

Mental Health First Aid Training Series

Location for All Trainings

The University of Findlay
Alumni Memorial Union
Endly Room

164 Frazer Street
Findlay, Ohio 45840

(Room temperature can vary, please dress accordingly.)

Registration Deadline

One week prior to the selected training.

Registrations will be accepted online only.

www.yourpathtohealth.org

Click on the link
“MENTAL HEALTH FIRST AID”
to submit your registration.

Training Sponsored By:

Hancock County Board of Alcohol, Drug
Addiction & Mental Health Services



Mental Health First Aid is a public education program that introduces participants to risk factors and warning signs of mental illnesses, builds understanding of their impact, and overviews common supports. This 8-hour course uses role-playing and simulations to demonstrate how to offer initial help in a mental health crisis and connect persons to their appropriate professional, peer, social, and self-help care.

Mental Health First Aid

This course is appropriate for anyone 18 years or older who wants to learn how to help an adult who may be experiencing a mental health related crisis or challenge.

October 4 & 5, 2017—4:00-8:00 p.m.

(Participants must attend ***both*** days to complete the course.)

Training led by Karyn Westrick & Ginny Williams,
Certified Mental Health First Aid Instructors

Youth Mental Health First Aid

(For anyone who interacts with youth.)

This course is designed to introduce the unique risk factors and warning signs of mental health problems in adolescents and how to respond appropriately to an adolescent who is experiencing a mental health related crisis or challenge.

January 11, 2018—8:00 a.m.-5:00 p.m.

Training led by Ellyn Schmiesing,
Certified Mental Health First Aid Instructor

- A minimum of 15 participants is required per training.
- To receive certification as a Mental Health First Aider, participants must attend the full 8-hour training. Each training opportunity is a complete training and participants only need to attend one session.
- A registration fee of \$25.00, which includes workbook, training materials, and lunch, is due prior to the beginning of the selected training.
- Registrations fees may be submitted to:
ADAMHS
438 Carnahan Avenue
Findlay, Ohio 45840
- Contact Hours are offered through the Hancock County Educational Service Center for teachers and education staff.
- Questions? Please call 419-424-1985 or email zthomas@yourpathtohealth.org

For additional information, please visit www.yourpathtohealth.org