

BOARD MEMBERS

Brian Clark, Chair
County Commissioner Appointment

John Kissh, Vice-Chair
County Commissioner Appointment

County Commissioner Appointments

Elaine Ashley
Carl Etta Capes
Steve Edmiston
Karen Eubanks
Scott Lewis
Greg Meyers
Sarah Sisser
Dale Warneke

Ohio Department of Mental Health and Addiction Services

Appointments
Diana Hoover
Nancy Hutchinson
Robert McEvoy
David Scruggs
Ginny Williams

STAFF

Precia Stuby
Executive Director

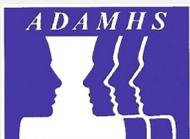
Cheryl Preston
*Office Manager/
Executive Assistant*

Amber Wolfrom
*Director of Planning and
Accountability Systems*

Rob Verhoff
Fiscal Director

Clara Harrod
Property Manager

Zachary Thomas
*Director of Wellness and
Education*



Hancock County Board of Alcohol, Drug
Addiction and Mental Health Services

438 Carnahan Ave., Findlay, Ohio 45840
www.yourpathtohealth.org

September is Recovery Month

Recovery Month is a national observance held every September to educate Americans that mental health and substance use treatment services can enable those with a mental illness and/or substance use disorder to live a healthy and rewarding life.

Recovery Month celebrates those in recovery, just as we celebrate health improvements made by those who are managing other health conditions such as hypertension, diabetes, asthma, heart disease, and cancer. The observance reinforces the positive message that behavioral health is essential to overall health, prevention works, treatment is effective, and people can and do recover.

There are millions of Americans whose lives have been transformed through recovery. Since these successes often go unnoticed by the broader population, Recovery Month provides a vehicle acknowledgement of these accomplishments and each September, tens of thousands of prevention, treatment, and recovery programs and facilities around the country celebrate Recovery Month. They speak about the success of those in recovery and share their stories with their neighbors, friends, and colleagues. In doing so, everyone helps to increase awareness and furthers a greater understanding about mental illness and substance use disorders.

For more information, visit: www.recoverymonth.gov



Focus on Friends Becomes Our Community's First Recovery Center

The transformation of Focus on Friends from a drop-in center to a viable Recovery Center for those impacted by mental health and/or addiction issues started in late April and will be complete by the re-dedication taking place on September 21. The Recovery Center will provide a breadth of programming including the management of our local Recovery Homes. The Recovery Center is located at 509 W. Trenton Ave., Findlay and is open Monday-Friday, 8am-5pm with additional evening and weekend hours. Please call the Recovery Center at 419-423-5071 for additional information and a complete calendar of events and activities.



Focus on Friends Staff

L-R: Elynn Schmiesing, Lisa Hoekstra,
Kristen Bensman, Lisa Miller, Wayne
Ford, Michael Van Schoyck (not pictured)

CELEBRATE WITH US!

Hancock County Recovery Month Calendar of Events

Wednesday, September 2, 6-8pm

St. Andrew's United Methodist Church—*Screening of the documentary Anonymous People, followed by open discussion of local recovery efforts and services.*

Saturday, September 12, 8am-12pm

St. Mark's United Methodist Church—*Recovery March and Resource Fair featuring keynote speaker Andrea Boxill, Deputy Director of the Ohio Governor's Cabinet Opiate Action Team*

Wednesday, September 16, 6-8pm

Davis Street Building Room 2225, The University of Findlay—*Overview of Recovery Services (part of Combatting Chemical Dependency: A Community Effort)*

Monday, September 21, 4-5:30pm

Focus on Friends Recovery Center—*Re-dedication and Open House*

Monday, September 21, 6-7:30pm

Findlay Amvets Post 21—*Community Presentation on Recovery by Dr. Michael Flaherty, Consultant for Hancock County's Recovery Oriented System of Care*

Tuesday, September 22, 10am-12pm

First Presbyterian Church—*Why a Recovery Focus Matters—CEU Opportunity—Register at www.yourpathtohealth.org*

Wednesday, September 23, 6-8pm

Davis Street Building Room 2225, The University of Findlay—*The Recovery Experience (part of Combatting Chemical Dependency: A Community Effort)*

Celebrating a Year of Trauma-Informed Learning

On August 5, 2015 members of the Hancock County Trauma-Informed Care Learning Community met to conclude a year of planning on how to create an environment that is more sensitive to the needs of people who have suffered trauma. Teams composed of educators, behavioral health professionals, judicial services, social services agencies, and community leaders shared how trauma-informed care approaches have been embraced by their organizations. A multitude of changes have already taken place from physical alterations of agency entrances and lobbies to modifying policies and procedures and how agency staff interact with clients. We are proud of the work that has taken place in Hancock County and look forward to the continued evolution of our community into becoming a trauma-informed care sanctuary.



Cheryl Sharp, Senior Advisor for Trauma Informed Services of the The National Council on Behavioral Health, presents to the Hancock County Trauma-Informed Community.



Connect with us on Facebook: www.facebook.com/HancockADAMHS

An Example of Being Trauma-Informed: Hancock County Criminal Justice Center

Body Scanner In Use At Jail—Alissa Warren, The Courier

The Hancock County jail has installed a full-body security scanner, similar to those used in airports by the Transportation Security Administration. The Rapiscan Secure 1000 SP scanner is located in the booking area of the jail and reduces the need to conduct strip searches of inmates as they enter and exit the jail. Jail Administrator Lt. Ryan Kidwell said the scanner protects the safety of staff, inmates, and the jail by detecting items without subjecting inmates to strip searches. The scanner uses technology that creates images depicting objects at the level of skin.

The Hancock County commissioners and the Hancock County Alcohol, Drug Abuse and Mental Health Services (ADAMHS) Board each paid half the cost of the \$20,750 scanner. Amber Wolfrom of the ADAMHS Board said now that the barrier of a strip search is removed — which is often trauma-inducing for those who are sexual assault victims — inmates are more likely to participate in programs provided by the jail, such as Bible studies and Alcoholics Anonymous meetings. Previously, inmates had to undergo strip searches to access such services.

The Hancock County jail is the second jail in Ohio to acquire a full-body security scanner after the Hamilton County jail. Scanners similar to the one used in Hamilton County cost around \$276,000 and are more invasive than the one used in Hancock County. The Hamilton County jail halted the use of its scanner in March 2014 due to concerns about radiation exposure by individuals being scanned. But that problem has been corrected, and the scanner is back in use. "Although the Hamilton County body scanner operates differently than ours, it's still considered a low-radiation generating unit," Kidwell said. "In fact, lower than a standard X-ray." The scanner used in Hancock County involves even less radiation. According to the Rapiscan website, eating a banana would subject one to almost twice as much radiation as one full-body scan.

Kidwell said there have been no problems with the machine, which has been used for about two weeks. He said he expects to see more correctional facilities in the state use similar scanners.



CORRECTIONS OFFICER Dan Barnt and Lt. Ryan Kidwell look over a body scan of Barnt on the new full-body scanner recently installed at the Hancock County jail. Hancock County is only the second jail in the state to use the technology, which reduces the need for strip searches.—Randy Roberts, The Courier

Warren, Alissa. "Body Scanner in Use at Jail." *The Courier* [Findlay] 14 Aug. 2015: 1. Print.

The University of Findlay College of Pharmacy Makes Donation

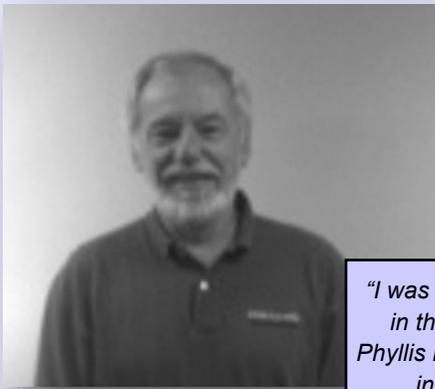
On July 22, 2015, the University of Findlay College of Pharmacy announced a partnership with the Findlay Health Department that will help to establish a community Naloxone (an opioid overdose reversal medication) program. A financial contribution provided by the College of Pharmacy to the Findlay Health Department will provide for the purchase of Naloxone kits that could potentially save nearly 25 lives from an opioid overdose. Deborah Parker, Dean of the College of Pharmacy, stated that this partnership “demonstrates support of an initiative that will have an immediate impact on our community and increase the availability of Naloxone.”

Pictured: Deborah Parker (left), Dean, College of Pharmacy presents Barb Wilhelm, Deputy Director, Findlay City Health Department with a check.



WELCOME! MEET OUR NEW BOARD MEMBERS

“Why are mental health and substance abuse issues close to your heart?”



Greg Meyers

“I was involved with the 648 Board in the 1980’s and worked with Phyllis Putnam. I also was chair and involved with the tax levy campaign.”



Scott Lewis

“My family has been impacted by both mental health and substance abuse.”



Sarah Sisser

“I have seen and felt the effects of the opiate epidemic in our community. I have lost close friends to overdose and suicide. As a young mother, I want to be part of the solution to these problems.”



Dale Warneke

“I became involved with the ADAMHS Board as a result of the Recovery Home process.”

Not Pictured: Elaine Ashley

Hancock County Crisis Hotline: 1-888-936-7116

Treatment and Support Agencies

- ◆ **A Renewed Mind**—Mental Health and Substance Abuse Services
419-422-7800, www.arenewedmindservices.org
- ◆ **Century Health**—Mental Health and Substance Abuse Services
419-425-5050, www.centuryhealth.net
- ◆ **Family Resource Center**—Youth Mental Health and Substance Abuse Services
419-422-8616, www.frcohio.com
- ◆ **Focus on Friends**—Recovery Support Center
419-423-5071
- ◆ **NAMI (National Alliance on Mental Illness)**—Awareness, Education, and Support for those Affected by Mental Illness
419-957-9423, www.namiofhancock.org



www.recoveryisbeautiful.org

Support Groups

- ◆ **NAMI Support Group**
Tuesdays, 7:00-8:00pm
ADAMHS Board Office, 438 Carnahan Ave., Findlay, Ohio, 45840
- ◆ **PALS (Persons Affected by A Loved One's Suicide)**
Fourth Tuesday, Monthly, 7:00-8:30pm
Waiting Room, Second Floor, Ruse Building, Blanchard Valley Hospital
- ◆ **You're Not Alone**—A Support Group for Individuals Affected by A Loved One's Addiction
Second and Fourth Wednesdays, Monthly, 7:00-8:00pm
ADAMHS Board Office, 438 Carnahan Ave., Findlay, Ohio, 45840



www.recoverymonth.gov

A listing of additional support groups and meetings can be found on the Resource Page at www.yourpathtohealth.org.

Connect with us on Facebook: www.facebook.com/HancockADAMHS

Community Mental Health Fund

The Community Mental Health Fund was established through the collaborative efforts of local mental health agencies to help support programming and operations of nonprofit agencies that provide mental health services to Hancock County residents.

Distributions in the form of grants will be made for mental health services in our community once the fund reaches \$100,000. Your support is needed to grow the fund to this benchmark and beyond, which will provide a permanent financial resource for agencies delivering these essential services.

To contribute to this fund, please contact the Findlay-Hancock County Community Foundation at 419-425-1100.



FINDLAY'S FIRST ANNUAL

RECOVERY MARCH

We Do Recover!

**Stand Up And
Join the Voices for Recovery!**

September 12, 2015

The DOCK at St. Mark's United Methodist
800 S Main Street, Findlay, OH 45840

First 100 to register receive a free t-shirt!

8:30 AM Registration Begins

9:00 AM March Begins; Community Resource Exhibits Open

10 AM Speakers begin at the DOCK

10-10:15 AM Judge Routson

10:15-10:30 AM Eric McKee

10:30-11:15 AM Keynote Speaker

**Andrea Boxill, Deputy Director,
Governor's Cabinet**

Opiate Action Team

12 PM Resource Exhibits

Close



National
Recovery Month
Prevention Works • Treatment is Effective • People Recover
SEPTEMBER 2015

This event is proudly sponsored by:



Questions? Call
Focus on Friends
419-423-5071