


Screening,  
Brief Intervention &  
Referral to Treatment



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Promoting Wellness and Recovery



**Re-conceptualizing  
Our Understanding of  
Substance Use Problems  
October 20 & 21, 2014**

Stephen H. O'Neill, MA, Director of Ohio SBIRT Project

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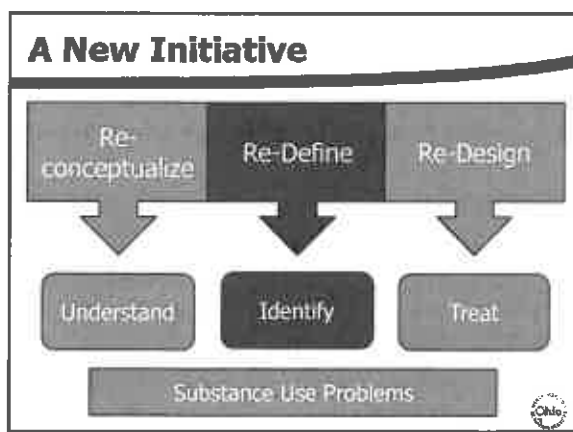
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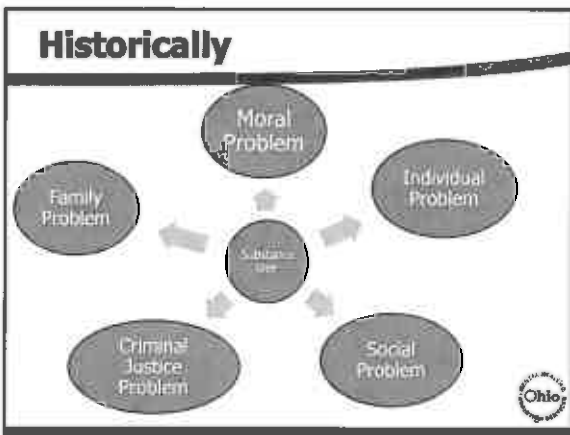
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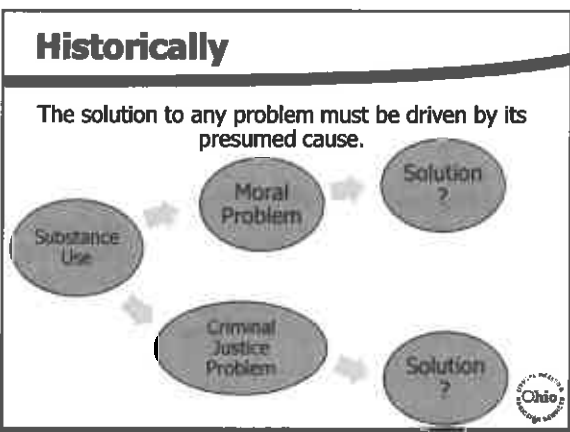
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### Substance Use Is



**A Public Health Problem**



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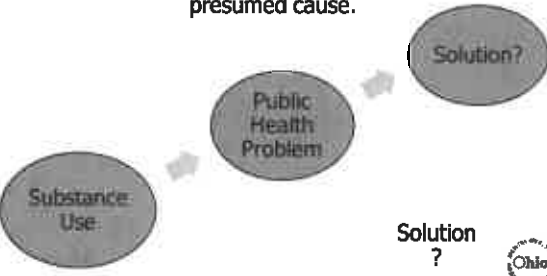
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### Historically

The solution to any problem must be driven by its presumed cause.



Substance Use → Public Health Problem → Solution?

Solution ?



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### Historically

Substance Use Services have been bifurcated, focusing on two areas only:

<b>Primary Prevention</b> Precluding or delaying Children	<b>Tertiary Treatment</b> Time, cost, labor intensive Acutely or Chronically Ill
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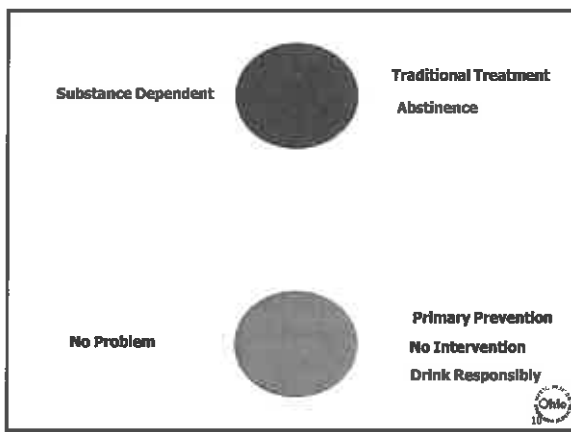
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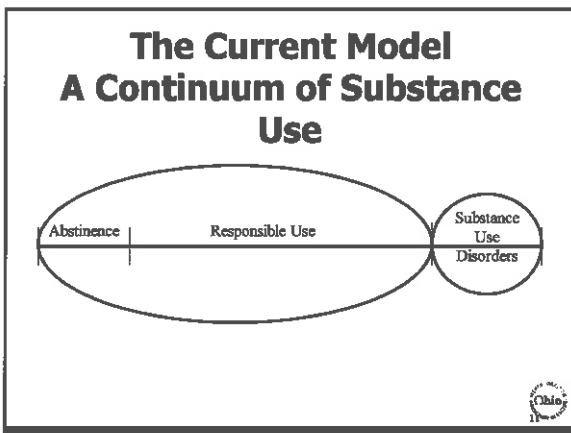
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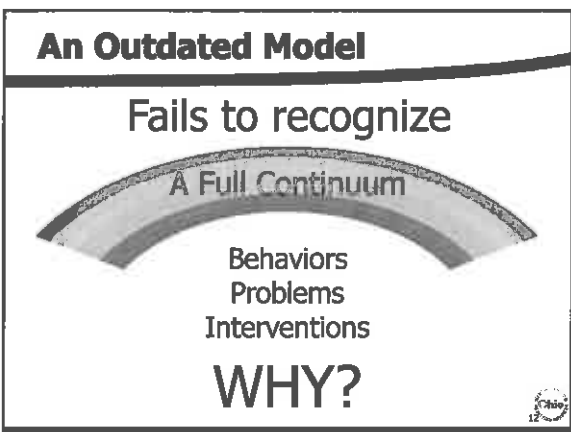
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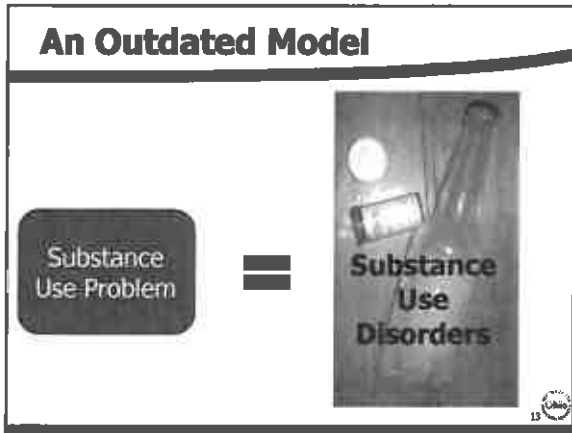
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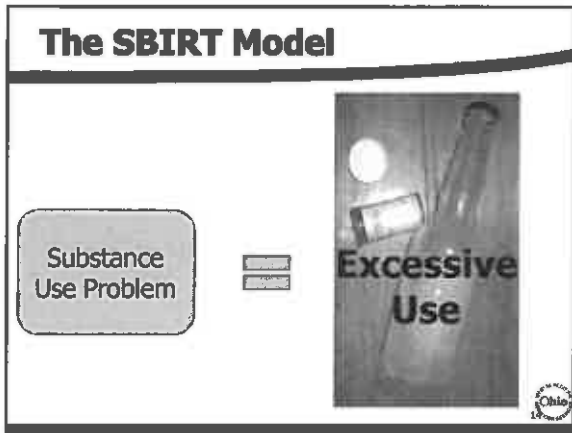
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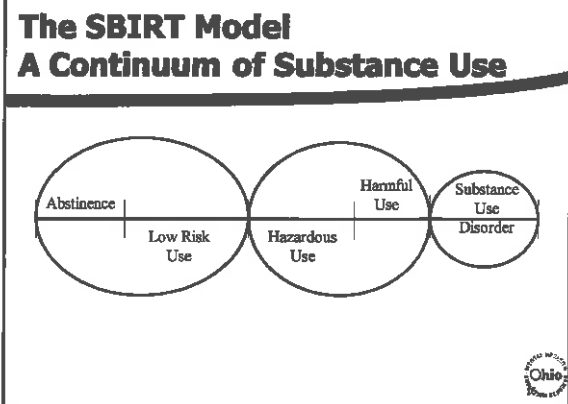
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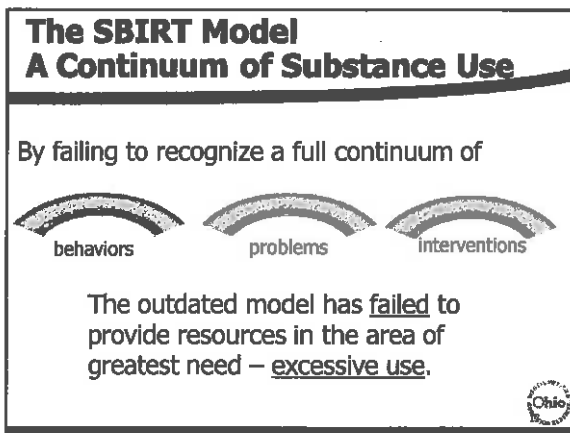
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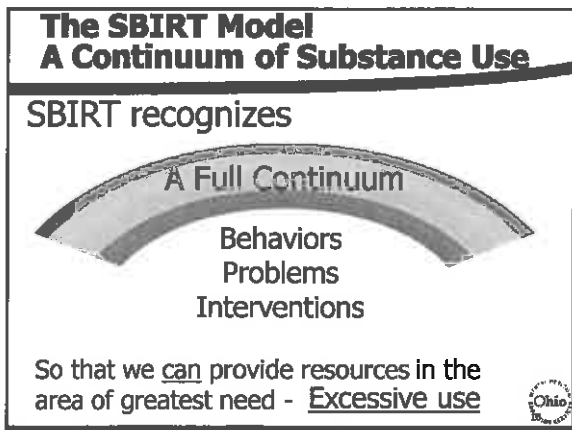
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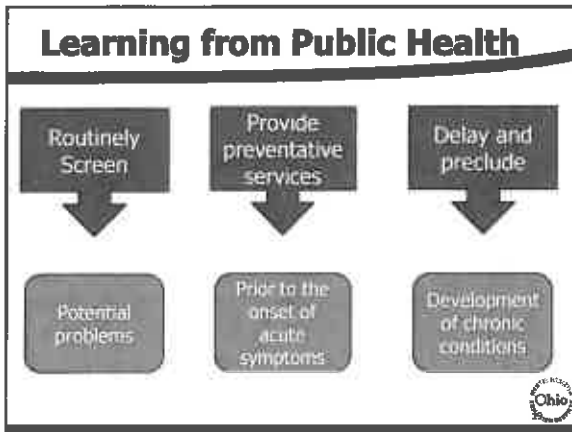
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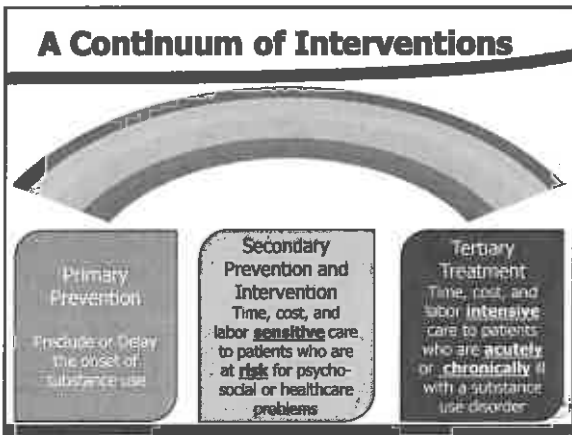
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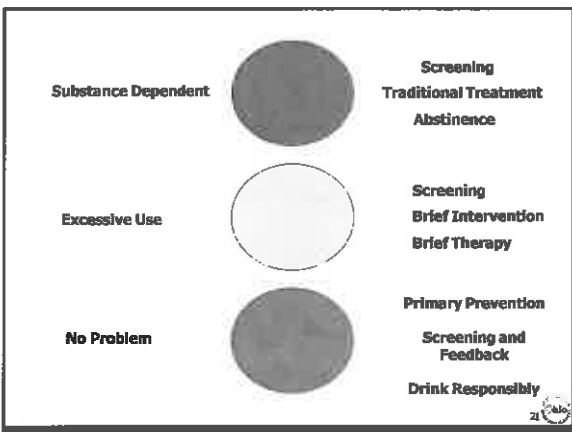
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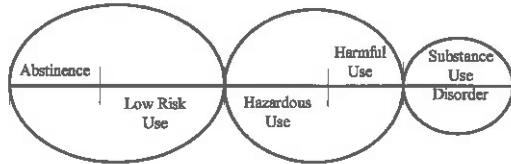
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### A Continuum of Substance Use



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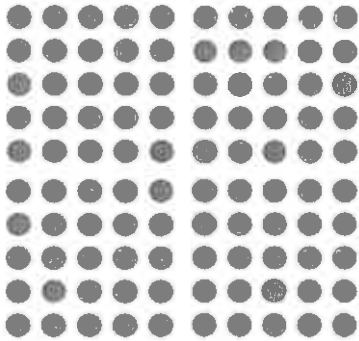
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### U.S. Population



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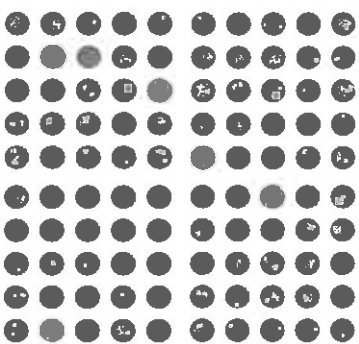
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### Substance Use Disorder



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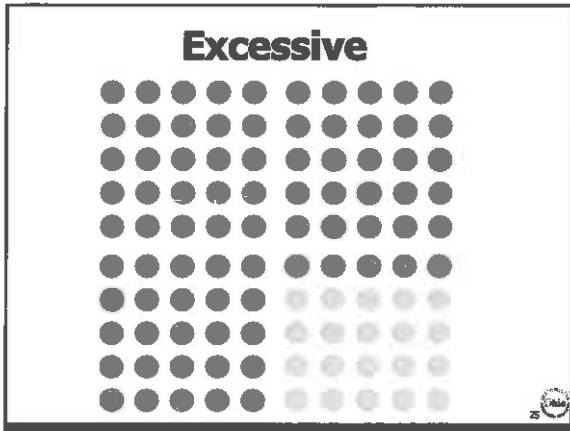
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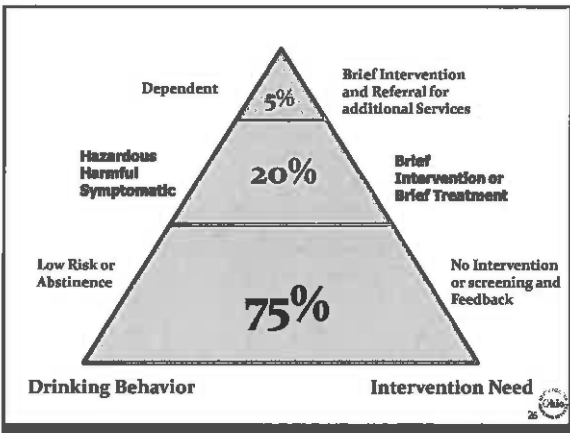
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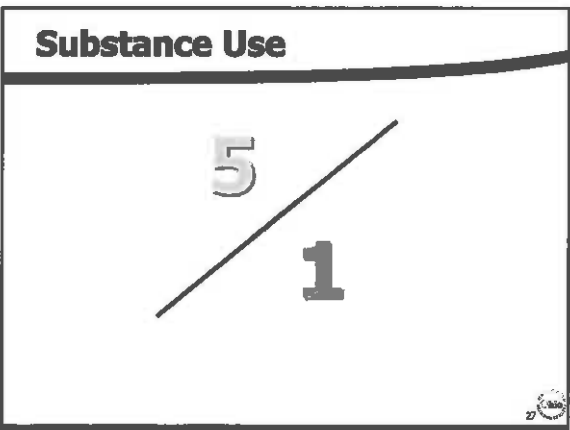
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### The Costs of Substance Use

Consider This

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### The Costs of Substance Use

**If**

We could provide a 100% cure to every substance dependent person in the United States we wouldn't be close to solving most of the substance related problems in our country.

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### The Costs of Substance Use

**In Washington State, every person who is charged with DUI is screened for a substance use disorder.**

- Substance Use Disorder
- Excessive Use

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### Primary Goal

Primary Goal of SBIRT

IS NOT

To identify those who have a substance use disorder and need higher levels of care

IS

To identify those who are at moderate or high risk for psychosocial or health care problems related to their substance use choices

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### How Much is One Standard Drink?



[http://www.jmu.org.au/learning/ira/2\\_what/learning\\_module2/2\\_5.html](http://www.jmu.org.au/learning/ira/2_what/learning_module2/2_5.html)

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### NIAAA Definitions

**LOW RISK**

Healthy Men under 65  
4 or fewer drinks per day  
And  
14 or fewer drinks total per week

Healthy Women and Men over 65  
3 or fewer drinks per day  
And  
7 or fewer drinks total per week

If you drink over the risk limits you fit the definition

**HAZARDOUS**

Pattern that increases risk for adverse consequences

**HARMFUL**

Negative consequences have already occurred

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### The SBIRT Concept

SBIRT uses a public health approach to universal screening for substance use problems.



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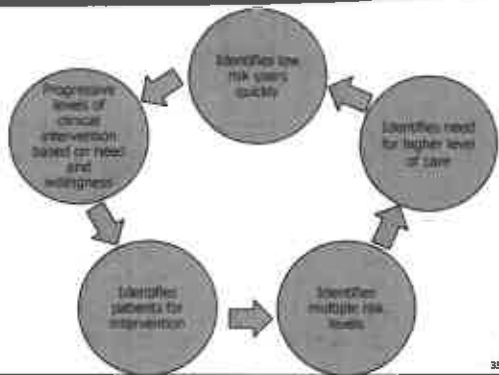
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### The SBIRT Concept



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### The Moving Parts

- Pre-Screening** • Universal
- Full-Screen** • for those with a positive pre-screen
- Brief Intervention** • for those scoring over the cut off point
- Brief Treatment** • for those who have moderate risk, high risk, abuse, or dependence  
• would benefit from ongoing, targeted interventions, and are willing to engage
- Traditional Treatment** • for those who are dependent and are willing to engage

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### Let's Review

SBIRT is a....  
Systems change initiative

SBIRT requires us to....



our entire approach to substance use problems and services.

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### Let's Review

SBIRT uses a public health approach.



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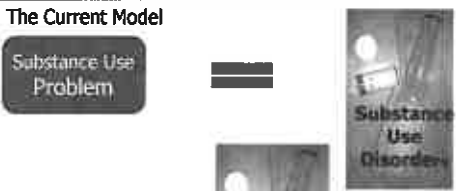
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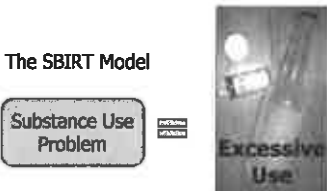
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### Let's Review

The Current Model



The SBIRT Model



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**Let's Review**

SBIRT recognizes



A Full Continuum

Behaviors  
Problems  
Interventions



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**For More Information**

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