caller to suicide prevention resources, and substance and mental healthcare in their local community.

Why the Need?

Emergency medical services are dispatched for only 2% of Lifeline calls. By implementing 988 Ohio can reduce the burden on law enforcement and emergency medical resources when responding to a mental health crisis, so they can better respond to other public safety needs.

Reaching More Ohioans in Crisis

Each of Ohio's 88 counties will have 988 coverage, which is essential for many Ohioans. Although more than 72,000 people in 2020¹ reached out for help via the Lifeline, the new 3-digit number will expand access to life-saving services for those in crisis.

988 is expected to dramatically reduce the call/response burden on law enforcement and emergency medical personnel, enabling them to better respond to emergency medical and related public safety concerns.

Dedicated to Crisis Support

Having a separate crisis emergency number in addition to 911 is important because only 2% of crisis calls result in the need for emergency medical services.¹

Resources

SAMHSA (Substance Abuse and Mental Health Services Administration)

<https://www.samhsa.gov/find-help/988/partner-toolkit>

OhioMHAS (Ohio Mental Health and Addiction Services)

<https://mha.ohio.gov/about-us/priorities/ohios-988-implementation>

Just the Beginnng...

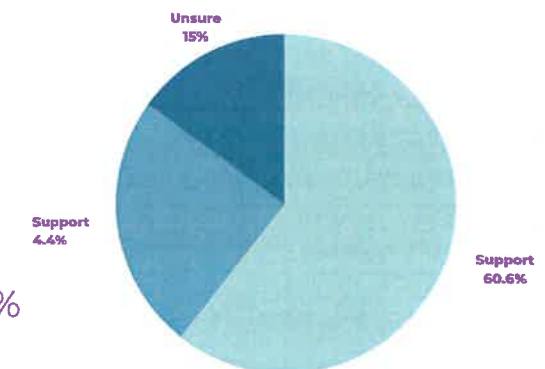
Like the other 49 states, Ohio is responsible for funding this state's 988 infrastructure, including phone lines, computer systems, staffing, and volunteer resources. For Ohio, 988 is a launchpad for the bigger, broader vision of transforming the state's behavior healthcare and crisis response

988 will be the starting point that will eventually include mobile crisis in communities, as well as crisis stabilization units for people experiencing a mental health or substance use crisis.

To fulfill the potential of 988 to transform Ohio's behavioral health care and crisis response, we have the following goals:

- Make crisis services accessible to all by establishing crisis stabilization and mobile crisis units in each county or community.
- Expand the network of National Suicide Prevention Lifeline operators to the entire state. Improve our answer rate until we answer 100% of calls in-state.
- Ensure all Lifeline providers observe best practice and training requirements.
- Create and maintain a database of available crisis referrals so Lifeline operators know who to call in each community.
- Develop and maintain data collection standards to guide improvements.
- Establish a legal and regulatory framework that creates parity between 988 and 911 capacity and operations.
- Create a sustainable funding source to achieve each of the goals outlined above.

OSPF conducted a poll with Right Point Research asking Ohioans if they would support an additional 50-cent fee on their phone bill each month to fund the state's 9-8-8 services. Of the 1,000 people polled, 60% said they would support the fee.



Ohio is working with public and private partners to create sustainable funding to support the current and future goals of 988.

References

1. National Suicide Prevention Lifeline. "Ohio and the National Suicide Prevention Lifeline 2020." <https://suicidepreventionlifeline.org/wp-content/uploads/2021/06/Ohio-Annual-State-Report-2020.pdf>. Accessed July 6, 2022.

ABOUT OHIO SUICIDE PREVENTION FOUNDATION

OSPF gives hope to those in crisis, strength to those in the struggle, and comfort to those in grief. OSPF is a non-profit organization that works tirelessly to help all of Ohio's communities reduce the risk of suicide. Our work includes supporting those impacted by suicide, raising awareness of mental health issues, and coordinating community resources and evidence-based prevention strategies across the state.



(614) 429-1528 / OhioSPF.org



OHIO SUICIDE PREVENTION FOUNDATION

Talking About Suicide: A How-To Guide for Content Creators

Content creators, including the media, wield a great deal of power: power to inform, power to influence, power to ignite. There's even a phenomenon called "media-influenced suicide contagion," which can have a profound impact on suicidal behavior.¹

That's why it's imperative for content creators to be aware of, and sensitive to, how they talk about suicide, as well as how they portray suicide's contributing factors, including mental health.

Promote Hope and Healing

Talking about suicide respectfully and compassionately is shown to go a long way toward offering hope and healing. As Canada's Centre for Addiction and Mental Health (CAMH) puts it, "being mindful of our language is not just about being politically correct; it's about saving lives."²

Changing the Way Society Addresses the Issues

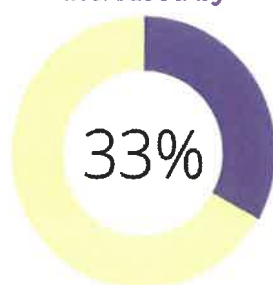
Many people have never been taught how to talk about suicide and mental health issues in ways that are supportive. Even those of us that know better, don't always do better.

When a vulnerable individual struggling with suicidal thoughts sees sensationalized headlines about a celebrity suicide, they start to believe they can do it too. The vulnerable individual then learns the method used, and understands that it works, which increases their likelihood of suicide. This is known as suicide contagion, or "copycat suicide".³

It doesn't make us bad—it makes us human.

So, if you goof and use a stigmatizing phrase, speak up and share why those words were harmful rather than helpful.

In the months following Robin Williams death in 2014, same method suicides increased by ³



Changing how we talk about suicide can help stop the stigma.

- DO tell stories of how others were supported during a crisis.
- DON'T share graphic or shocking details. Stick to non-sensational facts.
- DO use neutral, non-judgmental language ("died by suicide" vs. "committed suicide").
- DON'T depict suicide methods or locations. Keeping the information general.
- DO collaborate with local experts like OSPF to provide community and online resources.

Connect People to Help

The National Alliance on Mental Health (NAMI) says that for those considering suicide, being exposed to graphic depictions of suicide, detailed explanations of the death, or revealing the method used can change thoughts into action.³

It is also important for media to inform communities on the signs of suicide as well as what to do when they discover that a loved one is struggling with suicidal thoughts. These tips can include:

- Increased alcohol and drug use
- Aggressive behavior
- Withdrawal from friends, family and community
- Dramatic mood swings
- Impulsive or reckless behavior
- Giving away prized possessions.

Research shows that in addition to safely reporting on suicide, it is important for the media and other content creators to focus on help-seeking behavior instead.⁴ This means talking about hope and recovery and offering relevant resources like these:

9-8-8

National Suicide Prevention Lifeline – Call 24/7

741741

Crisis Text Line – Connect with a Crisis Counselor

838255

Confidential Texting – for Veterans and Their Families

If you or someone you know is struggling with suicidal thoughts, know that there is hope in help. Asking for help is a sign of bravery, not weakness. For help, reach out to any of the resources on this page.

Let's turn talk about suicide and mental health into a hopeful conversation and valuable learning experience.

References

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ABOUT OHIO SUICIDE PREVENTION FOUNDATION

OSPF gives hope to those in crisis, strength to those in the struggle, and comfort to those in grief. OSPF is a non-profit organization that works tirelessly to help all of Ohio's communities reduce the risk of suicide. Our work includes supporting those impacted by suicide, raising awareness of mental health issues, and coordinating community resources and evidence-based prevention strategies across the state.



(614) 429-1528 / [OhioSPF.org](https://ohiospf.org)

